

Sophomore Seminar Schedule 2025-2026

**Please note that this schedule is subject to change. Students will be notified in advance of any updates.*

DATE	TIME	TOPIC	LOCATION
9/10/2025	10am-11am	Social Media Safety	Auditorium
9/17/2025	10am-11am	Substance Use (Mutual Ground)	Auditorium
9/24/2025	10am-11am	Diversity, Equity and Inclusion (DEI) Session 1	Auditorium
10/01/2025	10am-11am	Pre-course registration/Naviance (led by CACs)	Auditorium
10/08/2025	10am-11am	Identity (Youth Outlook)	Auditorium
10/22/2025	10am-11am	Personal Safety and Healthy Relationships (Lurie's Children Hospital)	Auditorium
10/29/2025	10am-11am	Sexual Health (Lurie's Children Hospital)	Auditorium
11/05/2025	10am-11am	CCE/DEI Session 2	Auditorium
11/12/2025	10am-11am	Not A Choice	Auditorium
11/20/2025	10am-11am	Tales From the Homefront	Auditorium
12/03/2025	10am-11am	College Admissions (led by CACs)	Auditorium
3/18/2026	10am-11:30am	Wrap-up/Wellness Fair	West Gym

Social Media Safety: Students will hear from a speaker about the importance of social media safety.

Sexual Health Education (3 parts): Sessions: Students will hear from a speaker about various sexual health topics including but not limited to healthy relationships, identity and personal safety.

Diversity, Equity and Inclusion (2 parts): The Department of Equity and Inclusion and the Council for Campus Equity (CCE) will speak with students about diversity issues.

Substance Use: Students will hear from a speaker about various substance use topics and the harmful impact these substances can have (physically, socially, and emotionally).

Not a Choice: The sharing of stories of LGBTQIA+ IMSA students helps raise awareness, foster empathy/inclusion, educate students about LGBTQIA+ terminology and issues.

Tales From the Homefront: The sharing of stories changes people's lives. Tales From the Homefront is an annual event hosted by the GEA for the IMSA community. It is a coming together to anonymously share the impactful and life-changing experiences and stories of IMSA's students.

College and Academic Counselor Discussions: Students will learn about Naviance, how to use it, and the information it contains. Students will learn how to register for courses next semester.

Wrap-Up: Students will process the school year with their Navigation leader and peers and celebrate their successes.