



Manawātū- Whanganui Health & Safety policy & procedures

(October, 2023)

The Manawātū- Whanganui Weightlifting Club is committed to safeguarding the welfare of all financial members. The Manawātū- Whanganui Weightlifting Club recognises the responsibility to promote safe practice and to protect members from harm and exploitation while participating in Weightlifting New Zealand operations and activities.

1.0 Scope

This policy applies to all Manawātū- Whanganui Weightlifting Club workplaces, financial paying members (competitive and non-competitive) and visitors. It is important that all staff, contractors and volunteers working with Manawātū- Whanganui Weightlifting Club paying members (competitive and non-competitive) read and understand this policy.

2.0 Purpose

This policy details the importance of Health and Safety to the Manawātū- Whanganui Weightlifting Club. The health, safety and welfare of workers and volunteers is of prime importance to Manawātū- Whanganui Weightlifting Club. It is the intention of the organisation to meet the legislative requirements and to continue to strive for improvement in health and safety management, and to lead in the Olympic Weightlifting sector.

3.0 Related Document, Policies and Procedures

- [Introduction to the Health and Safety at Work Act 2015 – special guide | WorkSafe](#)
- [Health and Safety at Work \(General Risk and Workplace Management\) Regulations 2016](#)
- [Health and Safety at Work \(Hazardous Substances\) Regulations 2017](#)
- Manawātū- Whanganui Weightlifting Club's Health and Safety manual
- Manawātū- Whanganui Weightlifting Club's Operating Procedures

4.0 Exceptions

There are no exceptions to this policy.

5.0 Vision, Purpose and Values

Health and Safety Vision- Everyone who participates in Manawātū- Whanganui Weightlifting Club events gets home safely.

Health and Safety Purpose- Protect all workers, and those affected by work of the Manawātū- Whanganui Weightlifting Club from harm.

Health and Safety Values-

Safety is a part of everything we do

Everyone has a role to play in safety improvement

Everyone has the right to the requirement to intervene to prevent unsafe actions.

6.0 Policy

6.1 It is the policy of the Manawatū- Whanganui Weightlifting Club, to protect so far as is reasonably practicable the health, safety and welfare of all members and visitors to the MWWC.

6.2 We will act in compliance with the legal obligations, including codes of practice and industry best practice where required and reasonably practicable to do so.

6.3 We strive to enhance the safety of our members through training, education, and qualifications.

6.4 Safety is everyone's responsibility. We aim to involve and engage our members and visitors with all matters regarding health and safety.

6.5 We support and encourage our members to promote safe and healthy conditions for the prevention of club related injury and ill health. This includes the implementation of effective processes, procedures and technologies to minimise and/or eliminate hazards.

6.6 We encourage incident reporting, which allows us to communicate information on health and safety topics and share best practice and lessons learnt.

7.0 DOCUMENT MANAGEMENT AND CONTROL

Policy Owner	Club President	Date Issued	October, 2023
Content Manager	Club President	Revision Date	October, 2026
Approved By	Club President		