## DAY 1

## Top of mind topics & concepts

## **Watch Day 1 training**

## Share what you come up with in the Facebook Group!

1. Top of mind desires: top of mind specific, things they want to achieve in relation to your business + the feeling they believe achieving the external desire will give them.
2. Top of mind symptoms: top of mind symptoms they don't want to experience anymore.
<b>3. Top of mind mistakes:</b> <u>top of mind actions they *DO* Or *DON'T DO* that are creating the results/symptoms they don't want to experience anymore</u>
4. Identities & values they self-identify with:
Identities or "labels" that you want to attract and not.
Core values you have that you want them to have.
5. Your beliefs:
What do you believe to be true about your niche, industry, society and the world? What do you want your audience to rally behind?