This treaty required the United States and the Soviet Union to eliminate and permanently give up all of their nuclear and conventional missiles with ranges of 500 to 5,500 kilometers from each other. This treaty marked the first time the superpowers had agreed to reduce their nuclear weapons. As a result of the INF Treaty, the United States and the Soviet Union destroyed a total of 2,692 short, medium, and intermediate-range missiles by the treaty's implementation deadline of June 1, 1991. This relates to the Cold War because it marked the end of the arms race between the United States and the Soviet Union. It also ended the Cold War as a whole.