

Your Eyes Are Lying To You... And It's Costing You Hits

For my fellow Clay Crushers,

Ever notice how some days you can't miss?

**The targets look huge. Your gun mounts perfectly.
And breaking clays feels almost effortless.**

Then other days...

The same targets look tiny and fast. Your gun feels awkward. And you couldn't hit water falling out of a boat.

Here's the thing most coaches won't tell you:

It's not your gun. It's not your technique. And it's definitely not "all mental."

It's further upstream—in your visual operating system.

And I can prove it.

Over the last decade, I've helped thousands of shooters upgrade their neurology...

And I've noticed something fascinating:

The shooters who focus on vision training?

They improve 2-3X faster than everyone else.

There's nothing wrong with working hard. I LOVE working hard. But most shooters are working WAY harder than they need to.

They think the answer is:

- More shots fired or dry fire reps
- More practice time
- More expensive gear
- More complex techniques

But here's what the top competitive shooters know:

You can't outwork bad programming.

Think about it...

Pro sporting clays champions don't just shoot more – they train smarter.

Top trap shooters don't just grind more – they optimize their vision and balance systems.

Elite skeet competitors don't just buy better guns – they upgrade their visual system.

And that's exactly what we've figured out how to do with your visual system.

It's why vision training was featured in Sports Illustrated's December "Total Athlete" issue...

It's why shotgun shooters using this system are breaking 10-20% more targets within minutes of first trying it...

And it's why recreational shooters are finally enjoying the sport instead of getting frustrated.

Best part?

You don't need:

- Hours of daily practice
- A \$5,000+ custom gun
- Perfect weather
- Or even a range

Just a few minutes of "brain sharpening" that you can do anywhere.

And what happens when you upgrade your visual system with this science?

Everything changes. Like...

- You'll pick up targets instantly as they leave the house
(No more getting "behind" the target and trying to catch up)
- You'll maintain razor-sharp focus through your entire round
(Say goodbye to those mysterious misses on station 4)
- You'll see targets with crystal clarity, even against tricky backgrounds
(No more losing clays against cloudy skies)
- You'll discover why "focus on the target" is only 10% of the story
(And the simple tweak that makes it 10X more effective)

**The best part? You can do most of this from
your living room or even sitting in your car
in the parking lot at the club right before you
shoot**

No range required.

No wasted shells.

No waiting for squad delays.

This training comes from decades of breakthrough research in the neurology of vision and sports performance science used by top performers in EVERY major pro & Olympic sport in the world.



Most shooters will never be exposed to these methods because they're usually locked away in high-performance

labs and elite sports clinics...or in research papers that no mortal can understand.

But we've taken these complex scientific protocols and distilled them down so that any shooter can use them.

The science is complex. Using it isn't.

Here's Why This Is Different From Everything You've Tried...

Most shooting advice focuses on WHAT you're doing wrong:

- Your mount isn't smooth enough
- Your follow-through is stopping
- Your lead is off
- Your stance needs adjusting

But here's what nobody's talking about...

Your EYES are the CEO of your shooting system.

If your visual system isn't processing targets efficiently, it doesn't matter how perfect your form is or how well your gun fits.

Think about it...

Your hands can only react to what your eyes tell them.

And if that visual signal is even slightly delayed or unclear...

You're already behind before you even move the gun.

That's Why This Training is Different

Instead of adding more mechanical complexity...

We're upgrading the command center of your shooting - your visual system.

This isn't about learning new techniques that take months to master.

It's about immediately enhancing the fundamental system that DRIVES all techniques.

And the best part?

The improvements are IMMEDIATE.

You'll see the difference from one shot to the next without changing gear or technique.

No lengthy practice sessions required.

No grinding it out for weeks.

No complex routines to memorize.

Just simple neurology-based methods that work RIGHT NOW.

Here's Why It Really Works...

There are 3 hidden "power switches" in your brain that control EVERYTHING about how you shoot:

1. Stress Control
2. Balance
3. Vision

Most shooters? They're trying to get better without these switches turned all the way up.

It's like trying to drive with the parking brake on...

Let me break each one down:

First up: Stress Control

Ever notice how some days you're "in the zone"?

Everything slows down...

You make perfect choices...

Your timing is automatic...

That's because your stress level is PERFECT.

But most days? Your brain is in survival mode before you even start shooting.

Daily stress...

Work drama...

That person who cut you off in traffic...

It all adds up. And your shooting pays the price.

But I've got a simple 20-40 second ritual that resets your stress levels instantly.

(It's so effective that it's saved several police officers' careers over the last 12 months...)

Next up: Balance

"But wait...I'm just standing there shooting!"

Here's the wild part:

When you mount your gun, your brain activates your stabilizer muscles in your hips and legs 80ms BEFORE your arms even move. (The clay flies almost 6 FEET in 80ms!)

And if your balance is off?

Your brain will SLOW DOWN everything you do to keep you from falling.

That means:

- Slower target acquisition
- Choppy swings
- Inconsistent hits

But with a few simple tweaks to your balance system...

Everything about your mount, tracking, AND vision speeds up automatically.

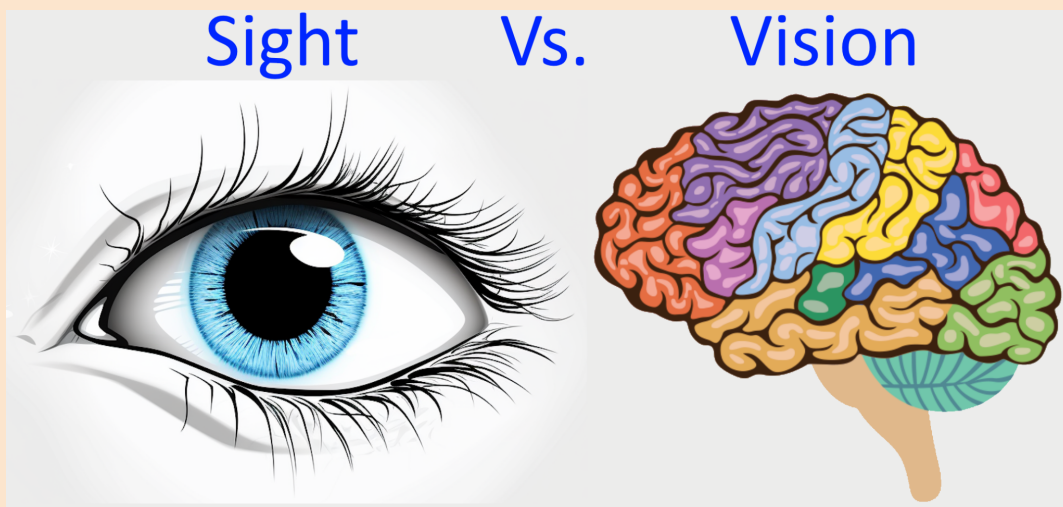
Finally: Vision

This is where it gets fascinating...

80% of your brain's processing power goes to vision.

But here's what most people don't know:

There's a difference between sight (what your eyes do) and vision (what your brain does with that information).

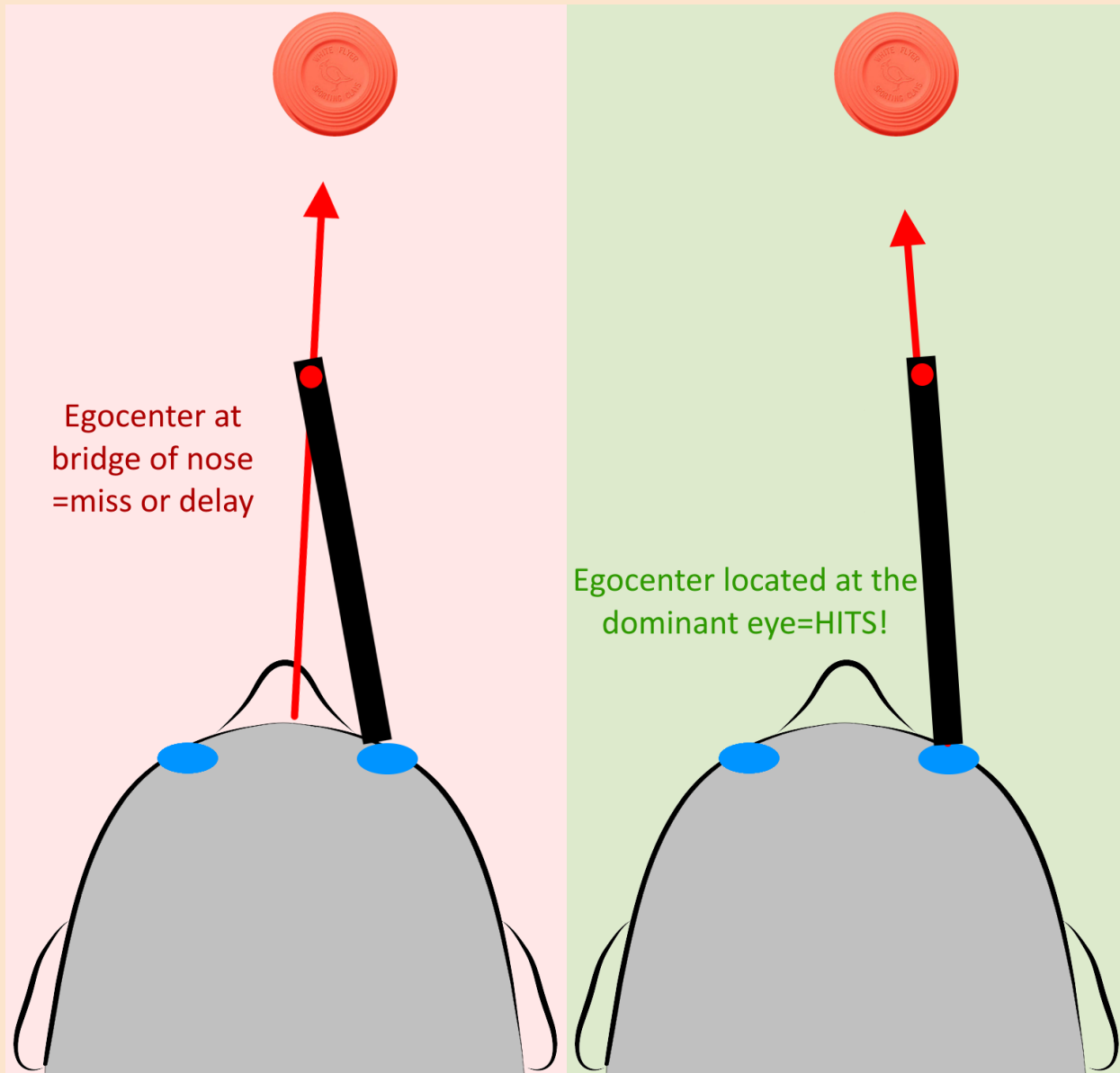


And if your brain's visual processing is off?

It's like shooting with a delayed video feed between your eyes and brain.

Let me show you what I mean...

See this diagram and the picture below it?





It shows one reason why some shooters consistently hit...
While others consistently miss.

The difference isn't skill or practice...
It's where their brain's "aiming center" is located.

When it's in the wrong spot? (between the eyes instead of
directly lined up with the dominant eye)
You'll miss more often than not.

But when we get it aligned correctly?
Your natural pointing accuracy skyrockets.

Just look what happened for Crystal:



Helped At Nationals

Your vision drills helped me a ton at Nationals last year. I was able to see a bird coming from the back and across, get in it and hit it every time. All because my peripheral vision has increased with your finger movement drill.

Crystal

And Tim Schmidt, Founder of US Concealed Carry Association:



It was like magic!

"Mike taught me a few neuro drills that had an almost *instant* positive impact. It was like magic!"

Tim Schmidt
Founder and CEO
**US Concealed
Carry Association**

Even Michael Bane, one of the most respected voices in shooting, says:



I can't recommend it enough

"Mike Ox has focused not on rehashing the same thing but on understanding how to get to a higher level of performance on a neurological level"

Michael Bane

Original (1st 20) USPSA shooter

IDPA co-founder

Steel Challenge co-founder

20+ year firearms TV host, including

"The Best Defense"

Host of "Michael Bane on the Radio" Podcast

Want to see exactly how these techniques work in real life?

Join me for Vision Training For Shotgun LIVE...

Here's How The Training Works:

We're meeting live on Zoom for two power-packed sessions:

- Wednesday, April 16th
- Thursday, April 17th
- 5:00-6:30 or 7:00 PM Pacific

(And yes, everything's recorded so you can review it anytime or watch parts you miss if you can't attend live.)

Why two shorter sessions instead of one long one?

Because your brain actually learns better this way.

That sleep cycle between sessions?

It helps lock in what you learn.

Here's what we'll cover:

Session 1: The Foundation

- The 20-second pre-shot ritual that instantly resets your stress response
 - How to find your true eye dominance (Hint: those basic tests you've done before? They miss a lot)
 - The simple drill that improves target acquisition speed by up to 6X
 - Why cross-dominant shooters struggle (and what to do about it..more importantly, why you absolutely should not listen to common advice.)

Session 2: Advanced Applications

- Specific protocols for performing (dramatically) better with a shotgun after head injuries, whiplash, and long Covid.
- Special protocols for shooters who are recoil-sensitive or sound-sensitive to make shooting fun again.
 - How to maintain peak performance through your entire round
 - Quick-fix drills for when your shooting goes sideways
 - The peripheral vision trick that makes targets appear to move slower

Plus you'll get:

- The Neuro-Sync Protocol for Shotgun + Ox String training (\$27 Value)
 - Immediate access to the recordings of the last live training that you can review before Wednesday's updated class. (\$97 value)
 - Printable slides and resources
 - Live Q&A during both sessions

But Here's The Really Cool Part...

We're going to cover drills that cost \$2,000-\$9,000 to get and do locally, depending on where you live. And, even if you found a vision therapist locally, it would require 10-30

visits to their office and they wouldn't be able to teach you how to use those drills to shoot better.

And these drills will do something that no other shotgun training will...

Because they improve how your visual system works, they'll positively impact EVERYTHING that you do with your eyes open from the time you wake up until you go to sleep.

- Driving
 - Balance
 - Trip avoidance
- And more...

What's My Investment?

"This training is groundbreaking!"

Dr. Dean Holzer, Neurologist
Center for Complex Pain
Norfolk VA

And here's why Dr. Holzer is right...

Let's talk straight about value...

If we did this training one-on-one?

It would be \$300 per hour (plus travel if I came to you).

That's \$1,200 minimum.

And honestly? It would be worth every penny.

But because we can meet virtually as a group...

Your total investment is just \$197

That includes:

- Both live training sessions (\$1,200 value)
- The Neuro-Sync Protocol for Shotgun and Ox String (\$27 value)
- See Quicker Shoot Quicker 2.0 (\$97 value)
- All recordings and materials
- Live Q&A access

Here's Something Unique...

This training is guaranteed.

Why?

Because I know these concepts might sound different...

Maybe even a little "out there"...

But I also know the results you'll experience.

So here's my promise:

If you attend the first class and don't feel it's the best training investment you've made...

I'll refund your money. Simple as that.

We'll part as friends, no questions asked.

But Fair Warning...

Space is limited.

Several spots are already reserved for students from my Vision Training for Instructors program.

And since class starts Wednesday.

You'll want to secure your spot now.

Already have the Neuro-Sync Protocol + Ox String or See Quicker Shoot Quicker?

Just email Support@VisionTraining.com and we'll credit what you paid toward this training.

Ready to transform your shooting?

Click here to join Vision Training For Shotgun LIVE for only \$197:

<https://visiontraining.samcart.com/products/vision-training-for-shotgun-live/>

If the link gives you any troubles, just copy and paste it...either into the browser you're using or into another browser if you're using the FB browser or any other one that doesn't play well with Google.

To be clear, this training is for both shooters and instructors.

I look forward to hearing back from you and seeing you in the training,

-Mike (Ox) Ochsner



P.S. In case you aren't familiar with me...

I suggest you check out <https://VisionTraining.com>
<https://RedDotMastery.com> and
<https://RealWorldGunfightTraining.com> . I am a neurology based coach, national speaker, best-selling author, consultant, with an emphasis on using neurology to

dramatically improve tactical and sport performance.
Check out the testimonials and review and references,
and then I look forward to seeing you in the training.