



Stand Grow Thrive: Mahoning

Resiliency Movement,

in collaboration with Mahoning County Juvenile Court,
Mahoning County Mental Health and Recovery Board,
and other area partners

Presents:

Resilience Screening w/ Panel Discussion

Resilience highlights the impact of adversity exposure on development, mental health, and health outcomes across the lifespan, while paying particular attention to the role of resilience to improving outcomes. Expert panelists will expand on concepts presented in the film in support of this year's NAMI Mental Health Awareness Walk, scheduled for Saturday, October 8.

October 6, 2022

Registration: 1:30 p.m. – 2:00 p.m. (session 1) or 5:00 p.m. – 5:30 p.m. (session 2)

Session 1 – 2:00 p.m. – 4:00 p.m.

Session 2 – 5:30 p.m. – 7:30 p.m.

Public Library of Youngstown and Mahoning County

305 Wick Avenue

Youngstown, Ohio 44503

Cost: Free

Registration link for session 1:

<https://plymc.bibliocommons.com/events/6317d4928e04733947ec846a>

Registration link for session 2: <https://plymc.bibliocommons.com/events/6317d6568e04733947ec8484>

Seating is limited. Advance registration is required. Please register early.

Please direct questions to: Karen Guerrieri

kguerrieri@mahoningcountyoh.gov

330.740.2244 x. 6412

Continuing approved for Ohio social workers and counselors.
Continuing education submitted for Ohio legal professionals.

Agenda

Session 1

1:30 – 2:00

2:00 – 3:00

Welcome

***Resilience* Screening**

- Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the documentary *Resilience* reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. *Resilience*, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.

3:00 – 4:00

Expert Panel Discussion

- Judge Theresa Dellick, Mahoning County Juvenile Court
- Timothy Schaffner, Executive Director, Trumbull County Children Services
- Nikunj Patel, LPCC/S, Cadence Care Network
- Stephanie Edwards, LPCC/S, Akron Children's Hospital
- Monique Malmer, MSN, APRN, CNP, Akron Children's Hospital
- Jennifer Merritt,
- (Moderated by Meg Harris and Karen Guerrieri)

4:00

Evaluations

Session 2

5:00 – 5:30

5:30 – 6:30

Welcome

***Resilience* Screening**

- Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the documentary *Resilience* reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. *Resilience*, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.

6:30 – 7:30

Expert Panel Discussion

- Judge Theresa Dellick, Mahoning County Juvenile Court
- Timothy Schaffner, Executive Director, Trumbull County Children Services
- Nikunj Patel, LPCC/S, Chief Operating Officer, Cadence Care Network
- Stephanie Edwards, LPCC/S, Akron Children's Hospital
- Monique Malmer, MSN, APRN, CNP, Akron Children's Hospital
- Jennifer Merritt, Superintendent, Mahoning Valley Community School
- (Moderated by Meg Harris and Karen Guerrieri)

7:30

Evaluations

Presenter Bios

Judge Theresa Dellick

After earning a B.S. in Business Administration from Youngstown State University and a Juris Doctorate from the University of Toledo College Of Law, Theresa Dellick entered private practice in 1984. She became a partner in a Youngstown law firm and was a civil trial lawyer. In 1999, she became a county court judge, where she implemented the first misdemeanor county drug court. Since 2001, Judge Theresa Dellick has served as judge of the Mahoning County Juvenile Court overseeing the administration of the Court as well as the Justice Center, Intake Services, Probation, Clerk of Courts, Clinical Services, and Programming. Her administration of the Court has been directed to balanced and restorative justice with focused attention to youth accountability and responsibility, public safety, and restoration of victims' rights. Dellick, in partnership with the Mahoning County Mental Health and Recovery Board, created a trauma-informed community, Stand Grow Thrive, which continues to expand to include various businesses, law enforcement, social services, government agencies, schools, and churches. She is a frequent presenter at national and state conferences and is a member of several national and state task forces and commissions, including the American Psychiatrist Association Foundation and the CCJ. NCSC and COSCA's National Judicial Task Force to Examine State Court's Response to for Mental Health. She recently received the 2021 ATHENA Award from the Youngstown-Warren Regional Chamber. President Obama's Administration, the Department of Justice, and the U.S. Department of Education have recognized her efforts. She is also the recipient of the Champion of Hope Award from the Sandy Hook Foundation, Akron Children's Hospital Child Advocate Award, and the Silver Star Award from the Great Trail Boys Scout Council. She has received numerous other awards both local, statewide, and nationally.

Timothy Schaffner, M.Ed., Executive Director, Trumbull County Children Services

Timothy Schaffner was named Executive Director of Trumbull County Children Services in November 2012. As a leader in behavioral health and residential care for children, Schaffner has provided consultation and training for many educational, residential and child welfare facilities and brings a wealth of management and child mental health treatment experience to his role as executive director. Schaffner had been the executive director of Valley Counseling Services prior to joining Trumbull County Children Services (in April 2012), from 1995 to 2006 served as Corporate Director/Corporate Clinical Executive for the Center for Behavioral Medicine at Forum Health, and prior to that he was director of youth services at Tod Children's Hospital in Youngstown. Schaffner brings a total of 47 years of experience in professional child care to his position.

Nikunj Patel, LPCC/S, Chief Operating Officer, Cadence Care Network

Stephanie Edwards, LPCC/S, Clinical Operations Supervisor, Akron Children's Hospital

Stephanie Edwards, LPCC-S, is the clinical operations supervisor for the Psychiatric Intake Response Center (PIRC) and Parent Partners program at Akron Children's Hospital. She specializes in suicide awareness, complex trauma, post-traumatic stress disorder (PTSD), diversity issues, chemical dependency, and issues stemming from abuse. Edwards is trained in Eye Movement Desensitization Reprocessing (EMDR) and is a Level II Certified Clinical Trauma Professional (CCTP). Edwards earned her master's degree in Community Mental Health Counseling from The University of Akron. She has been in the mental health field working with children, adolescents and adults for over a decade and has gained experience in a variety of settings, including intensive home-based treatment, residential facilities, schools, outpatient offices and the local crisis/suicide prevention hotline.

Monique Malmer, MSN, APRN, CNP, Akron Children's Hospital

Monique is licensed as a registered nurse and nurse practitioner in the state of Ohio. She graduated with a bachelor's degree in nursing from Ursuline College in 1993, later completing a master's degree. Monique completed her post master's certificate as a family nurse practitioner from Youngstown State University in 2014, after which she completed a Doctor of Nursing Practice program through Ohio University with a focus on sexual violence prevention. She has experience caring for all age groups including infants, toddlers, adolescent children, and adult populations during her 29 years as a registered nurse with eight of those years spent practicing as a nurse practitioner. In addition to annual Child Advocacy training at Akron Children's Hospital, Monique attends several regional, national, and international trainings including: Multidisciplinary Team Approach to Victims of Child Pornography 12/6/2017, Advanced Issues in Child Sexual Abuse

1/29/2018, Evidence Collection in Child Sexual Abuse 1/30/2018, Testifying in Child Sexual Abuse Cases 1/31/2018, Risk and Safety Issues in Pediatrics 12/29/2019, National Sexual Health Conference 7/10-12/2019, Human Trafficking 10/18/2019, Child Abuse and Neglect Training: Sentinel Injuries 4/7/2020, Child Abuse: Recognition and Intervention 4/25/2020, Child Abuse and Neglect Training: Sentinel Injuries 4/7/2020, The medical Examination in Child Sexual Abuse 12/30/2020, Talking to Children About Child Sexual Abuse 2/16/2021, Explaining ICAC Investigations for Child Advocacy Centers 2/16/2021, Annual ONA Human Trafficking Awareness Symposium: 4 sessions held 3/2022. Monique has presented at an annual training conference for Akron Children's Hospital: Sexually Transmitted Diseases and Sexual Abuse Examination 5/26/2021 and provides annual training for family practice residents working at Mercy Health Hospital systems in Youngstown, Ohio. She provides expert testimony for children who report abuse for multiple counties in Ohio and has provided expert opinion letters regarding child abuse for multiple counties in Ohio. During her career, Monique has evaluated over 3,500 children with concerns of sexual or physical abuse and neglect while employed at the Child Advocacy Center (CAC) for Akron Children's Hospital.

Jennifer Merritt, Superintendent, Mahoning Valley Community School

Jennifer Merritt is the superintendent of the Mahoning Valley Community School, a community learning center school in Youngstown, Ohio. She has provided leadership to the school for fourteen years. Prior to that, she worked for the Virginia Department of Education's Training and Technical Assistance Center at Radford University as a Project Coordinator where her work focused on self-advocacy and transition coordination for students with disabilities. She began her teaching career as a special education teacher with the Montgomery County Public Schools in Christiansburg, Virginia. Ms. Merritt holds a Master of Science in Special Education from Radford University in Virginia and is completing her doctoral project for a Psy.D. in Clinical Psychology with a concentration in trauma and youth violence research.

This event was made possible through the partnerships and support of the following organizations. Stand Grow Thrive: Mahoning Resiliency Movement thanks you all!





Mahoning County
Mental Health &
Recovery Board



NAMI

National Alliance on Mental Illness

Mahoning Valley

The Valley's Voice on Mental Illness



Akron
Children's
Hospital



alta
BEHAVIORAL HEALTHCARE
Helping Kids. Healing Families.



Mahoning County
Children's Services



**MAHONING COUNTY
PUBLIC HEALTH**
PREVENT · PROMOTE · PROTECT



MERCYHEALTH



**Complete this form and turn in to
registration staff at the event. (Print legibly.)**

Resilience Screening
w/ Panel Discussion

Thursday, October 6, 2022

Name:

Email:

Phone:

Agency Name:

Session attended (circle): Session 1 at 2:00 pm

Session 2 at 5:30 pm

I am requesting:

☐ Counselor/Social Worker CPEs, license #

(This course has been approved for 2.0 CPEs for continuing education for Social Workers and Counselors. Mahoning County Juvenile Court is an approved provider for the Ohio Counselor, Social Worker, & Marriage & Family Therapist Board; provider #RCS051602. The Ohio Board of Nursing accepts these hours.)

☐ Attorney CLEs, Attorney #