

¹ Bless the **LORD**, O my soul,
and all that is within me,
bless his holy name.

² Bless the **LORD**, O my soul,
and do not forget all his benefits—

³ who forgives all your iniquity,
who heals all your diseases,

⁴ who redeems your life from the Pit,
who crowns you with steadfast love and mercy,

⁵ who satisfies you with good as long as you live^{*}
so that your youth is renewed like the eagle's.

²⁰ Bless the **LORD**, O you his angels,
you mighty ones who do his bidding,
obedient to his spoken word.

²¹ Bless the **LORD**, all his hosts,
his ministers that do his will.

²² Bless the **LORD**, all his works,
in all places of his dominion.

Bless the **LORD**, O my soul.