[1] Bless the LORD, O my soul,
and all that is within me,
bless his holy name.
[2] Bless the LORD, O my soul,
and do not forget all his benefits—
[3] who forgives all your iniquity,
who heals all your diseases,
[4] who redeems your life from the Pit,
who crowns you with steadfast love and mercy,
[5] who satisfies you with good as long as you live*
so that your youth is renewed like the eagle's.

[20] Bless the LORD, O you his angels,
you mighty ones who do his bidding,
obedient to his spoken word.
[21] Bless the LORD, all his hosts,
his ministers that do his will.
[22] Bless the LORD, all his works,
in all places of his dominion.
Bless the LORD, O my soul.