G, just need to mention that my followers on social media DMing me a lot so I wanted to make a post using the PAS framework method. I am not CTA, it's just a friendly reminder for the people who dm me stupid questions.
The post is about respecting others' time while writing to anyone, and not writing to others without any specific reason.

A secret to STOP feeling disrespected while getting you work DONE

Ever been interrupted by someone asking for help without trying to solve the problem themselves first? It's frustrating and disrespectful of your time.

Picture this: You're busy, focused on your work, then BAM!!! Someone's asking for help on something they could have figured out with a bit of effort. It's like they don't value your time or expertise. This can lead to:

1. Less work done because of too many interruptions.
2. Feeling annoyed by long and unimportant messages.
3. Feeling overwhelmed and unable to focus because of too much unnecessary talk.

Plus, it creates a culture where people rely on others to do their thinking for them, which isn't cool.

Here's the deal: Before asking for help, put in some effort to solve the problem yourself. Show respect for others' time by being mindful of their schedules and responsibilities.

When you do reach out for help, be clear about what you've tried already and provide context. This way, you make the process smoother for everyone involved and show appreciation for the assistance you receive.

And let's spread the word! Encourage others to do the same. When we all respect each other's time and put in our fair share of effort, we can make our interactions

more meaningful and productive.

🛑 STOP Wasting Time; START Appreciating Effort 💡

Ever get flooded with messages, only to realize they could've figured it out themselves? It's not just annoying; it's disrespectful of your time.

Imagine this: You're busy working when *ping!* — another interruption. And for what? A question they could've easily answered themselves. It's like they don't care about your time.

Here's why it's a problem:

1. Less Work Done: Too many interruptions mess up your focus.
2. Too Many Messages: Long, pointless messages fill up your inbox.
3. Feeling Overwhelmed: Too much unnecessary talk makes it hard to think.

And it creates a bad habit:

Instead of thinking for themselves, they rely on others too much.

But here's what you can do:

Before sending a message, THINK. Have you tried everything? Googled it? Thought about it?

Show respect for others' time by putting in some effort. And when you do ask for help, be clear and brief. It makes things easier for everyone.

Spread the word! Let's build a culture where effort is valued, time is respected, and we make every interaction count.