High Five Friday

Give Activity

The Hand of Kindness

Can you think of a time when someone was kind to you? What happened? What did they do? How did you feel?

Now think of kind things you have done for other people. What did you do? How did the other person feel? How did you feel?

Draw an outline of your hand on a piece of paper. On each finger write or draw an idea of how to be kind to other people.

Examples given such as listen, give a compliment, be helpful, use kind words and smile.

Where will you keep this hand of kindness to help you remember to be kind? On the wall as a class display or perhaps in your High Five Journal?