

The Naked Elvis Banana Bowl

Serves 1

Ingredients

1 Tbsp Peanut Butter
2-3 Tbsp Almond Milk or other non-dairy milk
Honey to taste
1 medium banana, sliced

Method

Add peanut butter and 2 tablespoons of almond milk to small bowl. Microwave about 10 seconds, then stir until peanut butter is completely dissolved. Add more almond milk if desired for a thinner consistency. For the honey you can either stir some into the sauce or drizzle the dish with it at the end, or do both.

Spoon sauce over sliced banana and top with chopped peanuts if desired.