

ABCT 2023 - Childhood Adversity and Social Stress (CASS) Questionnaire Abstract Tables 1-2

CASS Item	Endorsed	Don't Know	Very Upsetting	Still Very Upsetting
	% (n)	% (n)	% (n)	% (n)
1. Has your child been very badly or repeatedly bullied online or in person?	41.3% (278)	9.9% (74)	30.2% (226)	21% (157)
2. Has your child been so sick they could have died or did they have a very scary or very painful medical procedure?	19.1% (142)	.5% (4)	11.1% (83)	5.9% (44)
3. Has your child suddenly had a family member or loved one die?	36.8% (275)	.1% (1)	22.4% (168)	12.8% (96)
4. Has your child been told they were no good, yelled at in a scary way or told they would be sent away from home by someone very close to them?	20.9% (149)	4.8 (36)	12.3% (92)	9.9% (74)
5. Has your child gone through a time when they did not have enough to eat or a safe place to live, or when they were put in a dangerous situation by an adult?	6.6% (49)	.9% (7)	5.3% (40)	3.9% (29)
6. Has your child been physically harmed or threatened-for example someone hit, choked, shook, burned or punished them in a way that hurt them?	15.2% (114)	3.3% (25)	12.1% (91)	7.6% (57)
7. Has your child been forced to watch or do something sexual with another person?	2.5% (18)	4.9% (37)	100% (18)	1.6% (12)
8. Has your child been taken away from someone they were very close to due to kidnapping, foster care, a hospital stay, or because a loved one went to prison or left suddenly for another reason?	10.5% (78)	.3% (2)	8.7% (65)	4.8% (36)
9. Has your child been badly hurt or almost badly hurt in an accident or an animal attack?	6.7% (50)	.5% (4)	4.4% (33)	2.1% (16)
10. Has your child been in natural or man-made disaster - for example, a flood, fire, war or other dangerous disaster?	8.0% (60)	0% (0)	4.8% (36)	1.5% (11)
11. Has your child seen people in their home hurting or saying they would hurt each other? For example, hitting, kicking, choking or harming each other in other ways?	10.8% (81)	.8% (6)	7.2% (54)	4.4% (33)
12. Has your child seen people in their school, workplace or neighborhood badly hurting or saying they would badly hurt one another?	11.9% (89)	14.3% (107)	6.3% (47)	3.9% (29)
13. Has your children lived with or were they close to someone who attempted suicide or had a serious mental illness or drug problem?	17.6% (130)	.9% (7)	10.0% (75)	5.7% (43)
14. Has your child been extremely distressed by the look, sound or feel of certain things? For example, bright lights, specific sounds, haircuts, dentist visits or other unusual things?	67.0% (488)	1.9% (14)	28.7 (215)	18.4% (138)
15. Has your child been given fewer opportunities, talked down to or made to feel like they didn't belong because of their learning differences or mental health differences?	45.2% (284)	15.9% (119)	24.4% (183)	16.8% (126)
16. Has your child become extremely and regularly distressed by changes in their daily life?	36.8% (266)	3.1% (23)	21.9% (164)	15.5% (116)
17. Has your child felt trapped by others? For example, have they been given fewer opportunities to learn or experience new things, been kept alone for a long time, or not allowed to make choices or decisions for themselves?	8.2% (57)	6.5% (49)	5.9% (44)	4.1% (31)
18. Has your child been restrained (held, pinned down, grabbed, sat on) or sedated (given medicine to make them sleepy or tired) by others against their will?	21.6% (162)	2.1% (16)	10.8% (81)	6.8% (51)
19. Has your child been repeatedly let down or betrayed by others? For example, was your child not believed or protected by someone they trusted or was your child lied to or misled by others?	15.2% (103)	8.9% (67)	12.0% (90)	9.3% (70)
20. Has your child experienced more meltdowns or shown more anxiety, frustration, hopelessness or other signs of stress after talking or interaction with other people?	37.1% (261)	0% (0)	19.2% (144)	14.7% (110)

Bold text indicates the 5 most frequently endorsed items within each column.

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Table 2. Duration and Traumatic Impact of Endorsed CASS Adversity Items					
Item	N	Duration %(n)			% Traumatic* (n)
		once	few times	many times	
1. Severe bullying	278	1.8% (5)	34.7% (96)	63.5% (176)	56.5% (157)
2. Severe illness or medical procedure	142	62.9% (88)	28.6% (40)	8.6% (12)	31.0% (44)
3. Sudden death of loved one	275	25.8% (193)	10.1% (76)	.7% (5)	34.9% (96)
4. Emotional abuse	149	14.2% (21)	51.4% (76)	34.5% (51)	49.7% (74)
5. Neglect	49	77.6% (38)	16.3% (8)	6.1% (3)	59.2% (29)
6. Physical abuse/threat	114	28.1% (32)	45.6% (52)	26.3% (30)	50.0% (57)
7. Sexual abuse	18	50% (9)	27.8% (5)	22.2% (4)	66.7% (12)
8. Sudden, forced separation from loved oned	78	70.5% (55)	24.4% (19)	5.1% (4)	46.2% (36)
9. Dangerous accident or animal attack	50	79.6% (39)	20.4% (10)	0% (0)	32.0% (16)
10. Natural or man-made disaster	60	80.0% (48)	20% (12)	0% (0)	18.3% (11)
11. Domestic abuse	81	12.3% (10)	38.3% (31)	49.4% (40)	40.7% (33)
12. Community violence	89	28.1% (25)	53.9% (48)	18.0% (16)	32.6% (29)
13. Suicidality or severe mental illness in a close relative/friend	130	20.8% (27)	32.3% (42)	46.9% (61)	33.1% (43)
14. Extreme sensory sensitivity	488	1.4% (7)	17.2% (84)	81.3% (396)	28.3% (138)
15. Stigma	284	2.5% (7)	42.3% (120)	55.3% (157)	44.4% (126)
16. Extreme stress in response to changes	266	3.0% (8)	20.8% (55)	76.2% (202)	43.6% (116)
17. Marginalization	57	3.5% (2)	33.3% (19)	63.2% (36)	54.4% (31)
18. Restraint or sedation	162	18.5% (30)	43.2% (70)	38.3% (62)	31.5% (51)
19. Interpersonal betrayal	103	4.9% (5)	39.8% (41)	55.3% (57)	68.0% (70)
20. Extreme stress in response to social interaction	261	.8% (2)	24.9% (64)	74.3% (191)	42.1% (110)

* endorsed as both very upsetting for more than a few weeks and still very upsetting