## **Waukee Community Schools**

Want to know what week we are on?

## **View the Menu Calendar Here**

Spring Menus Begin: March 3

## **Elementary School Menu**

**Student Breakfast: \$2.05**Adult Breakfast: \$2.50

Student Lunch: \$3.00

Adult Lunch: \$5.00

| Weekly Breakfast Menu  |   |  |   |   |  |  |
|--|---|--|---|---|--|--|
| MONDAY   | MONDAY TUESDAY WEDNESDAY THURSDAY                                   |  |   |   |  |  |
| Trix or Cinnamon Toast<br>Crunch Muffin<br>Assorted Fruit & Juice Cup<br>Milk            | <b>Long John Donut<sup>NF</sup></b> Assorted Fruit & Juice Cup Milk | <b>Breakfast Pizza</b><br>Assorted Fruit & Juice Cup<br>Milk | <b>Cinnamon Roll<sup>NF</sup></b> Assorted Fruit & Juice Cup Milk | Egg & Cheese Breakfast<br>Sandwich on a Biscuit<br>Assorted Fruit & Juice Cup<br>Milk |  |  |
| Available Daily: Assorted Cereal with String Cheese, Assorted Fruit, Juice Cup, and Milk |   |  |   |   |  |  |

| Hot Lunch Menu  |  |   |   |  |  |  |
|---|--|---|---|--|--|--|
| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |  |  |
| WEEK 1  |  |   |   |  |  |  |
| Cheese Pizza<br>Steamed Corn<br>Cucumber Slices<br>Mixed Berry Cup                    | <b>Walking Taco</b><br>Taco Fiesta Beans<br>Romaine Salad<br>Orange Burst Raisels  | Pancakes w/ Egg & Cheese Omelet Sweet Potato Crinkle Fries Dragon Punch Juice Orange Smiles | Popcorn Chicken<br>Mashed Potatoes<br>Fresh Carrots<br>Fruit Punch Slushie<br>Carnival Cookie | Wild Mike's Cheese Bites<br>w/ Marinara Sauce<br>Steamed Broccoli<br>Red Pepper Strips<br>Grapes |  |  |
| WEEK 2  |  |   |   |  |  |  |
| Breaded Chicken Sandwich Baked Beans Fresh Carrots Raisins                            | Eggo Waffles <sup>NF</sup> &<br>Sausage Patty<br>Hashbrown Patties<br>Cucumber Slices<br>Pears                               | Buttered Noodles w/ Chicken Nuggets Green Beans Celery Sticks Fresh Apple Slices            | <b>Hamburger</b><br>Crinkle Fries<br>Fresh Broccoli<br>Strawberries                           | Personal Cheese Pizza Steamed Peas Cherry Tomatoes Mandarin Oranges                              |  |  |
|   |  | WEEK 3  |   |  |  |  |
| Cheesy Pizza Crunchers Green Beans Cucumber Slices Peaches                            | Chicken Tenders w/ Mini<br>Garlic Bread <sup>NF</sup><br>Baked Beans<br>Green Pepper Strips<br>Applesauce                    | French Toast Sticks<br>Sweet Potato Crinkle Fries<br>Wango Mango Juice<br>Fresh Clementines | Tangerine Chicken w/<br>Garlic Brown Rice<br>Steamed Broccoli<br>Fresh Carrots<br>Banana      | Mac and Cheese w/<br>Goldfish Graham<br>Steamed Peas<br>Romaine Salad<br>Craisins                |  |  |
| Daily Sandwich Option - Sunbutter Sandwich served with Hot Lunch Vegetables and Fruit |  |   |   |  |  |  |
| Weekly Kydzable Menu - served with Hot Lunch Vegetables and Fruit                     |  |   |   |  |  |  |
| Breakfast Kydzable<br>Muffin Top Variety<br>Yogurt Cup<br>Cheese Stick                | Italian Deli Sandwich<br>Turkey Pepperoni, Turkey<br>Salami, and Turkey Ham with<br>White American Cheese on a<br>Hoagie Bun | Cheese Pizza Kydzable<br>Pizza Crust, Shredded<br>Mozzarella Cheese, Marinara<br>Sauce      | Turkey & Cheese<br>Sandwich   | Breakfast Kydzable<br>Muffin Top Variety<br>Yogurt Cup<br>Cheese Stick                           |  |  |

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider. Menu Subject to Change without Notice.

\*May contain pork \*\*Strawberry gelatin from bovine (cow) sources. Skim or Fat-Free Chocolate Milk is offered with each meal.

NF = Processed in a facility with peanuts and/or tree nuts. See the district website for more information.

| March        |                         |    |    |    |     |
|--------------|-------------------------|----|----|----|-----|
| WEEK         | WEEK Mon Tues Wed Thurs |    |    |    | Fri |
| 3            | 3                       | 4  | 5  | 6  | 7   |
| 1            | 10                      | 11 | 12 | 13 | 14  |
| No<br>School | 17                      | 18 | 19 | 20 | 21  |
| 2            | 24                      | 25 | 26 | 27 | 28  |
| 3            | 31                      |    |    |    |     |

| April |     |      |     |       |     |
|-------|-----|------|-----|-------|-----|
| WEEK  | Mon | Tues | Wed | Thurs | Fri |
| 3     |     | 1    | 2   | 3     | 4   |
| 1     | 7   | 8    | 9   | 10    | 11  |
| 2     | 14  | 15   | 16  | 17    | 18  |
| 3     | 21  | 22   | 23  | 24    | 25  |
| 1     | 28  | 29   | 30  |       |     |

| May  |     |      |     |       |     |  |
|------|-----|------|-----|-------|-----|--|
| WEEK | Mon | Tues | Wed | Thurs | Fri |  |
| 1    |     |      |     | 1     | 2   |  |
| 2    | 5   | 6    | 7   | 8     | 9   |  |
| 3    | 12  | 13   | 14  | 15    | 16  |  |
| 1    | 19  | 20   | 21  | 22    | 23  |  |
| 2    | 26  | 27   | 28  | 29    | 30  |  |