

Suggested AA Meeting Formats

Discussion Meeting

1. Welcome & Open
 - Chair opens with AA Preamble, moment of silence, and Serenity Prayer
 - Introductions: newcomers (under 30 days) and visitors
2. Readings (optional)
 - Big Book excerpt, Traditions, Promises
3. Topic
 - Choose a topic from AA literature or common themes
4. Sharing
 - Chair shares briefly
 - Open floor for member shares
5. Announcements & 7th Tradition
 - Group updates, events, literature availability
 - Pass the basket
6. Close
 - Serenity Prayer or closing prayer
 - Thank you to chair/readers

Big Book / Literature Study Meeting

1. Welcome & Intro
 - AA Preamble, silence, Serenity Prayer
 - Welcome newcomers and guests
2. Readings
 - Pre-selected Big Book or As Bill Sees It passage
 - Traditions or relevant pamphlet excerpt
3. Group Read-Aloud
 - Take turns reading paragraph by paragraph
4. Discussion
 - Chair prompts discussion on read material; limit shares
5. Wrap-Up
 - Last 5 minutes: newcomers share or ask questions
 - Announcements and 7th Tradition

6. Closing
- Serenity Prayer

Speaker Meeting

1. Opening
- Preamble, silence, prayer
- Newcomer and visitor intros
2. Speaker Introduction
- Read sobriety birth dates, introduce speaker
3. Speaker Share
- One or more speakers telling their story
4. Open Sharing (optional)
- Group conscience decides whether open sharing follows
5. Announcements & 7th Tradition
- Standard group announcements, contributions
6. Close
- Thank speaker(s), closing prayer

Step/Tradition Study Meeting

1. Welcome
- Preamble, moment of silence, prayer
- Intros
2. Readings
- Read a full Step or Tradition
3. Reflection
- Chair leads reflection or suggests questions
4. Sharing
- Guided sharing: how the Step/Tradition applies in their life
5. Announcements & 7th Tradition
- Regular announcements, basket
6. Close
- Finish with prayer

Beginners/Newcomer Meeting

1. Intro

- Chair emphasizes anonymity, respect, and AA structure
- Preamble, silence, prayer

2. Newcomer Introductions

- Invite newcomers to introduce themselves

3. Chair's Brief Talk (10–20 minutes)

- Welcome newcomers, explain AA's purpose
- Share personal recovery story

4. Open Discussion/Q&A

- Newcomers and members ask questions about AA

5. Announcements & 7th Tradition

6. Closing

- Group prayer
- Invitation to stay afterward for support