Neurodiverse Meetup Group Structure

The Neurodiverse Meetup Group hosted at the Ela Area Public Library is a monthly social group where adults 18+ who identify as neurodivergent come to socialize. It is run by Amy, an AuDHD librarian.

It is located in Meeting Rooms A&B, which is on the lower level of the library. When you enter the library, take a left and walk past the elevator until you see a brown door. The door will be open when Amy is ready for people to come inside. Otherwise the door will be locked.

When you come in, you can sit at any table in the room. Something to keep in mind is that introductions will happen at the table you choose to sit at. Tables are spread throughout the room, this is to help with noise stimulation. There are nametags at each table. Please write your name and pronouns on the nametag and wear it. There are also fidgets at each table. You can use these during the program.

There are refreshments at the front of the room. You can grab food/drinks at any point during the program. However, please clean up after yourself and try to keep the library clean so we don't get mice!

Amy will open the program up with announcements and explaining the structure of the group. Information (technology permitting) will be projected onto a screen for helpful guidance.

After announcements, a few minutes will be dedicated to introductions. You will be asked to share your name and something you've either read, listened to or watched recently that you enjoyed (if anything). Or you can share a hobby or special interest of yours.

After introductions, you can move about the room as you like and socialize in whatever way feels comfortable for you.

Any questions? Please email Amy ahenkels@eapl.org