



Westchester Community Resources

SCAN THE QR CODE TO FIND WESTCHESTER COUNTY
RESOURCES TO HELP SUPPORT A HEALTHY YOU!

WESTCHESTER MEDICAL CENTER

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Food Resources:

- **Westchester Food Pantry:** Provides free groceries, household supplies, and pet food
- **TooGoodToGo:** App providing significant discounts on leftover food from local restaurants
- **Feeding Westchester Mobile Food Pantry:** Delivers fresh produce and groceries to locations throughout the county



Transportation Resources:

- **Bee-Line System:** Westchester's bus system offers discounted fares for students, seniors, and those with disabilities
- **Access-A-Ride:** Paratransit service for individuals with disabilities who are unable to use regular Bee-Line buses
- **Westchester Taxi Service Programs:** Subsidized taxi vouchers for seniors and individuals with disabilities



Affordable Medications:

- **Westchester Discount Card Program:** Free card offering discounts on prescription medications at participating pharmacies
- **GoodRx:** Coupons and price comparisons to reduce costs
- **CVS, Walmart, and Target \$4/\$10 Generic Drug Lists:** Low-cost options for commonly prescribed medications



Discounted Shopping:

- **Westchester Thrift Stores:** Various locations offer affordable clothing and home goods, i.e. Goodwill
- **The Sharing Shelf:** Clothing bank that provides clothes and essentials for children and teens
- **Outlet Shops at Woodbury Commons:** Just a short trip from Westchester, this outlet offers big discounts on high-end brands



Exercise Resources:

- **Westchester Parks and Recreation:** Free and low-cost access to walking trails, parks, pools, and fitness classes
- **YMCA of Central and Northern Westchester:** Offers income-based memberships and access to facilities and classes
- **Westchester Library System:** Free virtual fitness classes and workout videos through their digital resources