



## “Conversation with Jesus”

### *Authentic Prayer*

Psalms 13:1-6

January 14, 2024

#### Praying the word

1 – Realize there is a direct connection between the degree your **mind is shaped** by Scripture and the degree to which prayers are answered.

2 – Reading the Scripture in a spirit of prayer and letting the meaning of the verses become **your personal prayer**.

3 – Pause after each phrase, sentence, or paragraph. Dwell on it and let it inspire and shape your prayer. Put your life in place of the author’s, read it as **your own**.

#### Authentic Prayer

##### When I Pray Help Me to...

1. Be Honest, **Transparent**, Authentic (Ps. 13:1-4)

- I **wrestle** with Anxiety. What do you **wrestle** with?

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- Get in touch with your **feelings**. David did.
  - My enemy is out to **kill me**.

John 10:10 “The thief comes only to steal and **kill** and destroy; I have come that they may have life and have it to the full.

- David had a **sickness** – “Give light to my eyes or I will sleep in death

2. Always Include a “**BUT** I Trust in Your Unfailing Love” (Ps. 13:5)

- **Speak out** your trust in Jesus
- Zero in on His **Unfailing Love**
- Listen for **God’s Voice** (Prov. 3:5-6)

3. Always Include **Praise**

- My heart is **filled with joy** under every **circumstance**.
- **Sing a song** in Your heart to the Lord

- Authentic prayer starts with “How long will you forget me” and ends with “The Lord has **been good to me**.”

#### Authentic prayer will always draw you closer to God.

James 4:8 “Draw near to God and He will draw near to you. Cleanse *your* hands, *you* sinners; and purify *your* hearts, *you* double-minded.



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