

TILTON'S TEACHING VALUES

HOW DO WE TEACH AT TILTON'S?

- 1. ALWAYS BE A BALANCE OF LOVING AND FIRM.** WE LOVE OUR STUDENTS THROUGH THE SPORT OF GYMNASTICS. WE EXPECT THEIR FOCUS, EFFORT, AND RESPECT DURING CLASS, AND WE GIVE THEM THE SAME. WE PUSH THEM WHEN WE KNOW THEY HAVE MORE TO GIVE, AND UPLIFT THEM WHEN THEY'RE STRUGGLING. WE CELEBRATE THEIR ACCOMPLISHMENTS AND GIVE HONEST FEEDBACK ON WHAT THEY CAN IMPROVE.
- 2. PROTECT THEIR BODIES AS IF THEY'RE OUR OWN.** WE SPOT PROACTIVELY AND USING CORRECT TECHNIQUE TO PREVENT INJURY AND SUPPORT HEALTHY PHYSICAL DEVELOPMENT. WE NOTICE WHEN A STUDENT ISN'T READY TO PERFORM A SKILL AND INTERVENE TO KEEP THEM SAFE.
- 3. DON'T WATCH ANYONE STRUGGLE.** IF WE SEE ANYONE, TEACHER OR STUDENT, STRUGGLING, WE STEP IN AND HELP.
- 4. RESPOND TO THE ENERGY.** WE WATCH THE ENERGY OF THE CLASS AND STUDENTS AND ADJUST OUR APPROACH MOMENT TO MOMENT. IF THE ENERGY IS TOO LOW, WE BRING IT UP. IF THE ENERGY IS TOO HIGH, WE BRING IT DOWN. THROUGH READING THE STUDENT(S) BODY LANGUAGE, EYES, AND BEHAVIOR, WE DECIDE WHERE TO TAKE THE LESSON.
- 5. TEACH TO THE INDIVIDUAL.** EVERY STUDENT IS DIFFERENT AND NEEDS SOMETHING DIFFERENT FROM US. WE LEARN EACH CHILD'S PERSONALITY AND PHYSICAL ABILITIES AND TAILOR OUR TEACHING TO BEST SUPPORT THEM. WE ENSURE EVERY CHILD FEELS SEEN AT LEAST ONCE DURING EVERY CLASS.
- 6. OWN THE ROOM.** THIS IS OUR STUDIO. WE SET THE AGENDA FOR CLASS AND ENSURE STUDENTS ARE HAVING A SAFE, PRODUCTIVE, AND FUN EXPERIENCE. WE DIRECT ACTIVITIES WITH CONFIDENCE AND AUTHORITY SO OUR STUDENTS FEEL SAFE AND CARED FOR THROUGHOUT THEIR TIME WITH US.
- 7. USE YOUR VOICE EFFECTIVELY.** BE QUICK, CLEAR, AND LOUD. KEEP YOUR EXPLANATIONS CONCISE, SIMPLE, AND ALIGNED WITH THE TILTON'S TEACHING PHILOSOPHY. SPEAK LOUD ENOUGH THAT THE PARENTS IN THE LOBBY CAN HEAR YOU. USE VOLUME, INFLECTION, AND WORDS TO GET YOUR STUDENTS TO GIVE THEIR BEST EFFORT.
- 8. TAKE ADVANTAGE OF TEACHABLE MOMENTS.** WE NOTICE THE DYNAMICS IN THE ROOM AND BETWEEN STUDENTS AND USE THEM TO REINFORCE OUR LEARNING VALUES.
- 9. MODEL THE BEHAVIOR WE WANT TO SEE IN OUR STUDENTS.** WE TREAT EACH OTHER AND OURSELVES WITH RESPECT AND KINDNESS. WE ALWAYS GIVE OUR BEST EFFORT. WE APPRECIATE MISTAKES AS LEARNING OPPORTUNITIES.
- 10. HELP EACH OTHER SHINE.** WE ANTICIPATE WHAT OUR TEAMMATES NEED AND PROVIDE IT PROACTIVELY. WE GIVE EACH OTHER REAL-TIME BEHAVIOR-BASED FEEDBACK. WE SHARE OBSERVATIONS AND SUGGESTIONS WITH RESPECT AND KINDNESS. WE RECEIVE CRITIQUE WITH OPENNESS AND HUMILITY. WE OFFER PRAISE WITH LOVE.