





Peanut Butter & Superfood Berry Swirl Smoothie

Superfood Berry Smoothie:

- $\frac{3}{4}$ cup almond milk
- 1 cup frozen berries
- $\frac{1}{2}$ tbsp lemon juice
- 1 tbsp [Green Superfood](#) powder

Blend all ingredients in a high speed blender and set aside.

Peanut Butter Smoothie:

- $\frac{3}{4}$ cup almond milk
- $\frac{1}{4}$ cup oats
- 1 tbsp maple syrup
- 1 heaping tbsp peanut butter
- 2 frozen bananas, chopped into chunks

Blend all ingredients in a high speed blender and pour over the berry smoothie, swirling with a straw or spoon.

Enjoy!