

SCHOOL COUNSELING CORE CURRICULUM ACTION PLAN

Grad e Level	Lesson Topic	Lesson Will Be Presented In Which Class/ Subject	ASCA Domain, Standard and Compete ncy	Curriculum and Materials	Projec ted Start/ End	Process Data (Projected number of students affected)	Perception Data (Type of surveys/ assessments to be used)	Outcome Data (Achievement, attendance and/or behavior data to be collected)	Contact Person
K SE	Managing Frustration: How to Sit with our Anger and Learn from Upsetting Experiences	Communit y Meeting	M 1, B-SMS 1, B-SMS 2, B-SMS 7, B-SMS 9, B-SS	<i>Anh's Anger</i> by Gail Silver, colored pencils, paper	Octo ber	All Kindergarten Students	Students can identify at least one safe way to cope when they feel angry.	Compare the number of behavioral outbursts/conflicts with peers before the lesson to the amount after the lesson. Students each create a drawing of their anger and draw a way they can work with their anger. Make a class poster or coping techniques.	School Counselor/ classroom teacher
K C	Family Roles: Students understand they are important members of their family and families	Social Studies	B-SMS 8, B-SS 3, B-SS 6	Colored pencils, paper, stapler	Sep- Oct	All Kindergarten Students	Students can create a book illustrating and writing about a contribution each family member makes.	Students create a book illustrating and writing about a contribution each family member makes.	School Counselor/ classroom teacher

	support each other						Students know they are an important part of their family and that families work together to support each other		
1 SE	Conflict Resolution: Learn steps to manage disagreeme nts respectfully with peers through role playing with a partner	Communit y Meeting	M 1, B-SMS 1, B-SMS 7, B-SMS 9, B-SS 4, B-SS 6, B-SS 8, B-SS 9	Poster of steps of conflict revolution, poster board, markers.	Sep- Oct	All First Grade Students	Students can name the steps of conflict resolution. Students can manage small conflicts without adult intervention.	Compare the number of behavioral outbursts/conflicts with peers requiring teacher intervention before the lesson to the amount after the lesson.	School Counselor
1 C	Community Careers: Understand ing who makes up our community and careers	Social Studies	B-LS 7, B-SMS 8, B-SS 3, B-SS 6, B-SS 7	Google map of neighborhood,	Jan	All First Grade Students	Students can identify 3 careers in the community that impact them.	Survey data collected which will include	School Counselor
2 SE	Positive Self Talk:Affirma tions of the Week. Students learn the value of	English	M 1, M 4, B-SS 1, B-SS 4	Ruled paper, pencils, markers, empty tissue box	Sept emb er	All Second Grade Students	Completion of three positive affirmations to add to the affirmation box.	Classroom teacher feedback on positive self talk and reduction of limiting phrases ("I can't" becomes "I can try my best")	School Counselor

	positive self talk and write positive affirmations to be shared each week at meeting.								
2 CC	Classroom Careers: Ways We Contribute to Our Community' s Needs. Specific needs of their class and create a job board.	Social Studies	M 3, B-SS 2, B-SS 3, B-SS 6, B-SS 7, B-SS 9, B-SS 10	Index carts, markers, magnets,	Mid Sept emb er	All Second Grade Students	Students can identify ways they can contribute to the classroom community	Students create a job board and agree on a method of assigning jobs Students implement jobs and corresponding responsibilities with fidelity Increased shared responsibility in the classroom among students.	School Counselor/ Teacher
	Anti-Bullying : Students will understand what bullying is, learn how to stop bullying and mitigate its impacts.	Social Emotional Learning	M 1, M 2, B-SMS 1, B-SMS 6, B-SMS 7, B-SMS 9, B-SS 2, B-SS 3, B-SS 4, B-SS 8, B-SS 10	Scenario worksheet, pencils	Nov	All Third Grade Students	Student define bullying Students can implement anti bullying strategies	Collect classroom data on instances of bullying/harassment before and after lessons	School Counselor

г		1				1	1			
								Students can		
								identify skills		
1		Personal Job						that will help		
		Skills and		M 3, M				them excel in		
1		Strengths:		4, B-LS				their academic		
1		Tools to		2, B-LS	Job skills work		All Third	and		
1	3	sharpen for	Social	7, B-SS	sheet, pencil,		Grade	professional		School
L	CC	success	Studies	1	powerpoint	Mar	Students	career.	Exit ticket:	Counselor
-								Students can		
1		Diversity &						identify		
1		Disability						different		
1		Etiquette						accessibility		
		and						signage posted		
		Understandi						in the school.		
		ng: How to		M 2,						
1		advocate		B-SMS				Students can		
1		for, create		6, B-SS	http://unitedspi			share two ways	Students suggest	
1		and		2, B-SS	nal.org/disabilit			to practice	and implement ways	
1		maintain		4, B-SS 5, B-SS	<u>y-etiquette/</u> ,			disability	to make the school	
1		supportive		7, B-SS	accessibility		All Fourth	etiquette and	and classroom more	School
1	4	environmen	Computer	8, B-SS	signage.	Marc	Grade	increase	accessible for diverse	Counselor/
1	SE	ts.	Science	10		h	Students	accessibility	needs.	teacher
T		Working						,		
		Together:								
		Collaboative								
		Skills								
		through								
		group work.								
		Students								
		take turns								
		organizing,								
		documentin			Laminated			Student survey		
		g,			labels			ranking roles in		
		presenting		M 3, M	(organizer,			order of		
		to		5, B-LS	documenter,			preference and	Teacher feedback on	
		understand		7, B-SS	presenter),			a two comment	changes in group	
		the value of		2, B-SS	Magnatiles,		All Fourth	on what they	dynamics/	
	4	collaboratio		3, B-SS 6, B-SS	paper, colored	Mar-	Grade	enjoy/struggled	cohesiveness for small	School
	cc	n and	STEAM Lab	7	pencils,	Apr	Students	with for each.	group work	Counselor
L	CC	n and	STEAM Lab	7	pencils,	Apr	Students	with for each.	group work	Counselor

	different members impact on a team.								
5 SE	Adults are Here to Help: Students understand Different roles and titles at the school and connect with adults who can support them.	Middle School Orientatio n	M 2, B-LS 7, BSMS 10, BSS 3	Teachers and Staff Bios, Who can help Handout, Appointment sign up	Sep	All Fifth Grade Students	Students can identify different adults who can support them through their academic and social emotional journey	Students attend one meet and greet with a staff member to build their network and areas of interest.	School Counselor/ teacher
5 CC	Math Matters: Finding three careers where math skills play a pivotal roll	Math	M 3, M 4, M 5, B-LS 7, B-SMS 8, B-SS	Paper, pencil, smart board	Jan	All Fifth Grade Students	Students can identify how math is applied to real life situations and careers	Exit ticket: students identify three math focused careers	School Counselor
6 SE	Cyber Safety and Responsibilit y	Computer Science	M 2, B-LS 1, B-SMS 1, B-SMS 9, B-SS 4, B-SS 9, B-SS	https://www. cacpittsburg.org /for-tweens-tee ns, computers	Oct/ Nov	All Sixth Grade Students	Students can identify ways protect their identity online Students can file a report for unsafe internet activity	Decreased participation and reports in harmful cyber activity	School Counselor/ CS Teacher

							1		
			M 3, M				Students can		
			5, B-LS	Smart board,			identify three		
			2, B-LS	guest lecturers,			careers in the		
	Career		5, B-SS 1, B-SS	hand outs on		All Sixth	STEAM field and	Exit ticket assessing	
6	Clusters:		3, B-SS	STEAM careers	Feb/	Grade	how they	students top 3 STEAM	School
cc	STEAM	Science	7	pencils	Mar	Students	impact society	careers	Counselor
	Rumors &								
	Gossip:								
	Students will							Data will be recorded	
	understand		M 1, M					before and after the	
	what gossip		2, B-SS	Space for group				lesson. Students will	
	is, how to		2, B-SS	to circle up,			Pre and post	anonymously self	
	stop it and		4, B-SS	pre/post			assessment ong	report in a google	
	ways to	Social	5, B-SS 8, B-SS	assessment,		All Seventh	the impacts of	form when they feel	
7	mitigate its	Emotional	о, в-SS 9, B-SS	pencils, talking	Jan/F	Grade	rumors and	impacted by rumors/	School
SE	impact.	Learning	10	piece	eb	Students	gossip.	gossip.	Counselor
	Growth	J							
	Mindset: Life								
	Long								
	Learning								
	and Grit.								
	Students								
	engage in								
	problem								
	solving								
	activity								
	where the								
	goal is to								
	generate as						Students will		
	many						increase the	Students will spend	
	solutions as						amount of time	more time working	
	possible,						they work on a	collaboratively coming	
	instead of		M 3, M	Math		All Seventh	problem before	up with multiple	
7	the "right		4, B-LS	worksheet,	Oct-	Grade	seeking	solutions to a	School
cc	one"	Math	7,	timers, pencils	Nov	Students	support.	problem.	Counselor

8 SE	Stress Managemen t with KOOTH: What stress feels like and how we can manage it.	Computer Science	M 1, B-SMS 2, B-SMS 7, B-SS 9	Smart board, computers	Nov- Dec	All Eighth Grade Students	Students can identify effective coping strategies for stress. Students can advocate for the support they need.	Fewer reports of students seeking counseling support for stress. Increased enrollment in school provided mental health coaching platform.	School Counselor
8 CC	Transitionin g to High School: Struggles and Strengths. What we need to succeed.	English	M 3, M 4, B-LS 7, B-SMS 6, B-SMS 10, B-SS 8, B-SS 9	Struggles and strengths hand out, pens	May	All Eighth Grade Students	Students can identify qualities that will help them succeed in highschool	Student survey assessing their confidence in their skills and strategies to succeed in highschool.	School Counselor
	Getting			·	,		Students can build a sense of inclusion, respect and connection among peers and school community.		
9	Connecting: Students attend an Extracurricul ar Fair to build community and pursue personal	Orientatio	M-1, M-2, BSL-4, BSS-2,	Extracurricular passport sheet, stamps, extra curricular tables with participants and		All Ninth Grade	Students can determine which extracurriculars would benefit their social emotional, academic and community	Students speak with five extracurricular representatives who mark off their passport with a	School
SE	interests	n	BSS-10	information	Oct	Students	enrichment.	stamp.	Counselor

							Students identify ways		
			Man				they can		
	Ikigai:	Career	M 3, M 4., M5,				contribute to	Students identify	
	Finding	Paths and	M 6,	Chart board,		All Ninth	society while	careers of interests	
9	Meaning	Networkin	B-LS 7,	Markers, work	Nov-	Grade	supporting	can create a plan of	School
CC	and Joy	g	B-SS 1,	sheets, pencils	Dec	Students	themselves	study to support it.	Counselor
	Self Esteem						Students can		
	Building:		M 1, M	Markers, paper,			identify their	Survey data collected to	
	Affirmations		4, B-SS	pens, chart		All Tenth	strengths and	understand students	
10	and Loving		8, B-SS	paper,		Grade	areas they take	confidence in their	School
SE	Me	Health	9	envelopes.	April	Students	pride in.	abilities.	Counselor
	Organization						Students fill out		
	al Skills:						a monthly		
	Managing						calendar with		
	time and		M 3, M	Monthly			academic,		
	meeting		4, B-LS	calendar			home and	Compare data on	
	short term		1, B-LS	handout, smart		All Tenth	extracurricular	assignments turned in	
10	and long	Computer	3, B-SS	board, google		Grade	assignments	on time from before	School
CC	term goals.	science	1	calendar, pencil	Oct	Students	using differ	and after the lesson	Counselor
			M 1,						
			B-SMS						
			1, B-SMS						
			2,						
			B-SMS					Data collected on	
			7,					instances of group	
	Peer		B-SMS	Peer pressure			Students can	behavioral challenges	
	Pressure &		9, B-SS	hand out, smart		All Eleventh	identify ways to	(group fighting,	
11	Personal		5, B-SS	board, pencil,	Feb-	Grade	combat peer	multiple students	School
SE	Safety	Health	8, B-SS 9	power point	Mar	Students	pressure	cutting class, etc.)	Counselor
	Jaicey	. icaicii		porter ponit	14101	Judenius	Students can		2041130101
	Finding My		M 3, M				identify		
	Way:	Career	4, M 6,				multiple	Student survey to	
	Options	Paths and	B-LS 1,	Road map hand		All Eleventh	options for	assess students plans	
11	After High	Networkin	B-LS 7, B-SMS	out, pencil,		Grade	paths to take	and goals after high	School
cc	School	g	10	powerpoint	Jan	Students	after 12 th grade	school.	Counselor

12 SE	Expectations of adulthood: prioritizing the things that matter in life.	Health	M 1, M 3, M 4, M 6, B-LS 1, B-LS 7, B-SMS 1, B-SMS 7, B-SMS 10, B-SS 3, B-SS 9	Rocks, Pebbles, sand video, hand out, markers	Dec	All Twelfth Grade Students	Students can identify things and people they value most.	Student survey to rank personal priorities. Increased participation in academic subjects.	School Counselor
12 CC	Forms and FASFA: Guided tutorial on how to fill out FASFA and understandi ng what financial aid can do for students	Computer Science	M 6, B-LS 3, B-LS 7, B-SS 1,	Computers, internet access, smart board	Oct- Nov	All Twelfth Grade Students	Exit Ticket: student survey where they rate their level of confidence filling out FAFSA and can request additional support	Students complete required FAFSA application. Counselor supports as needed during follow up.	School Counselor