

The Invitation to pro-Action Café

Pro-Action Café is an offering for leaders (or would-be leaders) who are discerning a possibility and would welcome some time with a caring and discerning group. We offer this social space to church innovators (Church Planters, Redevelopers, and other missional leaders) to bring specific challenges and questions they are working through; the rest of us will learn together by helping the "Caller" clarify their idea and refine the next action steps.

Dates: 3rd Thursdays at 3:00 Eastern (2 Central, 1 Mountain, 12 Pacific)

How to offer a "Call" to the Cafe

Do you have a Call (an opportunity), a Question or a Project you would like to seek feedback on? Submit a 100-word description to Tom Brackett at tbrackett@episcopalchurch.org or Katie Nakamura Rengers at krengers@episcopalchurch.org. We'll help you refine your call and bring it to the Cafe for feedback and input!

About pro-Action Café

Pro Action Café - Combining World Café and Open Space – What to expect!

The Pro Action Cafe is a space for creative and action-oriented conversation where participants are invited to bring their call - project - ideas - questions or whatever they feel called by and need help to manifest in the world. The concept of Pro Action Cafe is a blend of World Café and Open Space Technology. It was first conceived by Rainer von Leoprechting and Ria Baeck in Brussels, Belgium.

What is Pro Action Cafe Good For?

As a conversational process, the Pro Action Café is a collective, innovative methodology for hosting conversations about calls, questions, and projects that matter to the people that attend. These conversations link and build on each other as people move between cafe tables, cross-pollinate ideas and offer each other new insights into the questions or issues that are most important in their life, work, organization, or community. As a process, the Pro Action Cafe can evoke and make visible the collective intelligence of any group, thus increasing people's capacity for effective action in pursuit of good work.

Pro Action Cafe can be used with a network of people and/or as a methodology for a specific group, organization, or community to engage in creative and inspirational conversation leading to wiser and more collectively informed action.

General Flow of a Pro Action Café

A quick check in circle to connect to purpose of the session and with each other. If check-in has already taken place as part of a longer process, go straight to building the agenda.

Introductions: Invite each presenter to share the 100-word description of their Call, Question, or Project, while the whole

group is together. When all have shared, explain that there will be three rounds of conversation in café style of 20-30 minutes - each guided by a few generic questions to help deepen and focus the conversations.

Have the Tech Host break out the small groups, remembering that each reassignment of participants must leave the Caller in the same room.

Round 1 - What is the quest behind the call/question/project? - to deepen the purpose of the call. (30 minutes)

Round 2 - What is missing? - when the quest has been deepened, explore what could make the project more complete and possible. (30 minutes)

Round 3 - What am I learning about myself? What am I learning about my project? What next steps will I take? What help do I still need? - to help bring it all together for the caller and their project. (20 minutes)

Round 3 is in 2 steps:

First 20-25 minutes for the callers to reflect by themselves on the 4 questions above and harvest their key insights.

Round proceeds as the previous rounds – in conversation with participants. The new participants visit the table to listen to the harvest of the caller, their learning, their steps, help needed - and then offer any insight and any further support they can offer. Between each round, create breaks for the participants to have a drink, relax together, and get ready to support another caller in their quest/project.

Round 4 - Last step is to meet in circle and invite the callers from each table to share answers to their selected questions from the list below: (15 minutes)

1. What am I grateful for?

- 2. What am I learning about myself?
- 3. What am I learning about my project?
- 4. What are my next steps?
- 5. What help do I still need?

Close with a blessing and prayer!

Supplementary Notes:

How to self-select a breakout room

The host will have allowed participants to self-select and join the breakout rooms of their choosing. Participants will be able to view and select from a list of breakout rooms the host has created. They will be able to enter and leave breakout rooms freely.

Note: Participants not joined with the desktop or mobile app (version **5.3.0** or higher) will not be able to self-select a breakout room. The host will need to facilitate moving these participants manually.

- Click Breakout Rooms in your meeting controls.
 This will display the list of open breakout rooms created by the host.
- 2. (Optional) Click **Expand All** to expand all available rooms and see which participants are in that particular room.
 - **Note**: The **Expand All** and **Collapse All** options require version **5.9.6** or higher.
- 3. Hover your pointer over the number to the right of breakout room you wish to join, click **Join**, then confirm by clicking **Join**.
- 4. Repeat as necessary to join other breakout rooms, or click **Leave Room** to return to the main session.

How to ask for help

If you click **Ask for Help**, it will notify the meeting host that you need assistance and they will be asked to join your breakout room.

1. Click Ask for Help in the meeting controls.

2. Confirm that you would like assistance by clicking **Invite Host**.

How to record while in a breakout room

- 1. Ask the host for permission to record. The host needs to <u>allow</u> recording before opening the breakout rooms. If the host has already open the breakouts rooms, they can join your breakout room to <u>allow</u> you to record.
- 2. Click **Record** in the meeting controls to start a local recording.
- 3. Click the pause or stop icon in the meeting controls to pause or stop the recording.

The recording can also be stopped or paused by clicking the indicator in the top left corner.

Learn more about local recording.

How to leave the breakout room.

You can leave the breakout room and return to the main meeting session at any time, or you can leave the meeting entirely from the breakout room.

- 1. Click Leave Breakout Room.
- 2. Choose if you want to leave the breakout room or the entire meeting.
- 3. When the host ends the breakout rooms, you will be notified and given the option to return to the main room immediately, or in 60 seconds.