

Book notes

*It's healthy for people to love something beyond all reason.

*Young people have the advantage of short memories - they don't recall the time when things used to be better.

*A major challenge of old age is admitting mistakes that can no longer be put right.

*Once the desire to win overcomes the fear of losing, a team is capable of anything.

*Talent is about letting a balloon into the air, but it's not about how fast it rises - rather, it's about the length of the string.

*A collective mentality suffers when it crowds out the stars. There is always a place for hard work, but it goes nowhere without someone's imagination.

*At some level, when we are forced out we hope that everything will collapse behind us.

*The fear of modernity comes in part from understanding that the modern version might not have room for us.

*Culture is a balance of what's encouraged and what's permitted.

*Victim blaming often starts in questioning - reminders about the seriousness of the allegation, second-guessing about decisions made in the moment, and so on.

*There is a difference in the innocence of someone who can't imagine compared to someone who doesn't expect.

*Anything can be made into normal with carefully chosen comparisons.

*It's an easy world when everything is good or evil, right or wrong. It's easy to pick one side and find confirmation of our decision rather than holding the contradictions of opposing perspectives.

*The first step to dehumanizing is to take away a name.

*There is no real way to become used to being bullied, teased, or rejected. Over time, it eats away at a person and leaves them entirely worn down.