

## East Ruston Personal Development Opportunities

### Childhood Promise

**At East Ruston we believe passionately that children should have as many opportunities as possible to enjoy childhood and to experience a wide variety of activities while they are with us. Children will experience these opportunities during the time that they are with us. Some are annual events others Biannual**

Nursery	Performing Arts Music and Theatre	Life Skills and Wellbeing	Being outdoors Experiences of the natural world/outdoor skills Environment	Fundamental British Values	Experience of Different Cultures	Visitors /Visits
Autumn	Singing Harvest songs  Watching KS1 Nativity  Performing with their peers  Regular singing and music making sessions	Starting Nursery for the first time  Funtrition sessions with Reception children  Regular opportunities for cooking  Firework Safety	Regular walks to discover what is on the heath  Regular Meadow Play/Outside Classroom  Growing things in the Nursery Garden  Understand the need to respect and care for the natural environment and all living things	Learning to Share and take turns  Learning that we treat everybody equally Learning right from wrong  We listen to and respect other people's opinions and values	Diwali  Christmas	Happy Smiles Dentist
Spring	Performing with their peers  Regular singing and music making sessions	Regular opportunities for cooking	Regular walks to discover what is on the heath  Regular Meadow Play/Outside Classroom  Growing things in the Nursery Garden  Understand the need to respect and care for the natural environment and all living things	Learn to help other people  Learn to respect the culture and beliefs of others	Chinese New Year  Easter	
Summer	Performing with their peers  Regular singing and music making sessions	Regular opportunities for cooking  Transition to Reception	Regular walks to discover what is on the heath  Regular Meadow Play/Outside Classroom  Growing things in the Nursery Garden	Learning to understand the consequences of our actions  We know that we are all special		Beach  Sealife Centre

Reception and KS1	Performing Arts Music and Theatre	Life Skills and Wellbeing	Being outdoors Experiences of the natural world /outdoor skills Environment	Fundamental British Values/Experience of Different Cultures	Sporting Opportunities	Visitors/Visits
Autumn	Performing Harvest Festival songs to parents  Performing in the Nativity  Singing Christmas songs  Weekly singing Assemblies	Funtrition sessions  Regular opportunities for cooking  Massage techniques  Firework Safety NSPCC Speak out	Regular Meadow/Woodland Play/Outside Classroom  Growing things in the Garden	Voting for Eco Group  Voting for book of the day  Remembrance Day  Trip to a city school	Multi Skills Club  Dodgeball Club  Archery Club	Happy Smiles Dentist  Rabbi Visit for Sukkot  Topic related visitors eg Lovely Lorraine etc  Stalham Ministry Team
Spring	Easter Assembly for Parents  Easter songs  Weekly singing Assemblies	Regular opportunities for cooking  Massage techniques  Visit to the Theatre	Regular Meadow/Woodland Play/Outside Classroom  Growing things in the Garden	‘Multicultural Dance’  African dance and music workshop  Indigenous Australian dance workshop with Lovely Lorraine  Chinese New Year	Gymnastics Club  SEN Panathon	Pupils who attended the school - History of the school  Former Naval Officer (Nelson Topic) Zoo Trip  Rabbit visit for Passover  Stalham Ministry Team
Summer	Performing with their peers  Year 2 leavers Assembly  Weekly singing Assemblies	Regular opportunities for cooking Massage techniques  Water Safety	Regular Meadow/Woodland Play/Outside Classroom  Growing things in the Garden	Royal Celebrations/event British Black History Diversity	Sports Day	Bewilderwood Trip  Norfolk Show Trip  Stalham Ministry Team