

Please download a copy of the matrix to your computer. Then you will be able to complete the matrix and upload to the desk audit.

Grade 7-8 Required Health Component Specifications

See page 24 in the [Chapter 12 Matrix](#)

- Health must be taught in each grade 7 - 8
- Not all content specifications listed need to be covered at each grade level
- All content specification need to be covered at least once during the grade 7 - 8 timespan

Enter the course name where the component is taught
Component can be taught in more than one grade level and more than one course.

----- Grade	Personal Health	Food and Nutrition	Environmental Health	Safety/Survival Skills	Consumer Health	Family Life	Substance Abuse and Non-use	Human Sexuality	Emotional and Social Health	Health Resources	Prevention/Control of Diseases
7	7th Health	7th Health	7th Health	7th Health	7th Health	7th Health	7th Health	7th Health	7th Health	7th Health	7th Health
8	8th Health	8th Health	8th Health	8th Health	8th Health	8th Health	8th Health	8th Health	8th Health	8th Health	8th Health

1. To include: The effects of alcohol, tobacco, drugs and poisons on the human body
2. To include: Self-esteem, stress management and interpersonal relationships
3. To include: Characteristics of communicable diseases, including acquired immune deficiency syndrome.

Grade 7 - 8 Required Career Education Component Specifications

See page **26** in the [Chapter 12 Matrix](#)

- Career Education must be taught in each grade 7 - 8
- Not all content specifications listed need to be covered at each grade level
- All content specification need to be covered at least once during the grade 7 - 8 timespan
 - **Enter the course name where the component is taught**
 - **Component can be taught in more than one grade level and more than one course.**

----- Grade	Exploration of Employment Opportunities	Experiences in Career Decision Making	Experiences to Help Students Integrate Work Values and Work Skills into their Lives
7			
8	Careers Exploratory	Careers Exploratory	Careers Exploratory