## – "28 Days To A Client" –

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <b>V/X</b>	1	Wake up at 8:00
2. <b>V</b> /X	1	Drop 100 push ups
3. <mark>/</mark> /X	1	Morning powerup
<b>4</b> . <b>/</b> / <b>×</b>	1	Finish first draft of the free value
5. <mark>//</mark> /	1	Send 10 outreach
6. <mark>/</mark> /X	1 -	Find prospects
<b>7.</b>	1 -	Write for 30 minutes
8. <mark>V</mark> /X	1.	Break down 1 professional copy
9. <mark>//</mark> /X	2 -	Write for 20 minutes
<b>10. /</b> / <b>X</b>	2 -	
11. 🔽/🗙	2 -	
12. <mark>V</mark> /X	2 -	
<b>13</b> . <b>/</b> / <b>×</b>	2 -	
<b>14.</b>	3 ·	
<b>15. /</b> / <b>×</b>	3 ·	
<b>16</b> . <b>/</b> / <b>×</b>	3 ·	
<b>17</b> . 🔽/🗙	3 ·	
<b>18.</b>	3 ·	Send outreach
<b>19.</b>	3 ·	Complete free value
20. <b>V</b> /X	3 ·	Break down professional copy

#### **Day Number:2**

Date: march 24

#### Start Of The Day - Time:

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	To be the part of TRW
2.	My parents
3.	The mind set i have



## [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

## **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

## 5. I Am The Best Copywriter In The World!

# (Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 1 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 2 am: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 3 am: Task \$	
A Intention A	
/ Reflection /	
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\$ 4 am: Task \$	
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🔔 Intention 🔔		
/ Reflection /		
\$ 5 am: Task \$		
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🔔 Intention 🔔		
/ Reflection /		
\$ 6 am: Task \$		
🔔 Intention 🔔		
/ Reflection /		
<b>.</b>		
\$ 7 am: Task \$		
🔔 Intention 🔔		
/ Reflection /		
<b>A - - - A</b>		
\$ 8 am: Task \$	Wake and drop 100 push ups	
🔔 Intention 🔔		
/ Reflection /		

\$ 9 am: Task \$	Write the 6 emails for a prospect	
🔔 Intention 🔔		
/ Reflection /		
		-
\$ 10 am: Task \$		
🔔 Intention 🔔		
/ Reflection /		
	<u>'</u>	
\$ 11 am: Task \$		
🔔 Intention 🔔		
/ Reflection /		
		-
\$ 12 am: Task \$	Lunch	
🔔 Intention 🔔		
/ Reflection /		

\$ 1 pm: Task \$	Start finding prospect
🔔 Intention 🔔	
/ Reflection /	
\$ 2 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 3 pm: Task \$	Start making and sending outreach
🔔 Intention 🔔	
/ Reflection /	
\$ 4 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 5 pm: Task \$	
🔔 Intention 🔔	
	<u>.</u>

/ Reflection /		
	<del>-</del>	
\$ 6 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
\$ 7 pm: Task \$	Break down 1 sales page	
🔔 Intention 🔔		
/ Reflection /		
\$ 8 pm: Task \$	Review 1 copy	
🔔 Intention 🔔		
/ Reflection /		
\$ 9 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		

\$ 10 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 11 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
\$ 12 pm: Task \$	
🔔 Intention 🔔	
/ Reflection /	
	End-Of-The-Day Report:
	◎ What Did I Learn Today?

I did better then yesterday

™What Do I Plan To Do Differently Tomorrow?™	
I will do everything i had in half of the time	
What Do I Plan To Do The Same Tomorrow? NEW	
Send outreach and break down 1 professional copy	
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■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 区	_
j∕What Tasks Were Left Undone?j∕	
	_
	_

**Brain Dump:**