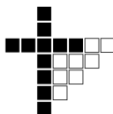




DISCIPLESHIP TRAINING

FALL 2025
3rd-5th Grade



St. Luke Lutheran Church

Discipleship Training

Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. (Deuteronomy 11:19)

As an integral part of the mission and ministry of St. Luke Lutheran Church, the Discipleship Training program is offered to extend the efforts of parents by providing opportunities for disciples from children in grades three to eight through parents to develop a deeper relationship with God and others, to grow in their knowledge of the Bible with an emphasis on Lutheran doctrine, and to acquire the spiritual discipline to lead their lives according to Christian beliefs.

Lead Staff Member

Pastor Sutton – pastortsutton@knowingJesus.org

Meridian Campus Teachers

6-8th Grade

Pastor Sutton: pastortsutton@knowingJesus.org

Pastor Stainbrook: pastormstainbrook@KnowingJesus.org

Vicar Jarod: jvorseth@KnowingJesus.org

3-5th Grade

Elizabeth Sutton: suttonrelizabeth@gmail.com

Christ Campus Teachers

Pastor Stainbrook: pastormstainbrook@KnowingJesus.org

Pastor Elamin: pastorebanjor@KnowingJesus.org

Pastor Yohannes: pastorzyohannes@KnowingJesus.org

Fall Schedule

FALL 2025

DISCIPLESHIP TRAINING

Schedule + Sequence

SEPTEMBER

FAMILY STUDY WEEK

September 14-20

OCTOBER

FAMILY STUDY WEEK

September 28 - October 4

FAMILY STUDY WEEK

October 12 - 18

IN PERSON CLASS

September 10 | 6:30pm-8:00pm (MC)

September 13 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

September 24 | 6:30pm-8:00pm (MC)

September 27 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

October 8 | 6:30pm-8:00pm (MC)

October 11 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

October 22 | 6:30pm-8:00pm (MC)

October 25 | 5:00pm-6:30pm (CC)

Classroom Sessions

Classroom sessions (in person class) are a time for students to gather with peers and learn the basics of the Christian faith.

Classroom sessions are 1.5 hrs. long. **NOTE: Please attend classes at the same campus through the term.** If you need to switch campuses in the middle of the term, please let the church know.

Meridian Campus (Wednesday @ 6:30-8:00pm)

September 10 - September 24 - October 8 - October 22

Christ Campus (Saturday @ 5:00-6:30pm)

September 13 - September 27 - October 11 - October 25

Family Sessions

Family sessions are a time for families to gather together to study and apply God's Word. Families are free to do these studies at any day/time that is convenient. The study may be done all at once or over the course of a few days. Family sessions take roughly 1 hr. to complete.

Family Session #1 - September 14-20
Family Session #2 - Sept. 28 - October 4
Family Session #3 - October 12-18

Objectives

- Gain appreciation and understanding of the Holy Scriptures
- Understand the central teachings of the Lutheran Church
- Express willingness and ability to confess the Christian faith
- Understand the church is the Body of Christ and it functions through service to one another
- Identify appropriate service both in the church and the community, and accept the responsibility to fulfill that service
- Understand Christian growth is a lifelong process - a pattern for a life of faith
- Understand Christian growth takes place through worship, fellowship, discipleship, ministry, and evangelism

- Integrate the Bible and the Christian tradition into their lives

Curriculum

These three years (3rd-5th Grade) prepare students for Confirmation in 6th-8th Grade. The Discipleship Training curriculum covers:

- Six Chief Parts of the Christian Faith
- Training in Reading the Bible
- Training in Personal Devotion/Disciplines
- Training in Servanthood and Purity

Transportation

Please contact the office or a teacher if you have difficulty getting your student to our classes. We are willing to help with transportation if needed. Carpooling is also suggested.

Sickness

If your child is ill, please keep him/her home from classes. A call to the teacher or the church office will be appreciated so we know what to tell his/her classmates. We would also like to be able to pray for your child when absent.

Weather

In the case of inclement weather, an email will be sent out by 1pm on the day of class to alert you that class is cancelled. The email will be sent to the address given on your children's registration form. If no email is sent, assume that we will have class as normal.

Discipline Policy

Should disciplinary action be required, the following steps will be taken:

1. Parents will be notified when a problem occurs. A phone call will be made, and the situation will be discussed in detail.
2. A meeting of the parents, student, and teacher will be the final step in finding a solution.

Classroom Session #1: The Bible and the First Table of the Law

- Getting to know each other
- Basics of the Bible
- Commandments 1-3
 - Our relationship with God

NOTES:

Family Session #1: Learning God's Word

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

GETTING TO KNOW GOD'S WORD

Have each person in the family share the following:

- What is your favorite story in the Bible?
- Why do you like this story from the Bible?
- What is the most challenging book of the Bible?
 - o Why do you find this book so challenging?

Read John 20:30-31. According to these verses, what is the purpose of the Bible?

- If you could use only one word to describe the Bible, what word would you use?
- Why did you choose that word?

Read 2 Timothy 3:16-17. How can we use the Bible in the following ways?

- Teaching
- Correcting our mistakes
- Training us to live God's way

THE BIBLE IN DAILY LIFE

In Hebrews 4:12 we hear: "For the word of God is living and active.."

- In what ways have you personally experienced the power of God's Word?
 - What is your personal practice of Bible reading?
- In what ways have you as a family experienced the power of God's Word?
 - What is your family's practice of Bible reading?

WRAPPING UP

Close with prayer. One person in the family can lead the prayer or you can pray the Lord's Prayer together.

Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Classroom Session #2: The Second Table of the Law

- Continue the 10 Commandments
 - o Our relationship with others

NOTES:

Family Session #2: Applying the Ten Commandments

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

THE TEN COMMANDMENTS IN SCRIPTURE

What are some family rules that everyone in the household follows?

- Why does your family have rules?
- Which of these rules do other families have as well?

- Which of these rules are unique to your family?

Read Exodus 20:1-2. What happened to Israel earlier in the Book of Exodus? (Hint: Exodus 1:1-11, Exodus 12:51, Exodus 14:21-22)

- In what ways is God our Father? In what ways are we the children of God? How are we – both God and us – like a family?
- Why might God remind His people of who He is and what He has done for them before He gives the Ten Commandments?
- Read Exodus 20:3-17. What are some examples of how we break these commandments? What are some things that we should do when we realize that we have broken one of God's commandments? (Hint: Jesus!)

THE TEN COMMANDMENTS IN DAILY LIFE

Read Romans 13:10 and Questions #15-17 (pg. 55) in the Small Catechism.

- Have each person in your family share his or her own definition for the word "love."
- What are some ways in which God has shown His love for you?
- How does God's love for you lead you to have love for Him?
- How do you individually live out your love for God?
- How do you as a family live out your love for God?

WRAPPING UP

Close with prayer. One person in the family can lead the prayer or you can pray the Lord's Prayer together.

Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Classroom Session #3: Concluding the 10 Commandments

- Conclude and Review the Ten Commandments
 - The First Table of the Law
 - The Second Table of the Law

NOTES:

Family Session #3: Praying as Jesus Taught Us

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

GETTING TO KNOW THE LORD'S PRAYER

Have each person in the family share the following:

- When do you pray the Lord's Prayer?

Watch the Discipleship Training Lord's Prayer videos on the St. Luke Website. For this study, you will want to watch Session 1, Parts 1-3 and Session 2, Part 1. Link: Knowingjesus.org/messages/teaching-videos.

Read Matthew 6:9-13. Elsewhere in the Gospels, we hear that the disciples asked Jesus how to pray. Why do you think Jesus' disciples would ask for guidance in prayer? Who taught you how to pray?

Our Father who art in heaven

- How is God like our earthly fathers?
- How is God different from our earthly fathers?
- Read and discuss 1 John 3:1

Hallowed be Thy name

- How do we keep God's name holy? How do we make God's name unholy?
- How can we praise his name?
- Read and discuss Psalm 103:1

Thy kingdom come

- How is God's kingdom coming into your life and family?
- How is God's kingdom coming into our community through the church?
- Read and discuss 2 Thessalonians 3:1

Thy will be done on earth as it is in heaven

- How is God's will being done in your family?
- How is God's will being done in the world?
- Read and discuss Psalm 119:35

WRAPPING UP

Close by praying the Lord's Prayer together.

Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Classroom Session #4: The Power of Prayer

- What is Prayer?
- Why do we Pray?
- Introduction to the Lord's Prayer
 - 1st Petition
 - 2nd Petition

NOTES: