

Aug 30, 2021

Dear Parents/Guardians;

With the return to full in person learning for all students in public schools, a review of when to keep your student home is warranted. With the concerns surrounding the Delta variant, it remains important to do the daily screening prior to coming to school every day and staying home if you're sick. The school requires negative test results to return to school if you have potential Covid-19 symptoms. The following are symptoms that can be associated with Covid-19 and require a negative Covid test to return. It must be done by a health professional in order to be accepted but can be either a PCR or antigen:

- Fever over 100.0 degrees
- Body chills without fever that won't go away
- Cough (with unknown source. Does not include those from diagnosed allergies or asthma)
- Sore throat (again, does not include those from diagnosed post nasal drip due to allergies)
- New muscle or body aches of unknown cause
- New loss of taste or smell
- Extreme fatigue with unknown cause
- Shortness of breath or difficulty breathing
- Nasal congestion or runny nose (not associated with diagnosed allergies)
- Headache (with another symptom)
- Extreme nausea (not from diagnosed anxiety disorder)
- Vomiting and/or diarrhea

Students that stay home from school for other reasons will be considered absent. All symptomatic absences will need to be cleared by the school nurse in order to be excused. If you are unsure if your student should go to school or stay home, please contact your school nurse, Please discuss with her any health concerns you have to prevent unnecessary absences. Please don't hesitate to reach out with any questions.

Thank you!