

## Resource List

# Cultural Wellness Directory

## Mission Statement

The African American Leadership Forum (AALF), the Cultural Wellness Center, and Relationships LLC. are coming together in a unique partnership. Building on each organization's strengths, this collaboration will unleash the power of citizens to heal themselves and to build community. It is this position of bringing a unified voice that AALF and its community partners, the Cultural Wellness Center and Dr. Reid, offers its services to the City of Minneapolis' Division of Race and Equity to design and implement a process that tracks the ReCAST program objectives as stated in the Trauma and Resilience Services & Capacity Building RFP.

Recovering Resilience and building the Capacity of Cultural Practitioners to Service African American, Indigenous and people of color communities. In 2016, the City of Minneapolis was selected to participate in the Resilience in Communities after Stress & Trauma (ReCAST) Program through a multi-year grant from the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA). ReCAST is intended to assist youth in high-risk geographies and their families and promote resilience and equity in communities that have recently faced civil unrest through implementation of evidence-based violence prevention and community youth engagement programs, as well as linkages to trauma-informed behavioral health services. SAMHSA created the ReCAST Program to support communities that have lived through demonstrations of mass protest in response to police-involved shootings of unarmed African-American males. It is also intended to help those communities with high rates of violence develop trauma-informed approaches.

## Resource Services

- Search directory for services with filter options by race, sex, creed, religion and many more

## Contact Information

[www.culturalwellnessdirectory.com](http://www.culturalwellnessdirectory.com)

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