Present Simple vs Present Continuous

Время	Образование	Когда используем?	Маркеры (слова-подсказки)	Примеры
Present Simple	+ S + V ₁ / V ₁ +s/es + O. - S + don't/doesn't + V ₁ + O. ? Do/Does + S + V ₁ + O?	 Постоянные действия, привычки. Факты, законы природы, истины. Расписания (уроки, транспорт). Спортивные комментарии, инструкции. Эмоции и состояния (like, love, hate, know, want). 	always usually often sometimes seldom rarely never every day/week/month/year on Mondays once/twice a week	She works at school. I brush my teeth every morning. The Earth goes around the Sun. The train leaves at 8:30 AM. Messi kicks the ball and scores! I love chocolate ice cream
Present Continuous	+ S + am/is/are + V-ing + O. - S + 'm not/isn't/aren't + V-ing + O. ? Am/Is/Are + S + V-ing + O?	 Действие происходит <i>сейчас</i>, в момент речи. Временные ситуации. Раздражение с <i>always</i> Запланированные действия на будущее. Изменения и процессы. (become, get, grow) 	now right now at the moment at present today this morning/afternoon this week/month these days still	He is reading a book now. She is staying with her aunt this week. He is always losing his keys! We are going to the cinema tonight. The climate is getting warmer.