

Meta Description tag

Find the **best running visor** to keep you cool and shaded during your running sessions. Use **running visors** to your advantage!

6 Best Running Visors in 2023

Do you know what you need to make running even better than it is already? You need the **best running visor** to keep you cool and focused on your workout.

There's nothing better than running outside, is there? The fresh air, the sun beaming down on you, the trees, the nature... Nothing like it. Although, now that I think about it some more, that sun shining straight into your face and eyes can be annoying. Sure, it's nice for the first few moments. But then you realize that it's kind of hard to even keep your eyes fully open, let alone focus on your form and the nature surrounding you.

A visor can come in handy in a situation like this, don't you think? I mean, you could wear some type of sports sunglasses, but those can make you sweat like crazy because plastic isn't very famous for its breathability. No... You need a **wide brim visor for running**.

Well, you've come to the right place because I have six of them to share with you, and they're the absolute best you can find.

Visor up!

PRODU CT	AVERAG E SCORE	MATERI AL QUALIT Y	SIZE	PRICE/Q UALITY	COMFO RT	COLOR DIVERSI TY
Nike Men's Dri-FIT AeroBill Visor Black	4.8	5	4.6	5	4.9	4.5
Under Armour Men's Launch Run Visor	4.7	5	4.6	4.7	4.6	4.5
Adidas for Women	4.6	4.7	4.4	5	4.5	4.6
Adidas Men's Superlite 2	4.6	4.6	4.2	4.7	4.5	5

Performance Visor						
New Balance Men's and Women's Sports Performance Visor	4.6	4.5	4.4	4.7	4.4	4.9
ASICS Unisex Mad Dash Visor Running Accessories	4.2	4.1	4.3	4.6	4.1	4.1

Top 6 Best Running Visors in 2023 Reviewed

1. [Nike Men's Dri-FIT AeroBill Visor Black](#) – Top Pick
2. [Under Armour Men's Launch Run Visor](#) – Best for Men
3. [Adidas for Women](#) – Best for Women
4. [Adidas Men's Superlite 2 Performance Visor](#) – Budget Pick
5. [New Balance Men's and Women's Sports Performance Visor](#) – Best for Ultrarunners
6. [ASICS Unisex Mad Dash Visor Running Accessories](#)

1. [Nike Men's Dri-FIT AeroBill Visor](#) – Top Pick



[CHECK LATEST PRICE](#)

Of course, I'll be starting off with my favorite — the AeroBill **running visor for sweat**. Looking at the description in which Nike claimed it has certain technology and features, I honestly thought they were just really trying to sell this thing. Luckily, I was wrong, and the visor met my expectations.

Material: 100% polyester

Size: One size

Machine Washable: Yes

Sex: Men

Price/Quality: Good value for money

Type of Clasp: Snap

Comfort: Very good

Product Benefits/Use For: Running

Special Features: Perforations for breathability

Color: Black

The two main factors to look for in a visor are breathability and comfort. I don't want to be sweating like crazy during my workout, and I also don't want the visor to be tight or uncomfortable because I won't be able to focus on running.

Well, I'm happy to say — it's comfortable and breathable. You'll notice it has these tiny little holes all over it, and it's not for the looks. They make it breathable, which makes a big difference when running in warm weather.

The back strap is adjustable, but the visor runs a bit large. There's only one size available, so if your head is smaller, it could be an issue, even with the strap.

Another great thing I noticed — no visor hair with this one! You know what I mean, when you take your visor off, and your hair shows exactly where it's been, and it's kind of dented. I haven't noticed that it ever happened with this one.

If the size is not an issue for you, I highly recommend adding it to your running accessories collection.

Average Score: 4.8

Material Quality: 5

Size: 4.6

Price/Quality: 5

Comfort: 4.9

Color Diversity: 4.5

Positives:

- ✓ Holes for breathability
- ✓ Wicks away sweat
- ✓ Stylish look
- ✓ Does not make dents in your hair after wearing it

Could be better:

- × Runs large

2. Under Armour Men's Launch Run Visor – Best for Men



[CHECK THE LATEST PRICE](#)

Next on our list is the **best mens running visor** I've come across so far. It was designed to accommodate the larger head sizes that men usually have compared to women. The fit is absolutely perfect, and it feels very comfortable.

Material: 100% other fibers

Size: One size

Machine Washable: Yes

Sex: Men

Price/Quality: Good value for money

Type of Clasp: Pull-on

Comfort: Very good

Product Benefits/Use For: Running

Special Features: Iso-chill fabric to keep you cool

Color: Black, Grey, White

I'll get right into my favorite thing — the Iso-Chill sweatband. At first, I thought something like this had to be a gimmick, but I was very wrong (and I was happy to be wrong!). Under

Armour uses a special fabric that combines flat yarn and [titanium dioxide](#). This **sun visor for running** actually disperses body heat and absorbs UV rays. Not only does it keep you cool, but it also feels cool to the touch.

Needless to say, the fabric feels very comfortable against the skin. It's breathable, so you don't need to worry about sweat dripping all over your face.

The closure is adjustable, but the strap itself is really big. It's great for adjustments because you can make it as tight or loose as you want. But if you have a smaller head, you'll probably need to tuck the strap in, or it will flail around.

Average Score: **4.7**

Material Quality: 5

Size: 4.6

Price/Quality: 4.7

Comfort: 4.6

Color Diversity: 4.5

Positives:

- ✓ Absorbs UV rays
- ✓ Disperses body heat
- ✓ Stretchy

Could be better:

- × The strap in the back is very long

3. Adidas for Women – Best for Women



[CHECK THE LATEST PRICE](#)

Next on the list we have the **best running visor for women**. It's very comfortable and made out of a light material, which will help prevent hair breakage. Let's take a closer look at why it earned this badge and what makes it so good!

Material: 93% Polyester, 3% Natural Latex Rubber, 2% Spandex, 2% Nylon

Size: One size

Machine Washable: No

Sex: Women

Price/Quality: Good value for money

Type of Clasp: Hook and loop

Comfort: Good

Product Benefits/Use For: Running

Special Features: Non-glare undervisor

Color: Black, Grey/Rose gold, White/Silver

This elegant visor is sure to catch a lot of attention. It looks sleek but also has quite a bit to offer.

It's made from mesh material, so it's breathable and keeps you safe from overheating. Your

head being cool during running is a big thing! The mesh fabric is also superb at absorbing sweat; no dripping with this one.

It also has a non-glare undervisor, which will help you improve visibility. Glare can be extremely annoying (not to mention dangerous) and can take your focus off running, so you should always choose something that can take care of that.

This **women's running visor** comes in 3 different colors and is adjustable, so you can make it fit perfectly.

It's not machine washable, though. You'll need to hand wash it to keep it looking pretty (and safe from damage). That can be a hassle, especially if you're using it frequently. It doesn't take away from how amazing it is generally, but it's something to keep in mind.

Average Score: 4.6

Material Quality: 4.7

Size: 4.4

Price/Quality: 5

Comfort: 4.5

Color Diversity: 4.6

Positives:

- ✓ Non-glare undervisor
- ✓ Lightweight
- ✓ Available in 3 colors

Could be better:

- ✗ Not machine washable

4. [Adidas Men's Superlite 2 Performance Visor](#) – Budget Pick



[CHECK THE LATEST PRICE](#)

I'm sure some of you just don't want to spend that much money on a visor but still want a name-brand and good quality. Adidas thought of you and made a visor that's affordable AND high-quality!

Material: 98% Polyester, 2% Spandex
Size: One size
Machine Washable: No
Sex: Men
Price/Quality: Excellent value for money
Type of Clasp: Hook and loop
Comfort: Good
Product Benefits/Use For: Running
Special Features: Non-glare undervisor
Color: 14 colors to choose from

If you were just reading the last review and thought to yourself, "Man, I want something with a non-glare undervisor!", look no further! This one will ensure you never have to squint while running because of its undervisor.

Also, check out that color selection! 13 different colors are available. You don't see this very often, especially not with name brands. Usually, you'll see your regular black, white and grey, but if you want a vibrant color — this has you covered.

The mesh material is great for airflow and lets sweat evaporate easily. It's also good at absorbing it.

The best thing about this visor is not the color selection or the undervisor. It's how light and comfortable it is! The fabric is stretchy, so you can make the fit tighter without it bothering you. You'll also barely feel it on; it's that light!

The front part of the visor is something I think needs a bit of tweaking. It's a little too narrow for my taste and looks more like something you would find on a woman's visor. It's still functional, but I would really like to see a wider front.

Average Score: 4.6

Material Quality: 4.6

Size: 4.2

Price/Quality: 4.7

Comfort: 4.5

Color Diversity: 5

Positives:

- ✓ Non-glare undervisor
- ✓ Great at absorbing sweat
- ✓ Very stretchy, so it can be fitted perfectly

Could be better:

- ✗ The front is a bit too narrow

5. New Balance Men's and Women's Sports Performance Visor – Best for Ultrarunners



[CHECK THE LATEST PRICE](#)

Ultrarunners, I have a treat for you! Out of everything on this list, this visor is currently the best you can find for yourselves, and it's the **best visor for sun protection.**

Material: 90% hydrophilic poly/10% spandex

Size: One size

Machine Washable: No

Sex: Men and women

Price/Quality: Good value for money

Type of Clasp: Hook and loop

Comfort: Good

Product Benefits/Use For: Ultrarunners

Special Features: Wide brim

Color: 8 colors to choose from

The way this visor absorbs sweat is pretty incredible. It keeps your skin dry, absorbs all sweat, and does not stick to your forehead. I notice that some visors tend to do that, and it's not the most comfortable thing in the world. It may be a silly thing to notice, but I feel like it affects the comfort level. So, the fact that this one never sticks is cool.

Speaking of cool — the material is very breathable, and the brim is very wide. I really appreciate how the brim was designed because the way it sits low and how wide it is, offers great sun protection. If you want, you could easily wear sunglasses with this, and the brim would not be in the way.

The Velcro closure works great and will not fall apart even after using it for a long time. Just make sure to hand wash the visor, don't toss it in the washer machine.

If you're a fan of early-morning or late-night runs, the reflective logo will keep you safe; trust me, everyone can see it.

Now, when I compare this visor with others on my list, I have to admit it feels slightly heavier. It's nothing drastic, just something to keep in mind if you want something extra lightweight; because this isn't it.

Average Score: 4.6

Material Quality: 4.5

Size: 4.4

Price/Quality: 4.7

Comfort: 4.4

Color Diversity: 4.9

Positives:

- ✓ Wide brim
- ✓ Suitable to wear with sunglasses
- ✓ Reflective logo

Could be better:

- × Heavier compared to some of the other visors on the list

6. [ASICS Unisex Mad Dash Visor Running Accessories](#)



[CHECK THE LATEST PRICE](#)

The last visor on the list deserves to be mentioned because it's all you could want from a visor — it's breathable, stays on well, and does not get squished when you toss it in a bag.

Material: 100% Polyester

Size: One size

Machine Washable: Yes

Sex: Men and women

Price/Quality: Good value for money

Type of Clasp: Easy pull adjustable back

Comfort: Good

Product Benefits/Use For: Running

Special Features: Dark undervisor

Color: Black

The moisture-wicking properties of this one are amazing, and your skin will always feel dry. If your runs are intense, you'll appreciate this.

It's suited for both men and women, and the adjustability is phenomenal. The easy pull strap makes adjusting the size super easy, and you can even do it with one hand if you need to.

You'll notice mesh panels placed on the visor, which were placed there on purpose to make the fabric breathable and to keep you from overheating.

All in all, this is fantastic, but what would make it perfect is if it was slightly softer and more flexible. It feels stiff and doesn't seem like it can be broken in to make it softer.

Average Score: 4.2

Material Quality: 4.1

Size: 4.3

Price/Quality: 4.6

Comfort: 4.1

Color Diversity: 4.1

Positives:

- ✓ Easy to adjust the size
- ✓ Great sweat absorption
- ✓ Unisex fit

Could be better:

- × Feels a little stiff

5 Benefits of Using a Visor

Although they look cool, visors are more than just a fashion accessory. Sure, it can enhance your outfit, but a visor is a very functional piece of fitness equipment.

1. Protection From the Sun

The sun beaming down straight into your eyes and face is more than just uncomfortable; [UV rays are harmful](#). The visor will block direct sunlight and protect your skin and your eyes.

2. Improved Visibility

Visors have a wide brim that helps reduce glare. Many of them also have dark undervisors, which are especially helpful if you are out running on a bright and sunny day.

3. Breathability

You'll notice that most of the visors have either mesh panels or strategically placed holes in the fabric, which allows for heat to dissipate and sweat to evaporate.

4. Sweat Absorption

Nobody likes to have sweat drip into their eyes while running, and a visor helps with that. Most are made of moisture-wicking materials, which are great at absorbing sweat and keeping your skin dry.

5. Comfort

Visors are very lightweight and much less constrictive than most other head accessories, making them more comfortable than hats or caps.



1. Size

You want your visor on your head tight. You don't want it flopping around during your running session, or it flying off your head at the slightest gust of wind. But then again, you also don't want the visor so tight that it cuts off your circulation. While most visors have some adjustability to work with — ensure that it is the right size and fit.

2. Durability

When buying a new visor, look for one made of quality materials, quality stitching, and reinforced areas that won't fall apart after frequent use or washing.

3. Material

[Polyester](#) and [nylon](#) are the best materials for visors because those keep your skin dry and cool. [Elastane](#) is also a nice addition that makes the visor stretchy.

4. Sun Protection

This is one of the most crucial aspects; [you want to protect your skin from UV rays](#). You want visors with wide brims, so look for those to get the best protection from the sun.

5. Adjustability Options

Most visors are one-size-fits-all, so make you choose one that's adjustable. Velcro, straps, hooks, and loops. All of that makes a visor adjustable.

6. Band

Some visors have elastic bands that make them stretchy and soft. On the other hand, some are padded to make them extra comfortable and to improve sweat absorption. Decide what's a priority for you, and then choose a band that matches it.

7. Price/Quality

Try to find a balance between price and quality, and don't go for the cheapest option without researching its features and reading reviews.

Frequently Asked Questions

Are visors good for running?

Visors are great for running! They keep your skin cool and dry and protect you from the sun. If you're used to running outside without a visor, you'll notice a big (and very positive) difference if you decide to use it.

Is it better to wear a visor or a hat?

It really depends on you; decide what your priority is and then make a choice. Visors are great because they're more breathable and allow more airflow to the head, but a hat will protect you from the sun more than a visor will.

Conclusion

I hope that this article taught you something valuable and that it has increased your running perspective. Perhaps even, you had an overall visionary experience. And that I've been a good advisor in all of this. Ad-visor, get it? Ok, moving on.

Jokes aside — after extensive testing and researching, the Nike Men's Dri-FIT AeroBill Visor is the cream of the crop. You'll get a great quality, durable **sun visor for running** at a very reasonable price.

What do you think about visors? What's the **best visor for running**, according to your experience? Do you prefer hats? Do you have a favorite among the **running visors (mens)** that were recommended in this article?

That's all for today.

Running out! *(With my Nike Aerobill visor on!)*