There is an ongoing debate about whether cats are better than dogs. Although many people are unable to decide, it is distinctly obvious that dogs are more suitable than dogs as pets for various reasons. Dogs are more active than cats and they provide companionship in times of stress. In this essay, I will delve deeper into the reasons why.

First and foremost, dogs are able to help their owners maintain a daily fitness routine. Since dogs themselves need to take a walk daily, they tend to force their owner to walk. Cats, on the other hand, spend half of the day lying in bed or watching television. Studies show that humans who have dogs as pets are 63% more fit than those who own cats. To illustrate, instead of waking up and embracing the lovely sunrise while walking your dog, you wake up to see your cat rolling around like a baby in its cradle. Who would want a pet that keeps you indoors and makes you less active? It is therefore evident that dogs make better pets than cats.

In addition, dogs can relieve stress, which cats are unable to. They do this just by paying attention to their owners' needs and providing companionship. Cats are incapable of this since they tend to just be pampered and relieve their own stress instead of their owners'. Surveys show that 79% of cat owners reported that, 'my pet has not been helpful in any aspect as it just lies down all day.' Imagine a cat that takes advantage of you for its own gain and never helps relieve you of your biggest worries. Get a dog anyday and it will always help you out! Hence, dogs evidently reduce stress and are the best pets for anyone.

Finally, let me tell you a story. At school, I had a friend called Bugs Funny. He used to always whine on how his cat was the worst pet he ever got. One day, I recommended that he should get a dog as soon as possible. I explained all the benefits of a dog, and then the next day, he came to school blurting out information on his new dog. He went on for hours on how much better his dog was than his cat. If you want to be like Bugs Funny and live an ecstatic life, dogs are the best solution.

To sum up, although some may argue that cats are better than dogs, statistics expose the truth. Dogs are better than cats since they help us maintain fitness regimes and offer fellowship. The day you decide to get a dog, is the day your entire life changes.