

~ Recommendations I Swear By ~

Sleeping:

- Touch Night Light:
<https://www.amazon.com/dp/B07YB1LQDS?tag=bl-reg-baby-offers-we-20&th=1>
- Swaddle: (We tried every kind! These were the best and they convert to sleep bag, swaddle part is detachable.)
<https://kytebaby.com/collections/sleep-bag-swaddler>
- Sleep Bag:
<https://kytebaby.com/collections/all-sleep-bags>
- Sound Machine:
<https://www.amazon.com/dp/B06XMRCC94?tag=bl-reg-baby-offers-we-20&th=1>
- Crib Mattress:
(SIDS was a big fear of mine, so this is the only one that gave me peace-of-mind. Plus, my son now sleeps on his face...This is also SUPER easy to clean if there's a mess and it'll last them through a toddler bed.)
<https://www.amazon.com/dp/B00WR958TA?tag=bl-reg-baby-offers-we-20&th=1>
- Waterproof Mattress Protector:
<https://www.amazon.com/dp/B078Z2RD1D?tag=bl-reg-baby-offers-we-20&th=1>
- Crib Sheets:
<https://kytebaby.com/en-ca/collections/crib-sheets-mini-crib-sheets>
- Mini Crib:
(Instead of bassinet. The bassinet moved way too much, making the startle reflex even worse. We ditched the bassinet after two weeks of terrible sleep and he slept through the entire night after we switched to a mini crib. We got one that folds and fits in the back of the closet when the baby is ready to transition to a full size crib. Get one with wheels so you can bring it to the living room with you during the day!)
- Nursery Camera:
Non-wifi (This is the one I got, but if you want a Wifi one, then Nanit is great.)
https://www.target.com/p/-/A-80641472?clkid=8169602aN3d9a11f0b155bbc49789a668&cpng=PTID1&lnm=81938&afid=BabyList%20Inc&ref=tgt_adv_xasd0002

- Magnetic Me Footies: (A lifesaver for those first 4 months! They do run large, so they last a while.)
[https://magneticme.com/collections/footies-coveralls?page=2#/filter:variant_size:NB\\$2520\(5-8\\$2520lb\)/filter:tags_fabric:Modal](https://magneticme.com/collections/footies-coveralls?page=2#/filter:variant_size:NB$2520(5-8$2520lb)/filter:tags_fabric:Modal)

Breastfeeding:

- Breast Pump:
Elvie OG Pump (Wearable) was better for me than the **Spectra S1**. Both were great, but freedom to move around while pumping was a game changer. *It's a matter of preference!*
- Manual Breast Pump: (Yes you will need it!) (I took the Medela one from the hospital.)
<https://www.amazon.com/dp/B08H9QJVNZ?tag=bl-reg-baby-offers-we-20&th=1>
- Milk Storage:
<https://www.amazon.com/dp/B00IIRY2RE?psc=1&tag=bl-reg-baby-offers-we-20&th=1>
(OR if you get the Medela manual pump then [these](#) so they can attach directly.)
- Milk Collection Cups:
The Elvie for easy collection, I used this a TON:
<https://www.amazon.com/dp/B08HSNW53Y?psc=1&tag=bl-reg-baby-offers-we-20&th=1>

ALSO – The Hakaa later on, particularly for clogged ducts:

<https://a.co/d/hyznoXW>

- Gel Pads:
<https://www.amazon.com/dp/B0011ECPA2?psc=1&tag=bl-reg-baby-offers-we-20&th=1>
- Nipple Butter:
<https://a.co/d/7GcDiZD>
- Silverettes: (You'll want these if you breastfeed)
<https://www.amazon.com/dp/B00D4MWKNQ?tag=bl-reg-baby-offers-we-20&th=1>
- Nursing Bra: (the best, especially to sleep in. they have a nursing bra with clips too.)
https://kytebaby.com/products/womens-cross-front-bralette-in-latte?variant=42337808187503&country=US¤cy=USD&utm_medium=product_sync&utm_source=google&utm_content=sag_organic&utm_campaign=sag_organic&utm_source=google&utm_medium=paid&utm_campaign=21867513059&utm_content=&utm_term=&gadid=&gad_source=1&gad_campaignid=21867514202&gbraid=0AAAAAC71B4uN3aQ4S0QJI7BloVI6aUUI_&gclid=CjwKCAjwi-DBBhA5EiwAXOHsGSxNihCh2gjFg58FZwipPYyBkavwPYRHqCilU5xUnipFhd5l-dx3RoCTFgQAvD_BwE

- Reusable Nursing Pads: (Great for sleep.)

https://www.amazon.com/dp/B0CHJDLNK2?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1

- Breastfeeding Pillows:

(I needed both. The Boppy was harder to use for a newborn, but super useful as they get older.)

My Brest Friend: (0-3 months)

<https://www.amazon.com/dp/B00PC3K7OE?tag=bl-reg-baby-offers-we-20&th=1>

ALSO –The Boppy: (4 months + and now he uses it to prop himself up to drink a bottle.)

<https://www.amazon.com/dp/B09R8YVCH8?tag=bl-reg-baby-offers-we-20&th=1>

Eating/Drinking:

- Bottle Warmer:

<https://www.amazon.com/dp/B0BY26RDWQ?psc=1&tag=bl-reg-baby-offers-we-20&th=1>

- Portable Bottle Warmer:

https://www.amazon.com/Babys-Brew-Portable-Warmer-Pro/dp/B08KWQV6LB?ref=ast_store_dp

- Burp Cloths: (Just get these. Trust me.)

<https://www.amazon.com/dp/B0CM8M9T2H?psc=1&tag=bl-reg-baby-offers-we-20&th=1>

- Cup (for learning to drink):

<https://www.amazon.com/dp/B07VJJYLJ8?tag=bl-reg-holi-offers-we-20&th=1>

- Straw cup (for learning to drink through straw):

<https://www.amazon.com/dp/B09SZ3P6BJ?tag=bl-reg-holi-offers-we-20&th=1>

- Bottle Washer: (*Not a necessity*, but definitely a huge help on your hands if you're also washing pump parts.)

<https://www.amazon.com/dp/B0CWLHKQNT?psc=1&tag=bl-reg-baby-offers-we-20&th=1>

- Bottle Sterilizer: (*Not a necessity* unless you have an immunocompromised baby, but if you need it this one was great. Worth buying used for the price.)

<https://a.co/d/6zayR6d>

- Bibs for eating:

<https://www.target.com/p/tiny-twinkle-mess-proof-and-waterproof-baby-food-bib-for-boys-or-girls-machine-washable-and-bpa-free-w-adjustable-closure/-/A-1001653749?preselect=1001653762#lnk=sametab>

ALSO – this version for when they start to want to pull bibs off

<https://a.co/d/1RFBrgL>

ALSO – long sleeve bibs

<https://www.target.com/p/tiny-twinkle-mess-proof-waterproof-2-pack-long-sleeve-baby-bib-machine-washable-smock-for-eating/-/A-1001653844?preselect=1001653876#lnk=sametab>

Toys:

(Newborn +)

- Tummy Time Toy: (that they'll continue to play with)
<https://www.amazon.com/dp/B07217GBJB?tag=bl-reg-baby-offers-we-20&th=1>
- Black & White Contrast Book:
(& any book by this author. She is a local artist here and an SLP, so she paints the illustrations in her books with early speech development in mind!)
https://www.amazon.com/stores/Tabitha-Paige/author/B08FMGFBWS?ref=ap_rdr&isDramInteg rated=true&shoppingPortalEnabled=true&ccs_id=f423e2e4-5815-4c13-a310-8daca6fad453

(2 months+)

- Kick Mat:
<https://www.amazon.com/dp/B0B5JXBMZJ?tag=bl-reg-baby-offers-we-20&th=1>

(3 months +)

- Teething Sticks:
https://www.amazon.com/dp/B09H5MKPP4?ref=ppx_yo2ov_dt_b_fed_asin_title

(4 months +)

- Stacking Cups:
https://www.target.com/p/-/A-80215331?clkid=93b55863N051611f0b1b5b1a9ab1d663c&cpng=PTID1&lnm=81938&afid=BabyList%20Inc&ref=tgt_adv_xasd0002
- Activity Center: (this can easily be found used for \$30)
<https://a.co/d/eW6jMy1>

(6 months +)

- Rattle Toys: (These have been an all-time favorite)
https://www.amazon.com/dp/B01MF67YHC/?coliid=I1UYBOZCV7H6ZR&colid=J2A2EIXO9BRM&psc=1&ref=cm_sw_r_cp_ud_lstpd_C6A2SBRSG99K1WHJDDE1
- (I tried to avoid plastic, but he loves these too:)
<https://www.amazon.com/Itzy-Ritzy-Maracas-Musical-Rattle/dp/B0DLJ5637X>

(8 months +)

- Skill Toy:
<https://a.co/d/cn26paN>

(9 months +)

- Zany Zoo Activity Cube: (can definitely be found used)
<https://www.amazon.com/B-Zany-Wooden-Activity-Children/dp/B002YIX0XA?th=1>
OR
- Activity Cube + Push Walker: (I sort of wish I had gotten this instead the cube alone)
<https://www.amazon.com/Radio-Flyer-Deluxe-Push-Walker/dp/B0991KC637?th=1>

Daycare Necessities:

- Bottle Labels:
<https://www.amazon.com/dp/B071Z7CNN2?tag=bl-reg-holi-offers-we-20&th=1>
- Bottle Cooler Bag:
https://www.amazon.com/dp/B0BNL1WM8Q?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1
- Label Stamp for Clothes:
https://www.amazon.com/dp/B0CDX585T8?ref=ppx_yo2ov_dt_b_fed_asin_title
- Chicco Duo Hybrid Bottles:
(Since daycare doesn't allow glass. They are glass on the inside, plastic on the outside. HOWEVER, I did replace the tops with Philips Natural Avent tops, since that was a more natural nipple to transition from breastfeeding. I didn't like the Chicco tops, but LOVE the bottles.)
<https://www.chiccousa.com/shop-our-products/feeding-and-soothing/infant-feeding/>

Health/Safety/Cleaning:

- Thermometer: (Again, trust me on this particular one! It's the most accurate.)
<https://a.co/d/6hvo8tl>
- Noggle:
<https://www.amazon.com/Noggle-Backseat-Conditioning-Comfortable-Traveling/dp/B00LXT23RU?th=1>
- Baby Dish Soap:
<https://www.target.com/p/dapple-bottle-and-dish-soap-16-9-fl-oz/-/A-86107684#lnk=sametab>

- Nail File: (This one is rechargeable rather than batteries.)
https://www.amazon.com/dp/B0CL4G33BX?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1
- Vitamin D Drops: (if breastfeeding) (everything from this brand is good)
https://www.amazon.com/dp/B01FSY52FK?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1
- Diaper Rash Cream:
<https://www.honest.com/sprayable-diaper-rash-cream/H01DRCSPV200S.html?srsId=AfmBOoqMYIGN0dsL5XFRFdd-JpR5p6Av6FpITrg7vmuckvNZrXQ2U1zv>
- Tubby Todd:
https://tubbytodd.com/products/all-over-ointment?irclid=0iE0RT22GxycWw7XwDyVny6NUksT4h3weXGI2E0&sharedid=&irpid=65668&utm_source=Impact&utm_medium=affiliate&utm_campaign=BabyList%20Inc&irgwc=1
- Baby Aquaphor:
<https://a.co/d/0nSLJSK>
- Nasal Aspirator: (Don't bother with the manual one from Frida.)
<https://www.amazon.com/dp/B08CMWHD3B?tag=bl-reg-baby-offers-we-20&th=1>
- Laundry Detergent:
https://www.amazon.com/dp/B07FVT99YM?ref=ppx_yo2ov_dt_b_fed_asin_title
- Stain Remover: (this stuff is amazing)
https://www.amazon.com/dp/B09FFHL6K4?ref=nb_sb_ss_w_as-reorder_k0_1_6&camp=&crd=1LA7W2MCMAEH0&camp=&srefix=ouracy

Bath:

- Bathtub:
<https://www.amazon.com/dp/B01MG20ATL?psc=1&tag=bl-reg-baby-offers-we-20&th=1>
- Bath Thermometer:
<https://www.target.com/p/dreambaby-room-and-bath-thermometer/-/A-94494999?preselect=90606330#lnk=sametab>
- Bath Towel: (This is a splurge, but SO worth it!)
<https://kytebaby.com/collections/towels-and-washcloths/products/terry-apron-towel-in-oat>

Gear and Accessories:

- Stroller Fan:
https://www.amazon.com/dp/B085L71L9R?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1
- Diaper Bag:
https://www.amazon.com/dp/B0CD9L6NN9/ref=twister_B0CC33YV5W?_encoding=UTF8&th=1
- Bibs for bottles/drooling:
https://magneticme.com/collections/bibs?srltid=AfmBOopktgtRx9_MgSHm28ytRfNsgQR62WQ5PSoeARleZkU4ghAbB9_a#/filter:tags_fabric:Modal
- Changing Pad:
<https://www.amazon.com/dp/B017UJ5MYM?psc=1&tag=bl-reg-baby-offers-we-20&th=1>
- Wipe Dispenser: (note: the heated ones grow bacteria):
<https://www.amazon.com/dp/B00NX5J5O6?tag=bl-reg-baby-offers-we-20&th=1>
- Baby Bjorn Bouncer:
(This can totally be found used on Marketplace! note: the Baby Delight brand that imitates this one has a tipping hazard.) Get the [toy bar](#) with it!
<https://a.co/d/bMoPQk1>
- Carrier: (I tried several and this was the one I liked the best. Easy and comfortable.)
<https://a.co/d/3czhjQQ>
- Car Seat & Stroller: *matter of preference*
We did the **Uppababy Aria** car seat (super lightweight!) & **Uppababy Cruz** stroller. If you plan on having more than one kid, the **Vista** stroller has options for multiples but is a little heavier. ALSO, get the Infant Snug Seat adaptor, which you will use from 0-4 months. No need for the pram/bassinet attachment, they just bounce around in it too much on walks.
(Never, ever buy used car seats. There's no way to know if they have been in a car accident or meet current safety standards. If a car seat goes through baggage-check at an airport it is also considered damaged as a crash.)
- Convertible Car Seat: *matter of preference*
Evenflo Gold Revolve 360 Extend All-in-One Rotating Convertible Car Seat
- Swings:
Either the **4Moms Mama Roo** or the **Nuna Leaf**. (The Nuna will last *months* longer.) (Both can be found used - don't pay full price since they won't be used long; but so worth having early on.)
- Car Camera:
Instead of a mirror in the backseat. (I promise!)

- High Chair:

Okay, okay...This one is stupid expensive and I did not buy it at first. But, once he started eating solid foods, choking risks were very scary so I wanted these things from a high chair: Easy access, 90/90 positioning, and Easy to clean. I did a LOT of research before I got this and I am very happy with it. It will last until they are big kids, too! ALSO, you can add the newborn seat to it so you have a place to put the baby while you're eating! A good backup option would be the Abie, which is cheaper but doesn't offer as many accessories.

<https://www.target.com/p/stokke-tripp-trapp-high-chair-2-with-cushion-and-tray/-/A-94253747?preselect=94073862#lnk=sametab>