Subject: Welcome to Awaken — We're Glad You're In

We at GAP Community and those of us on this Awaken [City, State] team are delighted to have each of you joining us [Training Dates, e.g., June 26–29].

As some of you may know, GAP has had thousands of participants graduate from this training — and most say it's in the top 3 experiences of their lives, even 10 years after completing it.

That kind of transformation doesn't happen easily, and we recognize and commend you for the effort and sacrifice it takes to intentionally create space for four full days of your life to engage in these kinds of conversations. We've seen how worth it it is — and we believe you will too by the evening of day four.

AWAKEN TRAINING DETAILS

[Training Dates]

[Day 1 – Weekday Name]: 10:00am – approx. 10:30pm
[Day 2 – Weekday Name]: 10:00am – approx. 10:30pm
[Day 3 – Weekday Name]: 10:00am – approx. 10:30pm
[Day 4 – Weekday Name]: 9:00am – 6:30pm

You must attend the entirety of all four days

[Training Venue Name]
[Street Address]
[City, State ZIP Code]

CONFIRMATION PACKET

The attached packet covers important details — the most important being this:

We require this single **Awaken Form prior to entering the training room**. It asks for basic medical information to ensure the well-being of yourself and all attending, as well as invites you to take a deeper dive into clarifying what you want out of your time in the room. This form may take 20–30 minutes in one sitting.

Should you require an additional **Physician Release Form**, we have both a digital and printable version available based on your doctor's needs.

Both of these required forms (one only, or two if the physician form is also required) can be found **[INSERT FORM LINK]**, and the link is referenced in the attached packet as well.

SUPPORT CALL

In addition to the required form(s), you will soon be contacted by a member of our Awaken call team. They'll be reaching out to set up an uninterrupted 1-hour call between now and the time of the training to support you in your readiness for Day One. During this call, they'll walk you through the online form content, review logistics, and answer any questions you may have.

I am the sponsor of this upcoming training, and you're welcome to reach out to me directly with any thoughts or questions you may have. Thank you again for being willing to "take yourself on" in this way — and for leaning into the provision waiting on the other side of choosing transformation.

[Your Full Name]
Awaken [City] Sponsor
e: [Your Email Address]
m: [Your Phone Number]