

Let's Go Shopping!

A Scavenger Hunt for New Pediatricians

Your mission, should you choose to accept it, is to get a better sense of what families need, and want, to buy for their kids. We are going to focus on infants. When was the last time you wandered down the baby aisle at the supermarket? Parents are confronted with a dizzying array of choices, and are bombarded with information from friends, family, media, etc. about “must have” stuff.

What to do:

1. Find a list of what new parents should have at home for their babies. This is sometimes called a “layette.” This could come from the internet, from baby books, wherever. Please copy and attach that list.
2. Look at the products below, some of which may be on your list. Before going out, make a best guess as to the price of each item. Ballpark guesses are fine.
3. Then, go out to a local store—perhaps Target, Wal*Mart, Babies-r-Us, and use the second sheet to record the actual prices you find.
4. The last page of this section is a list of prescription medications. Guess the price of a reasonable course for a 15 kg child (2-3 year old). You will then go to the Web for answers!

**Before you go, please fill in your best guesses
to the questions on the next page.**

NO CHEATING!

I have kids (that I will admit to) Y N

1. What is your best guess for the cost of:
 - a. 6 oz bottle of Tylenol brand elixir? _____
 - i. 1 oz Tylenol drops? _____
 - b. 6 oz Store brand acetaminophen elixir?
 - i. 1 oz acetaminophen drops? _____
 - c. 8 oz bottle of Motrin? _____
 - d. 8 oz bottle Store brand ibuprofen? _____
2. How much is a 4 oz bottle of Dimetapp? _____
3. How many different kinds (brands and formulations) of “cold medicines” are there in the pharmacy area? _____
4. What is the cost of 50 infant diapers? _____
5. How much is a box of wipes? _____
6. How much is a diaper pail? _____
7. How much is a digital thermometer? _____
8. How much is a tube of Desitin? _____
 - a. How many types of diaper rash ointment can you find? _____
9. How much does a regular 14 oz can of powdered cow’s milk formula cost? _____
 - a. How much is a can of ready to feed formula? _____
 - b. How many different kinds (brands & formulations) of formula can you expect to find? _____
 - c. How much is a 14 oz can of soy formula? _____
 - d. How much is a 14 oz can of Nutramigen? _____
10. How much is a jar of stage II baby food? _____
 - a. How many calories per ounce in that food? _____
 - b. What is the difference between stage 1, 2, and 3 baby foods?

11. How much does a 3-pack of onesies cost? _____
12. How much is a pack of t-shirts? _____
13. How much does a new baby bottle cost? _____
14. How much is a breast pump? _____
15. How much does a liter of Pedialyte cost? _____
 - a. How much is generic ORS? _____
16. How much is a bottle of Johnson’s baby shampoo? _____
17. How much is a bulb syringe? _____
18. How much does a vaporizer cost? _____
19. How much does a humidifier cost? _____
20. How much does a crib cost? _____
21. How much does a stroller cost? _____
22. How much does a bassinet cost? _____
23. How much is an infant carrier car seat? _____
 - a. What is the weight and height limit? _____ lb _____ inches
24. How much is a convertible car seat? _____
 - a. What is the weight and height limit? _____ lb _____ inches

Let's Go Shopping! Answers

Name _____

1. What is your best guess for the cost of:
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Prescription Medications:

Guess how much each of the following would cost if you had to pay cash out of pocket:

All dosing is for a 15kg child, recommended course unless otherwise noted. Best guess, ballpark ideas OK. Then- look up real prices through an internet pharmacy (try

www.drugstore.com

if you have no other ideas) and compare your guess to the real world.

	Guess	Actual
1. Amoxicillin: 600 mg bid x 10 days:	_____	_____
2. Augmentin: 600 mg po bid x 10 days:	_____	_____
3. Azithromycin liquid 5 day course:	_____	_____
4. Keflex 250 mg po tid x 10 days:	_____	_____
5. Penicillin VK 250 mg po BID x days:	_____	_____
6. Cefdinir 5 ml po bid x 10 days:	_____	_____
7. Mupirocin cream 30 gram tube:	_____	_____
8. Polytrim eye drops:	_____	_____
9. Cipro eye drops:	_____	_____
10. Clotrimazole 1% cream 60 gm:	_____	_____
11. 0.1% Triamcinolone cream 60 gm:	_____	_____
12. 1% Hydrocortisone 60 gm:	_____	_____
13. Nystatin Oral Suspension 60 ml (for an infant):	_____	_____
14. Concerta 18 mg qd (for a 9 year old):	_____	_____
15. Ritalin 10 mg BID:	_____	_____
16. Omeprazole Liquid 1 month supply:	_____	_____
17. Zantac Liquid 1 month supply:	_____	_____
18. Prevacid Liquid 1 month supply:	_____	_____
19. Albuterol MDI:	_____	_____
20. Albuterol Nebulizer solution (12 week supply):	_____	_____
21. Xopenex Neb (2 week supply):	_____	_____
22. Flovent MDI:	_____	_____
23. Pulmicort Respules:	_____	_____
24. Qvar MDI:	_____	_____
25. 12 pack of Condoms	_____	_____
23. Plan B	_____	_____
24. Ortho Tri-cyclen (1 month)	_____	_____

