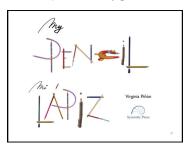
MY PENCIL



Actividades para acompañar la lectura en formato Book Walk

Una pregunta/actividad por panel

PANEL 1

Look at the image:

What do you see?

What do you think is the main theme of this story?

PANEL 2

Do you have or did you ever have a favorite pencil?

What was it like?

Why was it special?

PANEL 3

Have you ever been at a loss for words because you didn't know how to express yourself or handle a situation?

How did you feel?

Do you prefer to talk or write to express your emotions?

PANEL 4

Think and share:

Think about a time when you faced a challenge.

How did you overcome it?

PANEL 5

How do you feel when you can't solve a problem?

For example: Do you go around in circles, get angry, cry, or sweat?

What do you do to solve the problem in that moment?

PANEL 6

Erase the negative!

Name five negative words that come to your mind when you have a problem. (For example: fear, sadness, anger, frustration).

Challenge: Imagine you have an eraser with the superpower to erase every

negative word in your life.

Which words would you erase?

PANEL 7

Have you ever been so angry that you didn't want to talk to anyone? How do you feel in that moment?

PANEL 8

Do you usually ask for help when you're having a tough time? Who is the first person you turn to when you're in trouble?

PANEL 9

My pencil of the future!

Imagine you have an imaginary pencil like the one in the picture that can erase everything you want to leave in the past (fears, sadness, memories).

Have you erased it all?

Now, draw or write with that pencil what you want to be or achieve in the future.

PANEL 10

Imagine you find a magic pencil that grants wishes.

What would you wish for?

PANEL 11

If you could define happiness with a color, which one would you choose?

PANEL 12

Take 5 or 10 minutes to do something you love, like:

- · Listening to your favorite song
- · Hugging someone you love, a tree, or a pet
- · Drawing
- · Reading one page of a book
- · Drinking your favorite beverage

PANEL 13

Do something kind for someone else:

A small action can make someone else happy and fill you with joy too.

Challenge: Look around and find someone you want to make smile.

Do you have someone in mind?

What are you waiting for to make them smile?

You could give them a compliment, gift them a flower, or share something you have.

PANEL 14

Challenge:

Think about something you'd like to achieve or learn but that feels a little scary or uncertain. It could be:

- · Talking to a new friend.
- · Trying something hard in a game or sport.
- · Drawing or writing something you've never tried before.

PANEL 15

What makes you special or unique?

What are some things you're good at or proud of?

PANEL 16

Name at least three positive words you've learned from this reading and share them with a family member or friend.

For example: Build / Confidence / Future / Authenticity / Growth...