

**POLAND REGIONAL HIGH SCHOOL
KNIGHTS
2025-26**



#	Name		Grade	Position		#	Name		Grade	Position	
5	Damon	Martin*	12			50	Brady	Guay	9		
6	Lukas	Gayton	11			55	Damion	Gerding-Shaw*	12		
7	Christian	Benson	11			62	Jonathan	Plummer	10		
9	Jameson	Plummer	12			65	Braiden	Lefebvre	11		
10	Shawn	West	11			67	Ryan	Langlois	12		
11	Colby	Dolley	10			68	Dallas	Billings	11		
14	Beckett	Greene	10			70	Carson	Ogden-Smith	9		
15	Laine	Purington	9			72	Richie	Christopher	10		
21	Miguel	Cyr*	12			73	Derek	Coughlin	10		
22	Samuel	Chadbourne	11			75	Sylas	Oehme	9		
25	Lucas	Verrill	11			76	Cam	Cuningham	11		
31	Sawyer	Ramsdell	10			80	Landon	Cooper	12		
32	Mason	Dulworth	12			81	Shane	Welsch	9		
33	Gavin	Gilbert	11			83	Landen	Levesque	11		
40	Tanner	Tanguay	9			84	Gavin	Sayler	9		
41	Lucas	Leonard	10			86	Emmett	Ogden-Smith	10		
	Maddy	Seyb		MGR		88	Edward	Johnston	9		

HEAD COACH: Seth Johnson

ASSISTANT COACH(ES): Tyler McInnis, TJ Grassi, Kyler Zitsch, James Hodsens,
Aaron Paradis