

Legally Bonded- Study Revision



Table

Week _____

What like it's hard? – Elle Woods



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Week _____

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<u>8 AM</u>	<i>What like it's hard? – Elle Woods</i>						
<u>9 AM</u>							
<u>10 AM</u>							
<u>11 AM</u>							
<u>12 PM</u>							
<u>1 PM</u>							
<u>2 PM</u>							
<u>3 PM</u>							
<u>4 PM</u>							
<u>5 PM</u>							
<u>6 PM</u>							
<u>7 PM</u>							



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8 PM							
9 PM							
<u>What topics did you cover this week?</u>							
<u>Reflection</u>							
<u>Extra notes</u>							
<u>:</u>							



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<u>Weekly goals</u>	<u>Deadlines</u>

Timetable Tips/ideas

- Use different colours to mark mealtimes, outings and other activities to ensure a balanced schedule.
- Plan regular breaks and include buffer time to avoid overworking yourself!
- Identify your weakest areas first then the easiest.
- Set SMART goals (Specific, measurable, Achievable, measurable and time bound) for each study session
- Customise this template to suit your preferences, whether by editing it digitally or printing it out for annotations.
- Consider using Pomodoro technique, which involves working in focused 25-minute sessions followed by short breaks
- Your reflection can include what you felt went well in your revision, and what you would like to improve or work on further the following week
- Track the time spent on each task to see if adjustments are needed for future sessions.



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- Also write lecturer/teacher emails as a reminder to email them for any content questions.
- If you need any reasonable adjustments for assignments/exams remember request these in advance and tailor your study plan accordingly.