11-5-26

Charlie Health can now admit patients in Texas ages 13–64 whose primary clinical need is substance use. I know finding the right level of care can be challenging, so I'm excited that we can now support patients you may have previously needed to refer elsewhere.

Our virtual intensive outpatient program (IOP) offers specialized addiction treatment for teens and adults, including:

- Individual therapy, curated peer groups, and family therapy in one coordinated plan
- Harm reduction and abstinence-based recovery tracks
- At-home drug testing, peer recovery coaches, and 24/7 crisis support

Our clinicians also address co-occurring mental health concerns alongside substance use. We use motivational interviewing to meet patients where they are, helping them explore their relationship with substance use and work through any uncertainty about making changes.

We're in network with major commercial insurers, including Blue Cross and Blue Shield of Texas, Cigna, and Aetna. Our Clinical Admissions Team contacts referred patients in as little as 24 hours.

If you have a patient who you think may benefit, you can submit a referral here. I'm also always happy to talk through patient fit or answer any questions you may have!

Thank you for the care you provide to our community. I appreciate the opportunity to be a resource for you and your patients!

Best,

Lily.McBryde
Clinical Outreach Manager
Charlie Health
430-610-0414
Lily McBryde, LPC
Clincal Outreach Manager
Cell: 430-610-7020
Admissions: 986.206.0414
Fax: 406.720.7793
Make a referral
Book with me here
Lily McBryde, LPC
Clincal Outreach Manager
Cell: 430-610-7020
Admissions: 986.206.0414
Fax: 406.720.7793

Make a referral
Book with me here
lily.mcbryde@charliehealth.com