

Week Twenty-five: “REFLECTION”

1. How does reflection differ from acknowledgment, as described in the chapter? Why is reflection considered a deeper and more specific form of acknowledgment?
2. According to Hebrews 13:7, why is it important to reflect on the lives of leaders and imitate their faith? How can their example influence our own journey of faith?
3. In 2 Corinthians 13:5, what does Paul urge believers to do? Why is self-examination and testing important in relation to our faith and the presence of Christ within us?
4. How does reflection help us learn from our experiences and cultivate intentional discernment? How can reflection be a pathway towards developing a deeper relationship with God?
5. How can reflection encompass a wide range of experiences, from recent conversations to early childhood memories? Why is it valuable to reflect on various aspects of our lives, both past and present?
6. How does the verse from Lamentations 3:40 emphasize the importance of examining our ways and returning to the Lord? How can reflection aid us in this process of self-examination and returning to God?
7. What role does praise play in the act of reflection, as mentioned in Psalm 16:7? How can praising the Lord while reflecting contribute to our spiritual growth and learning?
8. Why is it necessary for dads to embark on the road of reflection, as stated in the chapter? How does reflection contribute to continuous growth and the pursuit of emulating Jesus?
9. How can reflection help us develop a deeper understanding of ourselves, our actions, and our relationships? How does it provide us with insights and lessons that can shape our future decisions and behaviors?
10. What does it mean to be relentless in reflection, as encouraged in the chapter? How can we incorporate regular and intentional reflection into our daily lives as dads, allowing it to shape our perspective and actions?