

# 11B 2.4 Mapping My Career Options

## PHASE OVERVIEW

This phase will begin in December and last until the end of February. Students will carry out a set of self-reflection activities, with their mentor's support, to better understand their interests, skills and the links between their passions and career pathways. Pairs will work on a resume that the mentee can use to apply to summer opportunities of interest.



## LESSON OBJECTIVE

Students will be able to connect their career options with post-secondary pathways.

## PURPOSE

Exploring career options can help students better understand and plan for their post-secondary pathway. If young people have an understanding of the career(s) they would like to pursue, they will have an understanding of the steps needed between high school and their career. In this lesson, students are pushed to consider what they will need (education, skills, knowledge, etc.) in order to perform a potential career successfully.

## AGENDA

5 min	<i>Do Now: Mentor Response</i>
25 min	<i>Learn and Engage: Mapping My Careers</i>
10 min	<i>Mentor Connection</i>



## KEY TAKEAWAY

Understanding the requirements for my potential career will help me identify the post-secondary path I should pursue.

## FACILITATOR NOTES:

The site used for research in this lesson is <https://www.bls.gov/ooh/>

Ensure that you take time to familiarize yourself with the website before class.

**MATERIALS:** [2.4 Presentation](#), [2.4 Handout](#)

Do Now: Mentor Response		Notes:
Students will log into the Platform.		
Slide 2: 5 min	<b>TALKING POINTS</b> Please log into your Platform account. Read your mentor's message and respond. Then, share 1 high and 1 low of this week.	

Learn and Engage: Mapping My Careers		Notes:
Students will research and record potential career options		
Slide 3: 1 min	<i>Have a student read the key takeaway.</i>	
Slide 4: 1 min	<b>TALKING POINTS</b> Once you have researched a career, you will be able to plan backwards. You will know the steps you will need to take to enter that career field, such as what type of education or training you will need to complete.	
Slide 5: 1 min	<b>TALKING POINTS</b> During our last class, you identified two career clusters of interest. Today you will research them.  Start off by going to the website: <a href="https://www.bls.gov/ooh/">https://www.bls.gov/ooh/</a>	
Slide 6: 1 min	<b>TALKING POINTS</b> Click on the first career cluster that you would like to explore.	
Slide 7: 1 min	<b>TALKING POINTS</b> Pick a career of interest under the cluster. Click on the career and read over the information.	
Slide 8: 20 min	<b>TALKING POINTS</b> Record the important facts on your worksheet. Repeat these steps with your second career cluster.  <i>Notes: You may want to review the different degree types since many students may not be aware of this information.</i>  <b>WORK TIME</b> <i>Circulate the room providing support to students and asking them to share what they are learning through their research.</i>	

Slide 9: Mentor Connection	<b>TALKING POINTS</b> Now let's write to our mentors.	
Slide 10: Extend	<i>If you have additional time remaining, consider asking students what new information they have learned from their mentor's message.</i>	



## Mentor Connection

### MENTEE PROMPT

**Which two careers did you research? What new information did you learn?**

I researched...

I learned...



## Mentee Connection

### OVERVIEW:

This week in class, students looked at potential careers to understand what it will take (such as level of education) to get there. Understanding this will help your mentee make an informed decision on what path to take after high school.

### **Best Practices**

As you know, researching potential career options can be time consuming and tedious. This lesson was an introduction for the students and should be an ongoing conversation between the two of you. Your mentee shared two career options that they researched in class. It's not that important that these are perfect career options for your mentee. It's more important that you encourage their exploration and have an open conversation with them about what they like and how they can get to a profession that will make them happy.

### RESPONSE:

- 1. Share your high point and low point for the week.**
- 2. Look up your mentee's selected career options. Share one interesting fact you learned about the pathway. Then, share with them one action you can take together to keep exploring the career pathway.**