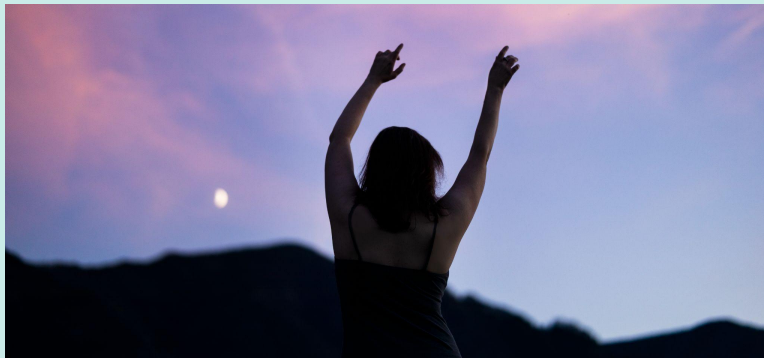


Dena DeCastro Astrology

Your Guide to the Astrology of Fall 2025

September 22nd – December 21st

By Dena DeCastro Astrology



Welcome! This guide helps you navigate the upcoming astrological season, exploring collective transits, including planet-to-planet aspects, Eclipses, Lunations, and Mercury Retrogrades. My hope is that by the end, you'll feel more prepared for fall's unique astrological weather, no matter your familiarity with astrology.

What you'll learn:

- ✨ How to align your plans with the current astrological climate
- ✨ The difference between an individual and collective approach
- ✨ Key dates and their significance
- ✨ How to go deeper with astrology

Transits we'll cover:

Collective transits: Major planet-to-planet aspects involving slower-moving planets (Jupiter, Saturn, Uranus, Neptune, Pluto) that affect everyone collectively.

Lunations: New and Full Moons, including their dates, signs, and any associated Eclipses.

Eclipses: Events that occur in pairs every 6 months; this guide will include their dates, signs, and interpretations.

Mercury Retrogrades: Details on the dates and signs of the retrograde period, key themes (keywords), and guidance on how to best use this time.

A little about me:

As a young astrologer, I had the honor of training with Steven Forrest through his Apprenticeship Program, an experience that deeply shaped my path as an Evolutionary Astrologer. Over the years, I've contributed to *The Mountain Astrologer* magazine and appeared as a guest on numerous podcasts and local radio shows. I also hosted one of the first astrology podcasts, the *Sirius Astrology Podcast* (2007–2014) and co-hosted *Let's Get Real Astrology* (2021–2024) with my friend Katie Sloan. Through all of this, my mission has been to help you use astrology as a practical tool for personal growth.

Let's do this,

Dena DeCastro

Founder, [Dena DeCastro Astrology](http://www.denadecastro.com)

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Key Dates: Fall 2025

Planets Changing Signs

✨ Oct 22, 2025: Neptune re-enters Pisces

✨ Nov 7, 2025: Uranus re-enters Taurus

Mercury Retrogrades

✨ Nov 9, 2025 through Nov 29, 2025: Mercury Retrograde in Sagittarius and Scorpio

Outer to Outer Planet Transits

✨ In Range until mid-2026: Saturn-Neptune Conjunction

✨ In Range through fall 2025: The Jupiter-Saturn trine

New Moons

✨ Oct 21, 2025 : New Moon in Libra

✨ Nov 20, 2025 : New Moon Scorpio

✨ Dec 19, 2025: New Moon in Sagittarius

Full Moons

✨ Oct 6, 2025: Full Moon in Aries

✨ Nov 5, 2025 : Full Moon in Taurus

✨ Dec 4, 2025 : Full Moon in Gemini

Eclipses

No eclipses in fall 2025. Next Eclipses are in winter 2026.

Planning for the Upcoming Season Using Astrology

There are 2 ways to use astrology to plan your year: through the individual approach and the collective approach.

The Individual Approach

This approach requires basic astrological knowledge and access to your natal chart. It helps you understand how significant astrological events will affect you personally. While you can [cast a free natal chart here](#), most people can't interpret theirs alone. For personalized guidance on navigating your birth chart, consider booking a reading with me.

Explore my offerings

The Collective Approach

This involves paying attention to Mercury Retrogrades, New and Full Moons, Eclipses, outer planets changing signs, and major planet-to-planet connections. These events affect everyone. While not specific to your natal chart, the collective approach is highly useful for understanding and leveraging supportive astrological energies, and navigating challenging ones.

Planning Your Year Step-By-Step

- ✨ **Step 1:** Choose a paper or digital calendar to track important dates
- ✨ **Step 2:** Note all Mercury Retrograde start and end dates
- ✨ **Step 3:** Note all New Moon, Full Moon, and Eclipse dates
- ✨ **Step 4:** Note any dates when outer planets change signs
- ✨ **Step 5:** Check your calendar weekly and reference this guide for insights into each transit

I release a new, updated guide every season. The next guide will become available on December 21, 2025.

Download it here for free

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The Outer Planets

Outer planets move more slowly than inner planets, changing signs less frequently. Their entry into a new sign marks a new chapter for that planet's meaning. Planets can also appear to move backward during retrograde periods, sometimes re-entering previous signs before moving forward again.

The outer planets include:

- ✨ Jupiter
- ✨ Saturn
- ✨ Uranus
- ✨ Neptune
- ✨ Pluto

Planets Changing Signs this Season

✨ *Neptune re-enters Pisces on* **Oct 22, 2025**

✨ *Uranus re-enters Taurus on* **Nov 7, 2025**

Uranus will re-enter Taurus on November 7th, then will return to Gemini in April 2026.

Neptune will re-enter Pisces on October 22nd, then return to Aries on January 26, 2026.

(There will be a more in-depth blog post about these events in October and November. [Find my updated posts on my blog by clicking here.](#))

Food for Thought

Uranus' re-entry into Taurus supports breaking free of old habits around finances and resources so that we can have more freedom. How have your values around money, possessions, and security changed over the past few years? What outdated beliefs about financial stability are you ready to release in order to embrace a more authentic sense of self-worth?

Fall 2025 Outer to Outer Planet Transits

These occur when any of the outer planets connect with each other. For example, the Saturn-Neptune conjunction remains in range until mid-2026.

Learn more about the Saturn-Neptune conjunction

This conjunction straddles Aries and Pisces until October 22nd. Then Neptune re-enters Pisces and joins Saturn (which re-entered Pisces on September 1st). Overall, this conjunction supports following our spiritual calling with practical action. To understand how this affects you personally, note where this aspect is happening in your chart: Which house was it in? Is it touching any of your planets? To explore this in depth, book a reading with me.

The Saturn-Neptune conjunction continues to be in range through the fall, with both Saturn and Neptune in Pisces after October 22nd.

Explore my offerings

Major outer to outer planet transits to note:

The Jupiter-Saturn trine will be in range through the fall, with a near exact peak occurring on November 11th.

This harmonious transit creates a powerful and supportive flow between emotional expansion and spiritual discipline. This is an opportune time to ground your dreams and spiritual aspirations in a nurturing, realistic way. You may find it easier to build a stable foundation for your emotional well-being and to take on responsibilities that lead to a greater sense of purpose and belonging.

(There will be a more in-depth blog post about the Jupiter-Saturn trine in early November. [Find my updated posts on my blog by clicking here.](#))

Mercury Retrogrades

Mercury Retrograde occurs 3 times per year, for roughly 3 weeks each time, when Mercury appears to move backward through the zodiac from Earth's perspective.

While Mercury Retrograde can bring trickster energy, thwarting plans and causing miscommunications, it's not just out to get us. In its backward dance, Mercury offers wisdom.

Mercury Retrograde is an ideal time to:

- ✨ *Rethink: old ideas*
- ✨ *Review: life's lessons*
- ✨ *Reflect: on your beliefs*
- ✨ *Reenvision: a past project*

It's not a good time to move forward with new things like launching projects, scheduling important trips, or rushing accomplishments.

Fall 2025 Mercury Retrogrades

Mercury Retrograde is in Sagittarius November 9th - November 18th

Mercury Retrograde in Sagittarius invites us to re-examine our beliefs and philosophies. This is a time for mindful expansion, urging you to reflect on what you know and how you communicate your truths. You may experience travel delays or miscommunications, so it's important to be patient, think before you speak, and cultivate a more discerning perspective.

Mercury Retrograde is in Scorpio November 18th - November 29th

This transit encourages a period of deep introspection and re-evaluation in matters of intimacy, shared resources, and personal transformation. You may find yourself revisiting old emotional patterns or financial agreements, and communication in close relationships may require greater honesty and clarity. This is a time to probe beneath the surface, confront hidden fears, and use your thoughts to bring about a profound inner change.

Resources for Mercury Retrogrades

- ✨ *You can always find the dates of the next 3 Retrogrades [here](#).*
- ✨ *Learn how to work with Mercury Retrograde in my [free eBook](#).*
- ✨ *Learn how to work with the pre- and post- Mercury Retrograde Shadow periods [here](#).*

Mercury Retrograde times are great for finding new solutions to old problems. Be sure to slow down so that the answers can arrive in their own time.

Food for Thought

What areas of your life could benefit most from reflection, re-envisioning, or reimagining right now?

Lunations

The New Moon

The New Moon marks the symbolic start of a new lunar cycle, a time when the Moon is invisible. This phase aligns with initiation, seeding intentions, and embracing fresh starts. It's ideal for introspection, clarifying desires, and setting a course for the weeks ahead. Plant new seeds of intention, align your goals with cyclical renewal, and lay groundwork for manifestation in the coming cycle. Make wishes, create rituals, or set intentions with the themes of the New Moon's sign.

The Full Moon

The Full Moon marks the peak of the lunar cycle, a time when the Moon is fully illuminated, radiating emotional intensity and heightened awareness. This phase represents culmination, breakthroughs, and revealing what's beneath the surface. It's a time to celebrate progress, acknowledge hidden aspects of yourself, and release what no longer serves your path. The Full Moon's light illuminates areas of growth and potential conflict, promoting transformation. Reap rewards, make course corrections, and shed what hinders your journey.

Want to learn more about working with the lunar cycle? Check out my book, [*Cycles of Wisdom*](#), co-written with Dr. Danielle Cornelius.

Fall 2025 Lunar Dates

New Moons

✨ **New Moon in Libra on Oct 21, 2025**

Keywords: harmony, balance, beauty

✨ **New Moon in Scorpio on Nov 20, 2025**

Keywords: depth, intimacy, intensity

✨ **New Moon in Sagittarius on Dec 19, 2025**

Keywords: adventure, expansion, abundance

Food for Thought

Make wishes, create rituals, or set intentions with the themes of the New Moon's sign.

Full Moons

✨ **Full Moon in Aries on Oct 6, 2025**

Keywords: action, passion, courage

✨ **Full Moon in Taurus on Nov 5, 2025**

Keywords: security, groundedness, practicality

✨ **Full Moon in Gemini on Dec 4, 2025**

Keywords: curiosity, learning, communication

Food for Thought

Process breakthroughs and set the intention to release what no longer aligns with your path.

Eclipses

Eclipses are potent moments of change and transformation, often associated with beginnings, endings, and shifts in consciousness.

Solar Eclipses

- ✨ *Symbolize new beginnings and opportunities*
- ✨ *Trigger external changes and events in the material world*
- ✨ *Mark the start of a new chapter or phase in life*
- ✨ *Encourage self-discovery and personal growth*

Lunar Eclipses

- ✨ *Illuminate the subconscious and emotional realms*
- ✨ *Bring closure to aspects of life that no longer serve you*
- ✨ *Emphasize emotional release and letting go*
- ✨ *Highlight the importance of balance and harmony in relationships*

There are no Eclipses in the fall of 2025. The next pair of Eclipses will take place in the winter of 2026.

Final Thoughts

As we wrap up this guide to fall 2025, remember that astrology is meant to empower you, not dictate your path. Each transit, Luration, and Retrograde is an invitation to align our collective and personal rhythms. When you observe these patterns and apply them to your life, you have the opportunity to grow deeply as a human being. Whether you're expanding your personal practice or honing your professional skills, remember that astrology always offers guidance. Embrace the journey, trust your intuition, and know that you have the tools to make this fall a truly transformative one.

Resources



Year Ahead Reading

This is a comprehensive astrological forecast for the year ahead. I don't predict the future or tell fortunes; instead, I provide an overview of your planetary weather so you can:

- ✨ Flow with current energies
- ✨ Prepare for upcoming challenges
- ✨ Take advantage of opportunity periods
- ✨ Plan business and creative projects during supportive times

This is an ideal annual check-in after a [*Soul Purpose Reading*](#), or if you've had a natal chart reading elsewhere. Forecast Readings can be booked any time of year; we'll look at astrological influences in your chart for the year following your booking date.

Book a Year Ahead Reading

Transit Your Year

Transit Your Year is a package of 4 personalized astrological forecast readings throughout the year. As your life evolves, I'll help you make sense of upcoming transits, use planetary energies to support your goals, plan major transitions, and embrace rest and reflection.

Transit Your Year includes:

- ✨ A full year of astrological guidance (4 readings, one every 3 months)
- ✨ Priority scheduling
- ✨ 4 60-minute Zoom readings with audio recordings
- ✨ 4 Post-Session Guides

This offers more frequent support than a single yearly reading. When life throws a curveball, you'll be empowered with the astrological insight needed to move forward confidently. As your mentor, I'll help you understand how to align your gifts with the astrological weather of the months ahead.

Learn more about Transit Your Year

Mentorship Program

Deepen your wisdom as an astrologer in my 3-month Mentorship program. Unlike many online courses, this personalized experience tackles the questions Google can't answer. Using decades of experience, I'll design a custom curriculum for your specific goals, whether fine-tuning forecasting, understanding karmic patterns, or synthesizing chart information. I can also help strategize for building an effective, long-term astrology business.

All mentees receive:

- ✨ 4 private 75-minute Zoom sessions (scheduled over 3 months)
- ✨ Recordings of all sessions
- ✨ Opportunity for a live chart reading with real-time feedback
- ✨ Exercises for skill growth

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- ✨ A free copy of my book, [*Foundations of Astrology*](#)
- ✨ Option to continue monthly study (space permitting)

Astrology is a tool that will benefit you forever, personally and professionally. If you're ready to build a lifelong relationship with your practice, please apply. Space is limited.

[*Explore my Mentorship Program*](#)