

NATALIA TORRES DEL VALLE, MA, LCMHC #14528, REAT #2104

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EDUCATION

- 2018 Lesley University
MA, Clinical Mental Health specializing in Expressive Arts Therapy
- 2010 NC State University, graduated summa cum laude
BA in Elementary Education (K-6) and ESL Education (K-12)

LICENSURE

- 2018-present North Carolina Board of Professional Counselors
Licensed Clinical Mental Health Counselor #14528
- 2021-present International Expressive Arts Therapy Association
Registered Expressive Arts Therapist #2104

RESIDENCIES

- 2023 Acadia National Park Artist-in-Residence

SELECTED EXHIBITIONS

- 2025 *Entre Ciencia y Arte: Latino Artists and the Nature of Science*, NC Museum of Natural Sciences-Raleigh, NC
- 2024 *1.5°C*, Eno Arts Mill Gallery-Hillsborough, NC
- 2023 *We don't Care: reclaiming our environment*, Pop Box Gallery-Durham, NC
30x30: Art, Nature, and Science, Museum of Life+Science-Durham, NC
Invitational Latinx show/Invita Arte Contemporaneo Latinx, Frank Gallery-Chapel Hill, NC
Coalesce, Eno Arts Mill Gallery-Hillsborough, NC
Open Source, Sertoma Arts Center-Raleigh, NC
Open Source, Lump Gallery-Raleigh, NC
- 2022 *Ephemeral/Eternal*, Visionary Art Collective, Virtual Exhibition
They can be Both, SunTrust Gallery, Durham, NC
Construyendo Puentes/Building Bridges, Eno Arts Mill-Hillsborough, NC
Landform Meditations (solo), The Halle Cultural Arts Center, Apex, NC
Fresh, Artspace, Raleigh, NC
Spring to Life, 311 Gallery, Raleigh, NC
Experiments in Form, Charlotte Russell Contemporary + Hartwell, Raleigh, NC
Taking up Space, Pocket Gallery, Raleigh, NC
Home?, Eno Mill Gallery, Hillsborough, NC
An Evening of Local Art, Eno House-Hillsborough, NC
- 2021 *Herencia*, Diamante Cultural Arts Center, Raleigh, NC
Durham Art Guild 67th Annual Juried Exhibition, SunTrust Gallery, Durham, NC
COSO (Contemporary South) Biennial, VAE, Raleigh, NC
Art of Water V, James May Gallery, Virtual Exhibition
Rise, Play + Inspire Gallery, Virtual Exhibition
Reintegration (solo), Yonder, Hillsborough, NC
Beauty in the Mundane, Art Mums United, International Virtual Exhibition
Members Extravaganza, Durham Art Guild, Virtual Exhibition
Catharsis, Play + Inspire Gallery, Virtual Exhibition
- 2020 *FRESH*, Artspace, Raleigh, NC
Paint it Orange: En Plein Air Paint-Out, Hillsborough Arts Council, Hillsborough, NC
Reintegration (solo), Virtual Exhibition
If she could do it all, she would., Spilt Milk Gallery, International Virtual Exhibition
- 2019 *Community Art Show*, The Carrack, Durham, NC
Latino Arts Exhibition, Halle Cultural Arts Center, Apex, NC
Herencia, The ArtsCenter, Raleigh, NC
Monster Drawing Rally, NC Museum of Art, Raleigh, NC
Final Community Art Show, The Carrack, Durham, NC
Art of the Natural World, Halle Cultural Arts Center, Apex, NC
Hispanic Heritage Month Art Exhibit, North Carolina Department of Administration, Raleigh, NC
- 2018 *Community Art Show*, The Carrack, Durham, NC
Latino Arts Exhibition, Halle Cultural Arts Center, Apex, NC
- 2017 *Community Art Show*, The Carrack, Durham, NC
Latino Arts Exhibition, Halle Cultural Arts Center, Apex, NC

2016 *Nasty Women*, The Carrack, Durham, NC
 The Politics of Love, Halle Cultural Arts Center, Apex, NC

PROFESSIONAL EXPERIENCE

Ongoing Private Practice Expressive Arts Therapist: Little House Expressive Arts Therapy & Studio
 Independent Art Educator
 Multidisciplinary Artist
Ongoing North Carolina Museum of Art Teaching Artist, Raleigh, NC
 • Teach a variety of family and adult programs as well as drop-in artmaking.
 • Develop online content for young artists and their families.
 • Lead Creative Processing workshops focusing on social-emotional learning.
2018-19 Expressive Arts Therapist, Veritas Collaborative, Durham, NC
2015-18 Youth and Family Programs Educator, North Carolina Museum of Art, Raleigh, NC
2014-15 Manager of Pre-K Outreach Programs
2010-14 Elementary Educator, Douglas Creative Arts & Science Magnet, Raleigh, NC

COMMUNITY ENGAGEMENT

Ongoing Teen Arts Collective LGBTQIA+, a bi-monthly group for LGBTQIA+ identifying youth
Ongoing Kaleidoscope Collective: An Arts Group for Neurodivergent Children
Ongoing Community Care: Art-Making Events
2023 Incorporating Grief: Creative Practices to Support Living with Loss, Collaboration with Artist Freddie Bell
2021- *Creative Processing*, a series for all ages to reflect together on big (and sometimes tough) ideas about the world
 and ourselves through art, North Carolina Museum of Art, Raleigh, NC
2021 Guest Presenter, *Self-Esteem through the Creative Process*, North Carolina
 Museum of Art, Raleigh, NC
2021 Guest Docent Lecturer, *Responding to Difficult Conversations in the Galleries*, North Carolina
 Museum of Art, Raleigh, NC
2021,22 Guest Lecturer, *Utilizing Works of Art in the Therapeutic Space with Young Children*, Webster University, Missouri
2021 Guest Lecturer, *Utilizing Works of Art in the Therapeutic Space*, Randolph College, Virginia
2020-21 Art and Social-Emotional Learning Advisory Council Member, North Carolina Museum of Art, Raleigh, NC
2020 Guest Speaker, *Processing the Coronavirus: Coronavirus Crowns*, Tin Can Kids, Raleigh, NC
2020 Guest Presenter, *A+ Fellows Annual Training*, A+ Schools of North Carolina, Raleigh, NC
2018 Guest Presenter, collaboration with the Art Therapy Institute of NC and El Centro Hispano, Carrboro, NC
2015-17 Presenter, A.S.K. Conference and NAEYC Conference, PNC Full S.T.E.A.M. Ahead, collaboration with the
 NC Museum of Art and Carolina Ballet, Chapel Hill, NC
2014 Guest Presenter, *Incorporating Oliver Herring's TASK Parties in the Classroom*, A+ Schools of North Carolina,
 Raleigh, NC

PROFESSIONAL MEMBERSHIPS

Ongoing Pigments Revealed International
Ongoing International Expressive Arts Therapy Association
Ongoing Durham Art Guild, Durham, NC
Ongoing Spilt Milk Gallery, Edinburgh, Scotland

INTERVIEWS & PUBLICATIONS

2022 *Creative Spark Podcast*, Guest
2022 *Daily Inspiration: Meet Natalia Torres del Valle*, Voyage Raleigh
2022 *Issue 4*, All She Makes
2021 *Artist Natalia Torres del Valle's Strikingly Sculptural Textured Paintings*, Orange County Arts Commission
2021 North Carolina Museum of Art *Recommends*, Local Artist Feature
2021 *Diamante Abrió las Puertas de su Nueva Sede*, La Conexión
2021 Artist Talk, Teaching Artist Podcast
2021 Artist Talk, Artist Mother Podcast
2018 *Masters Thesis: Integrating Expressive Therapies and Visual Literacy Skills in an Exceptional Children Classroom*,
 Thesis Advisor: Dr. Sarah Hamil, Lesley University, Cambridge, MA
2018 *Creative Early Educator*, Blog, by Skill-do

GRANTS & AWARDS

2013 A+ Schools of North Carolina Teacher of the Year
2013 Received grant to attend *The Arts and Passion-Driven Learning Program*, Harvard University, Cambridge, MA

