



**Highlands High School
Global Scholars Program
Job Shadow Reflection**



Your Name:	
Date of Job Shadow:	
Time of Job Shadow:	
Name and Job Title of Person Shadowed:	
Location:	

Job Shadow Overview

Overview of the Day:

(Briefly describe the activities you observed or participated in during the job shadow and how they were global in nature.)

Key Responsibilities of the Role You Observed:

(List the main tasks and responsibilities of the person you shadowed, including their global nature.)

Language or Global Competence Skills Observed:

(Mention any specific language or global competence skills the person uses in their role.)

Reflection Questions

1. What aspects of the role surprised you the most?

(Think about anything unexpected, either in terms of the tasks, the work environment, or the skills required.)

2. What skills do you think are essential for someone in this role to have?

(Reflect on both technical skills and soft skills such as communication, problem-solving, and teamwork.)

3. What challenges or problems did the person you shadowed face, and how did they address them?

(Think about how challenges are managed in the role and what strategies are used to overcome them.)

4. What did you learn about the work environment or company culture from this experience?

(Think about the global aspects, team dynamics, organizational values, or overall atmosphere of the workplace.)

5. How does this job fit with your current career goals or interests?

(Reflect on whether this role aligns with your own career path or if it has changed your perspective on what you might want to pursue.)

6. What questions do you still have after shadowing this role?

(List any areas where you need more information or things you're curious about after the experience.)

General Feedback and Suggestions for Improvement

What went well during your job shadow experience?

(Share any highlights or aspects of the experience that were particularly helpful or enjoyable.)

What could be improved in the job shadowing process?

(Provide suggestions on how the experience could be made more valuable for future participants.)

Job Shadow Reflection Rubric

	Strong	Proficient	Developing	Beginning
Depth of Reflection	Reflects in a very thoughtful and detailed way about the job shadow experience as it relates to personal interests and career goals.	Reflects in a mostly thoughtful and detailed way about the job shadow experience as it relates to personal interests and career goals.	Reflects in a somewhat thoughtful and detailed way about the job shadow experience as it relates to personal interests and career goals.	Does not reflect in a thoughtful or detailed way about the job shadow experience as it relates to personal interests and career goals.