

Q&A from the introduction meeting. We also **updated our topic list**, so you have more options to choose from. The highlighted topics are what we want to focus on due to its importance to people in remote communities. Refer to the recording for a more detailed response.

Google form submission link for projects

<https://docs.google.com/forms/d/1M5sCW8xWKi-cNgGX4cWYpr5vLSmRBpS2M70ieXpBOco/edit>

1. Is there a limit to how many projects to create? No
2. Where to find office hours? You can find it in the Summer TF Schedule in the Office Hours tab. Office Hours is every Thursday 7pm EST

Join Zoom Meeting

<https://us04web.zoom.us/j/74931464243?pwd=AT8Ub7GqZ5xaRDCtdkbNFDm0QQSlhu.1>

Meeting ID: 749 3146 4243

Passcode: 8RzE3v

3. Use pictures from online? Pictures from online are permitted. However, one should be cautious of copyright restrictions. Any picture from the internet should be cited.
4. Works cited page? Yes
5. Which grade-level for the standard of low literacy rates? Materials should be targeted towards the literacy level of an American 7 year old.
6. Do we have to present our work? No
7. How many people will benefit? Since we will be distributing these projects in many areas such as Kenya, Guatemala, Mexico, countless people will benefit. There is no set amount.
8. Can we receive feedback? Yes, you can email us or join office hours. If you would like feedback from Larry or Sarah, please feel free to request a meeting with them.
9. Can we combine topics? Yes. The listed topics are just guidelines.
10. Are there any other programs part of Medic Outpost we can continue to participate in? Yes, please contact us, or Larry Hill and Sarah Magenda if you want to continue participation.
11. Is there a website? There is a Medic Outpost website. <https://www.medicoutpost.org/> We have a page on the IYRC website. <https://www.the-iyrc.org/heartprogram.html>

UPDATED TOPIC LIST:

1. Handwashing
2. Oral health
3. Adolescent health
4. Menstrual Hygiene
5. Contraceptives- family planning,
6. Female genital mutilation- prevention
7. First aid (basic topics)-- Bleeding, -choking,- fractures, -burns, -bites.
8. Hypertension- prevention, signs , complications
9. Diabetes- prevention, signs , complications
10. Sanitation- open defecation (Free)
11. Fistula - prevention, signs, treatment options,
12. Pregnancy:
13. Prenatal care- nutrition, danger signs, Individual birth plan
14. Natal- Hospital delivery. Why? Pros
15. Postnatal care, breast feeding, Cord care- newborn
16. Immunizations- watoto (KEPI-guidelines)
17. Infection prevention- droplets, contact, enteric
18. Nutrition
19. Malnutrition- PEM, Kwash.
20. Intestinal worms- prevention, treatment

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