

OST Content Integration

What is Integration?

In addition to in school SEL programs and practices, SEL is integrated into programming and instruction in the after school environment. SEL skill development is fostered and expanded through enriching and collaborative pedagogies aligned with in school pedagogies. Children have opportunities to explore real-world challenges, discover their own passions and strengths in activities that are meaningful to them.

SEL Dallas Examples

- The children in the OST program at Edwin J. Kiest Elementary wished to donate money to a charitable organization to help others in their community. They rallied to plan a service learning project, connecting math skills to their fundraising project. Their plans included collaborating and planning a day to sell lemonade. Students practiced SEL competencies during the planning process, including Self Awareness (knowing one's strengths) and Social Awareness (caring for others, taking the perspective of others, active listening) and Relationship Skills (working together for a common goal, taking turns listening), etc.
- During Storytelling, students at Lorenzo DeZavala Thriving Minds after school program were introduced to the elements of a narrative arc and were taught different film techniques, including angles. They then wrote and filmed a short about identity and community for the Black History celebration. Students discussed cultural identity and diversity daily during the Welcoming Activity and throughout the writing and filming of the short.
- During Art, the instructor used bubbles and provided students with opportunities to practice deep breathing, while they experimented with a variety of mediums to illustrate their breath.