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Be the Voice of Young People Like You!

Erasmus+ Youth Exchange

16-22 November 2026 | Egmond, The Netherlands

INFO PACK

Coordinating organization:	Organizația Umanitară CONCORDIA, Romania
Host organization:	Stichting yEUth, The Netherlands
Venue:	Stayokay Egmond
Participants:	Young people (18-30 years old) from Romania, Slovakia, The Netherlands and Poland



Do you want young people's voices to be truly heard?

Do you believe that young people should have a real influence on the decisions that affect their lives? Would you like to learn how to represent the opinions of your peers, build convincing arguments and communicate effectively with decision-makers?

Join us for an Erasmus+ Youth Exchange where you will develop practical communication, negotiation and representation skills together with young people from Romania, Slovakia, the Netherlands and Poland.

The Youth Exchange

Be the Voice of Young People Like You! is an Erasmus+ Youth Exchange designed to empower young people to become effective representatives of their peers and active contributors to democratic decision-making.

During five working days, participants will:

- learn how to collect and understand the opinions of other young people
- practice transforming different opinions into a common message
- improve their public speaking and persuasive communication skills
- learn how to answer questions and manage objections confidently
- explore how to represent collective opinions objectively, even when they differ from their own
- participate in simulations of meetings with decision-makers
- develop negotiation and consensus-building skills
- exchange experiences with young people from four European countries
- strengthen teamwork, intercultural communication and leadership competences
- reflect daily on their learning achievements and personal development

The programme combines non-formal education, simulations, role-play, debates, teamwork and reflection, providing participants with practical tools they can immediately use within their organisations and communities.

We are looking for young people who:

- are between 18 and 30 years old
- are residents of one of the 4 participating countries: Romania, Slovakia, The Netherlands and Poland
- are interested in youth participation, democracy and civic engagement



- are involved - or wish to become involved - in representing young people's interests
- can actively participate in discussions conducted in English
- are motivated to learn through interactive and non-formal methods
- are committed to attending the full duration of the exchange
- are willing to share what they learn within their organisations or local communities after the mobility

Priority will be given to young people with fewer opportunities and to those actively involved in youth participation and decision-making structures, such as: Youth Councils, Youth Advisory Boards, Student Councils, Local Youth Forums, Youth NGOs, Municipal youth participation bodies, or other representative youth structures.

Venue and accommodation

The Youth Exchange will take place at:

Stayokay Egmond / Egmond, The Netherlands / <https://www.stayokay.com/nl/hostel/egmond>

Accommodation and meals during the activity are fully covered by the coordinating organisation, including dinner on the day of arrival and breakfast on the day of departure.

Please note that all participants will be accommodated exclusively in four-bed rooms. Each participant will therefore share the room with three other participants throughout the mobility.

Room allocation will be arranged by the organisers, taking into account gender and, whenever possible, the composition of the national groups. Participants are expected to respect the privacy, comfort and cultural differences of their roommates.

Breakfast, lunch and dinner will be provided throughout the programme. Vegetarian, vegan and other dietary requirements can be accommodated upon prior request.

Travel Costs

As a participant in this Youth Exchange, you will be allocated an Erasmus+ travel grant, calculated according to the official Erasmus+ distance band between your place of origin and the venue of the mobility (Egmond, The Netherlands), by using the Erasmus+ Distance Calculator:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Please note that the distance is calculated only between the city of origin/ home city and the destination city (Egmond, The Netherlands). The actual travel itinerary, number of stopovers or means of transport used do not affect the travel distance calculation.

Travel Grant per Participant

Travel distance	Green travel*	Standard (Non-Green) travel
10-99 km	56 EUR	28 EUR



100-499 km	285 EUR	211 EUR
500-1,999 km	417 EUR	309 EUR
2,000-2,999 km	535 EUR	395 EUR
3,000-3,999 km	785 EUR	580 EUR
4,000-7,999 km	1,188 EUR	1,188 EUR

*Green travel refers to travelling by low-emission means of transport, such as train, bus, bicycle or carpooling, for the main part of the journey. Green travel is strongly encouraged and should be used whenever possible. Participants travelling up to 500 km are expected to use green travel options.

To make the process easier for you, you will not have to pay for your travel from your own funds. Your sending organisation will arrange and pay for your eligible travel costs. After the mobility, CONCORDIA Humanitarian Organization will reimburse your sending organisation for the full amount it actually paid for your travel, based on the required travel documents and proof of payment.

What happens if your actual travel cost is lower than your Erasmus+ travel grant? The difference belongs to you. CONCORDIA will transfer the remaining amount directly to the bank account you provide. For this purpose, you will sign a financial contract with CONCORDIA, which will specify the amount to be transferred to you and the relevant payment conditions.

In short: your sending organisation covers your travel costs, CONCORDIA reimburses those costs, and if part of your Erasmus+ travel grant remains unused, the remaining amount is transferred directly to you.

About Erasmus+

Erasmus+ is the European Union programme supporting education, training, youth and sport.

It provides opportunities for learning mobility, professional development and international cooperation, helping participants acquire new competences, exchange good practices and contribute to stronger and more inclusive communities.

Participants will receive a Youthpass Certificate, recognising the competences acquired throughout the activity.

More information: <https://erasmus-plus.ec.europa.eu/>

Coordinating Organisation - CONCORDIA Humanitarian Organization

<https://www.concordia.org.ro/>

CONCORDIA is a non-governmental and non-profit organisation working to support children, young people and families in difficult situations. Through education, social support, vocational training and long-term partnerships, CONCORDIA helps vulnerable children and young people



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move towards a more independent life. The organisation coordinates the project and ensures the overall quality of implementation, learning process and follow-up activities.

Host Organisation - Stichting yEUth

<https://stichting-yeuth.com>

Stichting yEUth is a Dutch non-governmental organisation dedicated to empowering young people through non-formal education, youth participation and international cooperation. The organisation develops Erasmus+ projects that encourage active citizenship, inclusion, intercultural dialogue and youth-led initiatives, creating opportunities for young people to become active contributors within their communities.

About Egmond

Egmond is a charming seaside town located on the Dutch North Sea coast, well known for its beautiful sandy beaches, dunes and natural landscapes. Its peaceful atmosphere makes it an ideal environment for learning, reflection and intercultural exchange. Participants will also have opportunities to explore the surrounding area and experience Dutch culture during the mobility.

More information: <https://www.visitalkmaar.com/en/regions/egmond>

Apply

If you are interested in participating, please fill out the [online Application Form](#), no later than September 30, 2026.

Selected participants will receive all the practical information regarding travel arrangements, insurance, programme, Youthpass and dissemination requirements.

See you in Egmond!

"Your voice matters. Learn how to make it count"