

AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Jack Stephen I always find a way to win
- I am Jack Stephen I laugh at cowardly thoughts and actions
- I am Jack Stephen I make my ancestors proud

Core Values (2-3)

- Bravery
- Gratitude
- Fortitude

Daily Non-Negotiables (2-3)

- Daily checklist
- No junk food
- No time wasting

Goals Achieved

- Made \$10,000 with copywriting
- Landed 2 more clients
- Put on 15 pounds of muscle
- Made \$10,000 in crypto

Rewards Earned

- Reward myself with a camping trip with my brother
- Reward myself with a nice high end dinner
- Reward myself with some cigars by the fire

Appearance And How Others Perceive Him

- Men respect him and view him as a G
- Women are attracted to him and want to be with him
- Parents and family are extremely proud of him

Day In The Life



Day in the life in 3-6 months from now: Wake up at 8am, have a coffee, workout and practice some guitar before 10 am. Get in the shower, dress nice and start making some sales calls, then sit down for an hour and do outreaches. Take some time to spar and play my brother in chess. Watch PUC, review copy for 30 mins, read self improvement books. Then take a dip in the pool and swim laps to get some cardio. Work the rest of the day for my clients funnels, getting him more clients than he can handle and collect great testimonials + upsell him and land more clients, spend some time with family. Post and engage on social media. Pray and go to bed to do it all again tmr.

Feels proud of himself day in and day out, pushing himself to his absolute limit, he can handle any challenge. All he does is work, people think he's crazy

