

Bachelor of Life Coaching, Minor in Faith-Based Counseling and Mentoring

HBI University

Course Duration: 4 years

Credit Hours: 135 (including minor)



Program Description

The Bachelor of Life Coaching, Minor in Faith-Based Counseling and Mentoring at HBIU University is designed for students who aspire to pursue careers as life coaches, mentors, and faith-based counselors. This program equips students with the skills to guide individuals toward personal growth, spiritual development, and emotional well-being. Through a combination of coaching techniques, mentoring strategies, and biblical counseling, students will learn to empower others to navigate life's challenges, discover their purpose, and create meaningful goals rooted in Christian values.

Students will gain expertise in personal development, motivational coaching, and counseling techniques, with an emphasis on faith-based mentoring and spiritual guidance. The curriculum is structured to help students develop both the practical coaching skills needed to support clients and the spiritual foundation required to offer biblical insights for personal transformation. The program prepares students to provide guidance on various life challenges, including addiction, grief, relationships, career transitions, and more. Through biblical teachings, mentoring practices, and professional coaching skills, students will be able to help individuals create positive, lasting changes in their lives.

The Minor in Faith-Based Counseling and Mentoring enhances the coaching process by integrating spiritual depth into the mentoring and counseling journey. This minor teaches students how to provide biblical support for life challenges, enabling them to offer healing, hope, and direction from a Christian perspective. Topics covered in the minor include faith-based approaches to dealing with addiction, overcoming grief, building healthy relationships, and navigating career transitions. The minor is ideal for students looking to deepen their coaching practice with a strong spiritual foundation, preparing them to serve individuals who seek holistic guidance in alignment with their faith.

Admissions Requirements

- High school diploma or equivalent
- Minimum GPA of 2.5
- Personal statement outlining career goals and interest in chaplaincy and counseling
- Two letters of recommendation
- Resume (if applicable)
- SAT/ACT scores (if applicable)

General Education Courses (30 Credit Hours)

Course Code	Course Name	Credit Hours
GEN 101	English Composition I	3
GEN 102	English Composition II	3
GEN 103	College Algebra	3
GEN 104	Introduction to Psychology	3
GEN 105	Introduction to Theology	3
GEN 106	Public Speaking and Communication	3
GEN 107	Research Methods in Social Sciences	3
GEN 108	Ethics and Moral Reasoning	3
GEN 109	Leadership and Team Development	3
GEN 110	Cross-Cultural Communication in Counseling	3

Core Life Coaching Courses (45 Credit Hours)

Course Code	Course Name	Credit Hours
LCO 201	Introduction to Life Coaching	3
LCO 202	Goal Setting and Achievement Strategies	3
LCO 203	Motivation and Personal Development	3
LCO 204	Coaching Methods and Techniques	3
LCO 205	Building Confidence and Self-Esteem	3
LCO 206	Career and Life Transitions	3
LCO 207	Mentoring Techniques and Practice	3
LCO 208	Communication and Listening Skills	3
LCO 209	Emotional Intelligence in Coaching	3
LCO 210	Ethics and Boundaries in Coaching	3
LCO 211	Coaching for Personal and Spiritual Growth	3
LCO 212	Conflict Resolution and Mediation	3
LCO 213	Health and Wellness Coaching	3
LCO 214	Group Coaching and Facilitations	3
LCO 215	Life Coaching Practicum	3

Elective Courses (15 Credit Hours)

Course Code	Course Name	Credit Hours
LCO 301	Coaching for Leaders and Executives	3
LCO 302	Relationships and Communication Coaching	3
LCO 303	Financial Coaching for Personal Success	3
LCO 304	Christian Perspectives on Coaching	3

LCO 305	Coaching for Spiritual Growth and Discipleship	3
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Minor in Faith-Based Counseling and Mentoring (15 Credit Hours)

Course Code	Course Name	Credit Hours
FCM 401	Introduction to Faith-Based Counseling	3
FCM 402	Biblical Principles of Counseling	3
FCM 403	Spiritual Mentoring and Guidance	3
FCM 404	Marriage and Family Counseling	3
FCM 405	Counseling for Grief and Loss	3

Capstone Project (15 Credit Hours)

The capstone project serves as a culminating experience, allowing students to apply coaching techniques, mentoring practices, and counseling skills to a practical project.

Students will:

- Develop a comprehensive coaching plan for individuals or groups.
- Analyze client progress and achievement of life goals.
- Design a faith-based mentoring framework for spiritual growth and personal development.
- Present research findings and strategies through a formal report and presentation.

This experience ensures students graduate with practical expertise in life coaching, faith-based mentoring, and spiritual counseling.

Program Outcomes

Graduates of this program will:

- Gain expertise in life coaching, mentoring strategies, and personal development techniques.
- Develop skills in counseling, communication, and emotional support.
- Apply biblical principles to life coaching, mentoring, and spiritual guidance.
- Conduct research on life coaching practices, personal growth strategies, and mentoring techniques.
- Implement effective coaching and mentoring programs in faith-based and community settings.

Career Outcomes and Potential Pay Scale

Career Path	Average Salary (Annual)
Life Coach	\$50,000 - \$100,000
Faith-Based Counselor	\$55,000 - \$95,000
Personal Development Coach	\$55,000 - \$105,000
Mentorship Coordinator	\$60,000 - \$110,000
Family and Marriage Coach	\$55,000 - \$90,000