

Basic Treatment Protocol Cheat Sheet

Set up

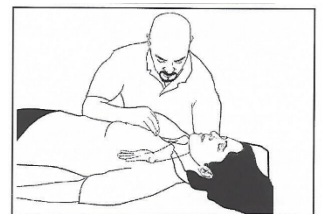
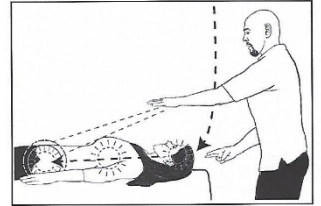
- a) 1-10
- b) Invocations with 3 protective bubbles, vortex, bringing patient's energy into surrogate, and dropping grounding chords

PART 0: Initial Purging and Diagnosis

- 1) **Comb** down the right and left side and then down the center of the body.
- 2) **Diagnostics**: Flat Palm down both sides of the body and "sonar" from the feet.

PART 1: Purging and Regulating (aka: General Treatment Protocol)

- 3) Stand behind the patient's head and send energy in the Baihui with sword fingers and left palm above the Third Eye. **Fill** their **Taiji Pole** and send colored light to each organ.
- 4) Clear the head, throat, and lungs
 - a. **Comb head**
 - b. Clear the **throat**
 - c. Reach across to opposite side of shoulder and **purge the back of the neck**, base of **skull**, and **shoulder** area.
 - d. Clear the opposite **lung channel** using the Dragon's Beak
 - e. Clear the lungs from the **shoulder** (hand under shoulder, other hand rubs across chest)
 - f. Clear the front and back of the **arm** and the **hand**
 - g. Repeat on the right side
- 5) Clear the **heart**
- 6) Clear the liver and gallbladder
 - a. Tiger Kneading Claws on the **liver**
 - b. **Dredge** the **gallbladder and liver channels** on both sides of the body
- 7) Clear and support the **spleen**
 - a. Yellow sponge to clear dampness
 - b. Ball of healing light put into spleen
- 8) Clear the **Solar Plexus**, pull stagnant energy off along rib cage
- 9) Knead the **intestines**
- 10) **Magic Gloves**
- 11) Tonify Kidneys by **sending healing light through Bubbling Springs** on feet



If ending here, support the Microcosmic Orbit and go to closing.

PART 2: Tonifying Deficiencies: Filling and Orbit Circulation

If starting here, tonify kidneys by sending healing light through Bubbling springs on feet. Connect to earth and fill the lower dantian with blue or white light. This is where the energy that comes through your hand comes from. Orbits circulate down the outside of the legs and up the inside of the legs and along the Fire Cycle in the torso.

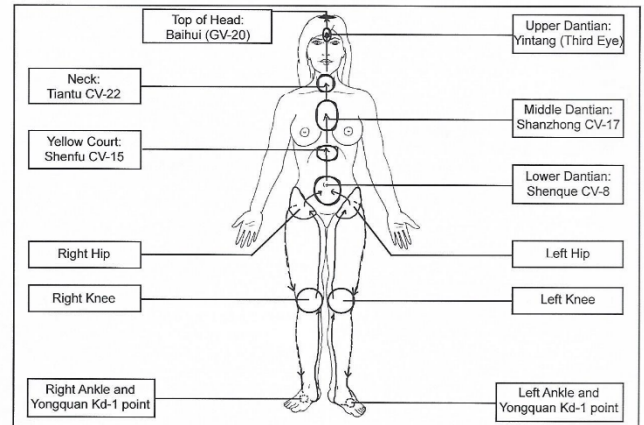
- 12) **Ankles** and feet, start on their left foot. Orbit goes from outside ankle, to little toe, then big toe, inside foot, and around the heel.

- 13) **Knees**: when full, put hands on inner ankle to circulate.

- 14) **Hips**: when full, put hands on inner ankle to circulate.

- 15) Kidneys and lower dantian

- Fill **Mingmen** which fills the kidneys
- Circulate Qi down **legs**. Start on opposite foot and put middle finger on Bubbling Springs (K1) as hand cradles the instep.
- Fill and circulate Qi in **lower abdominal orbit**



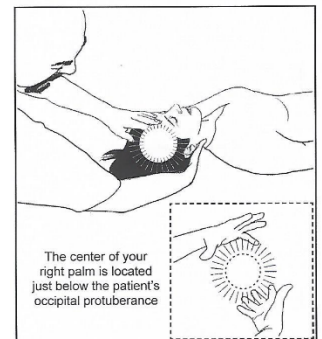
- 16) **Solar Plexus**: Keep both hands horizontal across the diaphragm.

- 17) **Heart** and middle dantian: Left hand slides between shoulder and neck to back of the heart. Use white or pink light here.

- 18) **Throat**: Do not touch top of throat.

- 19) **Head** and upper dantian **only**: Left palm just below occipital bone, apply traction. Middle finger on 3rd eye and thumb on Baihui.

- 20) **Microcosmic Orbit**: hands under neck and Mingmen. At end, gather energy with 9 rotations above navel.



Closing

- Wrap patient in 3 bubbles
- Close vortex
- Send energy back to patient (if using a surrogate for distance session)
- Shake off
- Send remaining energy back to patient and gather your energy from patient
- Appreciations
- Replenish self
- Wash hands with warm water and bring patient warm water to drink.