

Sexual and Reproductive Health Resources



NUHA DOLBY/The Badger Herald

How To Use This Document:

Use the table of contents on the left hand side to navigate the different resources.

If you want to add something to this document, please email one of our team members to add a resource to the list.

Who Created This Document:

This is a collection of resources created by students of AWCCA 20220.

This Resource Collection was curated by:

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Who Is This Document For:

This document was curated for the students of AWCCA 2020 and others looking for feminist based sexual and reproductive health resources.

RESOURCE COLLECTION:

BLOGS

Sex Education For Teenagers:

[Young Feminist: Shame Education... I mean SEX education!](#)

Whitney Grey shares her experiences and lessons regarding sex education. She learned the many ways sex can be good and ways it's awful. She learned that she wasn't alone when she was taught to fear her body and her sexuality.

[Sex Etc](#)

A sex education blog site written by teens for teens. Categories include Birth Control, HIV/AIDS & STDs, Pregnancy, Your Body, LGBTQ, Abuse & Violence, Relationships, and Sex.

Sex Education For Adults:

[Luna Matatas \(Toronto Base\)](#)

Luna Matatas is a Sex and Pleasure Educator with over 10 years of experience in sexual health and wellness internationally and locally.

[Evyan Whitney](#)

Evyan is a Sexuality Doula, who educate, facilitate, support, and hold space for women and femme-identifying folks who are ready to step out of shame, confusion, and fear within their sexuality and into erotic empowerment.

WEBSITES

Canadian Curriculum Resources:

[Guide to the Revised Ontario Health & Physical Education Curriculum](#)

An in depth revision and exploration of the 2018 Health and Physical Education Curriculum in Canada (TDSB).

[Canadian Guidelines for Sex Ed](#)

The 2019 Canadian guidelines for sexual health education by Sex Information and Education Council of Canada (SIECCAN) are meant to be a guide for educators and policy makers when it comes to comprehensive sexuality education in Canada.

[Action Canada for Sexual Health Rights](#)

Action Canada for Sexual Health & Rights is a progressive, pro-choice charitable organization committed to advancing and upholding sexual and reproductive health and rights in Canada and globally.

[The Personal Is Political Campaign](#)

Find out where your candidates stand on sexual and reproductive health and rights.

Global Resources:

[Sexuality Education in Kenya: New Evidence from Three Counties](#)

This fact sheet presents new evidence from a study conducted in Nairobi, Mombasa and Homa Bay counties in 2015. Data were collected in 78 schools from teachers, principals and students in Forms 2 and 3, as well as from key informants involved with policy and program development and implementation.

Resources For Families:

[Sex Positive Families- Sex Ed Resources](#)

Sex Positive Families provides education and resources that help families raise sexually healthy children using a shame-free, comprehensive, and pleasure-positive approach.

ARTICLES:

[Pleasure and Sex Education: The Need for Broadening Both Content and Measurement](#)

This article discusses the current sex Ed curriculum and how a change in the curriculum needs to be made to focus more on sexual pleasure, different kinds of relationships both romantic and platonic, healthy communication, sexuality and gender identity as well as physical health when it comes to discussing contraception with a partner.

[Sex Education for Transgender and Non-Binary Youth: Previous Experiences and Recommended Content](#)

Comprehensive sex education programs have the potential to result in delayed sexual debut, increased condom and contraceptive use, and reduced sexual risk-taking; however, little research has explored the specific sex education needs of TNB youth.

[Student Voice: Why is sex education a feminist issue? — School of Sexuality Education](#)

This article is written by Ingrid Berdal aims to address the subject of sex education as a feminist issue and explain why it should be viewed in this way.

[Indigenous \(Māori\) sexual health psychologies in New Zealand: Delivering culturally congruent sexuality education](#)

This article is about the colonized sexual health education of indigenous peoples from New Zealand.

VIDEOS:

[Melodi Tamarzian - TED TALK - Sexual Reproductive Health Rights](#)

Content Warning mention of abortion at (0:38-1:46) & (12:57-16:14)

Meodi Tamarzians TED Talk is about menstruation, sexuality, effects that menstruation has on women in other countries and about abortion rights.

[Jam - Karen B.K Chan](#)

A different way to look at how we have sex.

[Nadine Thornhil - #SaveSexEd Series](#)

A parenting and education consultant with a focus on child and adolescent sexuality.

[Queer & Disabled Series](#)

A Youtube series about queer & disabled life, dating and sex.

[Queer Kid Stuff](#)

LGBTQ and Social Justice Videos for All ages.

PODCASTS:

[IWVH podcast](#)

This podcast raises awareness of the sexual abuse, missing, murdered indigenous women and forced sterilization.

[rePROs Fight Back](#)

REPROS fight back is a podcast with different subjects. Birth control, LGBTQ rights, talks about HPV. Engaging women in the research on vaccines for Covid19, infertility, and more.

[Inner Hoe Uprising | Podcast](#)

Inner Hoe Uprising is four black feminist who speak on love, sex and dating.

OTHER:

[Toronto Public Library](#)

Books for teaching kids about sex and sexual health. It touches on Gender, Sexuality, our bodies, how they work and the reproductive system.

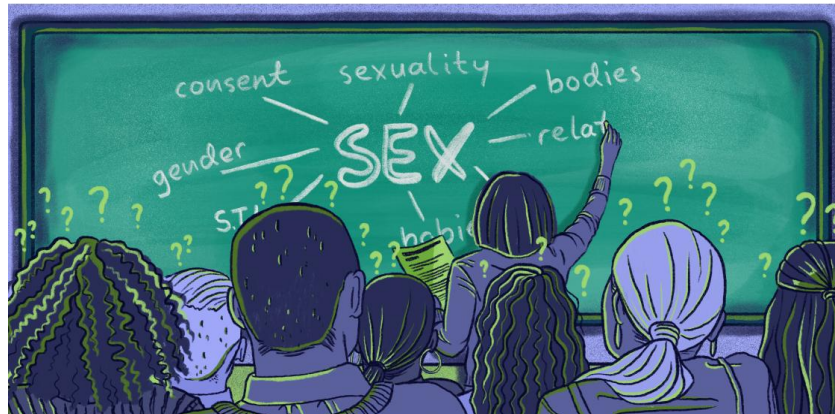


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