



Wellness Committee Meeting Minutes

Tuesday, May 13, 2025

4:00–5:30 pm

Admin LGI

Participants:

Adam Grill	Autumn Dawdy	Angela Lloyd	Amber Terhaar	Anna Johnson
Jessica Brower	Jennifer Kroll	Jessica Knoth	Sarah Huizenga	Sarah Stone
Maximus Gomez				

Meeting Outcomes & Resources

- ☐ [Advisory Board Members](#) - planning for next year
- ☐ Employ [Norms of Collaboration](#)
- ☐ Review the Wellness Policy and Provide Feedback

What?	Why?	Minutes
Inclusion Activity	To ground ourselves in the topic and space	What are you doing to support your own wellness right now?
Wellness Committee Tasks		
Review Wellness Policy	Keep our Policy up-to-date and relevant	Team Feedback: • Approval of current wording/content • How do we promote healthy eating without offending families? • Provide Talking Points for Newsletters • How does our policy align with CTE run school stores? • Clarification needed around district food and beverage standards for outside food coming into classrooms • Adjustment away from “social-emotional” reference to “wellness” or “student well-being”
Wellness Communication	To consider what needs to be added/updated on our district website	• Process to include the public ◦ Post on food service website ◦ Advertise in the same manner as BOE meetings • Add meeting minutes (health only)
Other Health Related Opportunities: • Team Nutrition Grant (Roos) • CATCH (Adams + NG)	To provide updates around relevant topics	MDE/MSU Grant Requirements: • One Roos Staff Rep • Attend 3-4 one hour meetings

Next Steps

Organize & Integrate

To leave with a sense of closure and clear next steps

Now, Soon, Later

- Julie - talking points for healthy foods
- Julie, Sarah S, Jessica - seek additional clarification around school store regulations
- Julie & Sarah S - find out if revisions can be made to Wellness Policy ahead of triennial review
- Julie & Jessica - clarity around health course requirements

* This committee meets in collaboration with...